



Prince of Wales Island International School®

POWIS Menu (2nd week of January 2021)

Date/Day	11 Jan Monday	12 Jan Tuesday	13 Jan Wednesday	14 Jan Thursday	15 Jan Friday
Asian	Chicken Curry served with Steamed Rice (RM12)	Deep Fried Tomyam Fish Fillet with Lemongrass Rice (RM12)	Nasi Briyani with Tandoori Chicken (RM12)	Baked Chicken Chop with Mashed Potato (RM12)	Garlic Fried Rice with Teriyaki Chicken (RM12)
Western	Chicken Parmigiana with Pasta (RM12)	Burger with Chicken Patties RM12	Croissant with Shredded Chicken (RM10)	Bagel with Cream Cheese and Scrambled Egg (RM12)	Turkey Ham and Cheese Toast (RM12)
Noodle	Beef Koay Teow Soup (RM10)	Hot & Sour Lemongrass Bee Hoon Soup with Deep Fried	Japanese Ramen with Grilled Chicken (RM10)	Lam Mee (RM8)	Seafood Tomyam Maggie Mee Soup (RM8)