



# 5 Loaves 2 Fish

(formerly Mustard Seed)

## October 2021

*RM12 Per Set (Kid's Set)*

- ✔ Dessert provided daily
- ✔ Provide lunch box & bag with name tag

- ✔ Fruits & Vegetables included in every set meal
- ✔ Caterer will collect lunch box after meal

- 5l2fpg@gmail.com
- 046082177
- 0176660268
- 0124210933 (Emergency Contact)

Menu \ Date	MONDAY 4/10	TUESDAY 5/10	WEDNESDAY 6/10	THURSDAY 7/10	FRIDAY 8/10
WESTERN	Stir Fried Macaroni with Chicken Bolognese Served With Garlic Toast And Vege	Pan Fry Fish With Tomato Sauce On Base Served With Potato Wedges	Chicken Ham & Cheese Pizza Served With French Fries And Salad	Popcorn Chicken With Oregano Cream Sauce Served With Hash Brown And Vege	Fish & Chips Served With Coleslaw
ORIENTAL	Stir Fry Mushroom Chicken Served With Steamed Rice And Vege	Thai Style Braised Chicken Served With Steamed Rice And Vege (not spicy)	Teriyaki Chicken Served With Steamed Rice And Vege	Japanese Fried Rice Served With Spring Roll And Vege	Stir Fry Beef with Shimeji Mushroom Served With Steamed Rice And Vege
NOODLE	Local Wantan Mee Served With Deep Fried Wantan	Stir Fry Yellow Noodle Served With Mini Sausage	Seafood (Prawn, Squid, Seafood Tofu) Char Koey Teow Served With Chicken Roll	Deep Fried Fish Porridge	Stir Fry Ramen Served Chicken Nugget

Date Menu	<b>MONDAY 11/10</b>	<b>TUESDAY 12/10</b>	<b>WEDNESDAY 13/10</b>	<b>THURSDAY 14/10</b>	<b>FRIDAY 15/10</b>
<b>WESTERN</b>	Cheesy Max & Cheese Served With Nacho Chips And Vege	Chicken Parmigiana Served With Baked Potato And Vege	Big Breakfast : Chicken Jumbo Sausage ,Chicken Bacon, Garlic Toast, Scrambled Egg and Salad	Fish Finger With Tomato Coulis Served With Smiley Potato And Vege	Grill Chicken With Mushroom Cream Sauce Served Potato Wedges And Vege
<b>ORIENTAL</b>	Croquette Chicken Served With Steamed Rice And Vege	Stir Fry King Mushroom & Fried Fish Served With Steamed Rice And Vege	Stir Fry Ginger & Leek Seafood Tofu And Minced Chicken Served With Steamed Rice And Vege	Ayam Masak Kicap Served With Steamed Rice And Vege	Stir Fry Japanese Tofu And Minced Chicken Served With Steamed Rice And Vege
<b>NOODLE</b>	Stir Fry Bee Hun Served With Spring Roll	Japanese Curry Ramen Served With Chicken Katsu (Not Spicy)	Stir Fry Maggie Served With Chicken Nugget	Chicken Porridge Served With Grill Chicken	Stir Fry Spaghetti Aglio - Oilo Served With Grill Chicken



Date  
Menu

**MONDAY 18/10**

**TUESDAY 19/10**

**WEDNESDAY 20/10**

**THURSDAY 21/10**

**FRIDAY 22/10**

**WESTERN**

**ORIENTAL**

**NOODLE**

**HOLIDAY**

Date Menu	<b>MONDAY 25/10</b>	<b>TUESDAY 26/10</b>	<b>WEDNESDAY 27/10</b>	<b>THURSDAY 28/10</b>	<b>FRIDAY 29/10</b>
<b>WESTERN</b>	Spaghetti Napolitana Served With Garlic Bread And Vege	Deep Fried Fish With Marinara On Base Served With French Fries And Vege	Monte Cristo Sandwich Served With Hashbrown And Salad	Hawaiian Chicken Served With Mashed Potato And Vege	Deep Fried Chicken Chop With Thyme Sauce Served With Baked Potato And Vege
<b>ORIENTAL</b>	Kam Heong Chicken Served With Steamed Rice And Vege	Stir Fry Jumbo Sausage With Cherry Tomato And Corn Served With Steamed Rice And Vege	Stir Fry Chicken With ABC Sweet Soy Served With Steamed Rice And Vege	Braised Chicken And Mushroom served with Steam Rice And Vege	Plum Sauce Fish Served With Steam Rice And Vege
<b>NOODLE</b>	Char Koey Teow Served With Chicken Roll	Stir Fry Tomato Yellow Noodle Served With Spring Roll	Stir Fry Wantan Noodle Served With Deep Fried Wantan	Chicken Porridge Served With Chicken Popcorn	Stir Fry Beef Maggie Noodle Served With Spring Roll

Date Menu	MONDAY 1/11	TUESDAY 2/11	WEDNESDAY 3/11	THURSDAY 4/11	FRIDAY 5/11
<b>WESTERN</b>	Stir Fry Aglio-Oilo with Sausage Served With Smiley Face Potato And Vege	Mini Fish Burger Served With Nacho Chips And Baby Salad	Grill BBQ Chicken Chop Served With Baked Potato And Vege	<b>PUBLIC HOLIDAY</b>	Cheesy Chicken Chop Served With Potato Wedges And Vege
<b>ORIENTAL</b>	Taiwan Style Fried Chicken Served With Steamed Rice And Vege	Onion Chicken Served With Steamed Rice And Vege	Kong Po Fish Served With Steamed Rice And Vege		Roast Chicken Served With Butter Rice And Vege
<b>NOODLE</b>	Stir Fry Japanese Ramen Served With Chicken Nugget	Thai Style Fry Bee Hun Served With Thai Fried Chicken	Stir Fry Tomato Bee Hun With Grill Chicken		Stir Fry Yellow Noodle Served With Chicken Popcorn

### To Order:

- **Circle** your choice of menu.
- Send your order via Email / Whatsapp.  
(Details written above)
- Please inform if your child has any **food allergies**.

### Payment:

- Preferably Online Transfer to  
Account Name: **LIC Hosanna Catering Service Sdn Bhd**  
Account No: **05400101047** (Hong Leong Bank)
- Please Indicate your **kid's name & class** in **payment reference**.
- Order will only be confirmed after receiving the payment slip.

### Meal Changes/Cancel Orders/Transfer Orders:

- Kindly inform us 1 day before / latest by 8am on that day itself.  
\*Please call/message us directly to avoid overlook\*
- Any cancellations after 8am on the day itself will not be refundable.

Total: RM\_\_\_\_\_ X \_\_\_\_ (Days) X \_\_\_\_ (Set) = RM \_\_\_\_\_

Student (Year/Class) : \_\_\_\_\_

Student (Year/Class) : \_\_\_\_\_

Parent's Email: \_\_\_\_\_

Parent's Contact: \_\_\_\_\_