

Strada January Lunch Menu

2021

Contact: Siew (012)439 0041

Please snapshot the menu with selection of dates and WhatsApp us at least a day ahead. Thanks!

- ~ We have more than 12 years' experience catering to international schools and a hospital in Penang.
- ~ Each meal is RM 12. Weekly(5-day) subscription is RM 60. Ask us about Monthly Lunch Fee (it depends on the total school days).
- ~ Our Chef is Canadian trained and qualified for both North American Standard and Penang Public Health Department Standard in Food Handling.



Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
Spaghetti Chicken Bolognese Or Sweet & Sour Fish with Rice	Lamb Stew served with Mashed Potatoes Or Eggs Fried Rice	Fish & Chips (Fresh Seabass Fish)	Teriyaki Meatball with Rice (Beef / Chicken) Or Aglio Olio	Hawaiian Pizza Or Chicken Ham Sandwich
11	12	13	14	15
Shepherd Pie Or Lemon Honey Chicken with Rice	Pineapple Fried Rice Or Grilled Fish with Roasted Sweet Potatoes	Grilled Chicken Burger with Home Fries and Salad	Roasted Chicken with Brown Sauce (Rice, Roasted Potatoes)	Mushroom Chicken Pie Or Margherita Pizza
18	19	20	21	22
Chicken Ham Carbonara Or Taiwanese Braised Chicken with Rice	Fish & Chips Served with Tartar Sauce Or Tomato Fried Rice	BBQ Chicken Burger with Fries	Steam Fish with Rice and Steamed Tofu Or Spaghetti Beef Bolognese	Calzone with Green Pea, Corn, Carrot, Onion & Minced Meat (Chicken / Beef)
25	26	27	28	29
Teriyaki Grilled Fish with Steam Rice Or Apple Pancake with Maple Syrup	Hong Kong Style Braised Chicken with Rice Or Fried Rice with Prawn, Chicken Sliced	Hainanese Chicken Rice with Steamed Vege	School Holidays (Thaipusam)	Pepperoni Pizza (Chicken)