

# Strada Menu

Sept 2020

Healthy and fresh Western and local fares prepared in house from scratch.

**Contact: Siew (012)439-0041**

Please snapshot the menu with selection and WhatsApp us at least a day ahead.

~ Our chef is Canadian-trained and is qualified for both Vancouver Coastal Health FoodSafe Certification and Malaysian Food-Handling Standard.

~ We have more than 12 years' experience catering to international schools and other institutions in Penang

~ Each meal is RM 12. Side dishes of Vegetables and Fruits included.



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Roasted Chicken with Vegetable and Baked Potatoes;	2 Spaghetti Aglio Olio with Homemade Bran Muffin and Fruit	3 Grilled Chicken Burger with Cheese and Salad, Roasted Potatoes with Herbs	4 Chicken Pepperoni Pizza with Chilled Yogurt Drink
7 Lemon Honey Chicken with Rice, with Stir-fried Mixed Vegetables	8 Chicken Calzone and sides of Salad, Fresh Fruits	9 Fettucine Carbonara with Smoked Chicken Ham, and Fresh Cut Fruits	10 Roasted Chicken served with Brown Sauce and Mashed Potato	11 Creamy Mushroom Chicken Pie with Fresh Corn Salad
14 Noodle with Soya Bean Paste and Minced Chicken (Zha Jiang Mien)	15 Beef Stew with Fresh Herbs, Carrots, Potatoes and Pasta	16 Malaysia Day Public Holiday	17 Fish and Chips with Salad (Local freshwater Seabass fried in Homemade batter served with tartar sauce)	18 Chicken Hawaiian Pizza (Chicken, Pineapple, Mozza Cheese) with Fresh Cut Fruits
21 Fusilli with Homemade Marinara Sauce, Grilled Vegetables and Parmesan Cheese	22 Calzone with Chicken Pepperoni, Steamed Mixed Vegetables	23 Butter Chicken Masala with Rice (non-spicy)	24 Seafood Fried Noodle-Fish, Squid, Sliced Cabbage and Carrot	25 BBQ Chicken Pizza OR Margarita Pizza
28 Hainanese Chicken Rice with Steamed Veggies	29 Meatball Pasta with Marinara Sauce, Garlic Bread, Fruit	30 BBQ Chicken with Soft Buns, Salad	30	31