



**POWIS Menu (3rd Week of January 2022)**

Date/Day	17th Jan Monday	18th Jan Tuesday	19th Jan Wednesday	20th Jan Thursday	21st Jan Friday
Asian	School Closed	PH (Thaipusam)	Steamed Rice Sweet & Sour Chicken Sauteed Kai Lan with Salted Fish Fried Egg  (RM12)		Pandan Rice Mango Chicken Fried Long Bean with Dry Shrimp Steamed Egg  (RM12)
Western				Chicken Fricassee Mashed Potato Butter Vege  (RM12)	
Noodle				Prawn Mee  (RM10)	
Vegetarian			Vegetarian Fried Rice (RM8) Vegetarian Rice Set (RM10) Vegetarian Pasta (RM10)	Vegetarian Fried Rice (RM8) Salad Bowl (RM10) Vegetarian Pasta (RM10)	Vegetarian Fried Rice (RM8) Salad Bowl (RM10) Vegetarian Pasta (RM10)
Subway Sandwich			Tortilla Wrap with Deep Fried Crispy Chicken  (RM12)		Chicken Ham & Cheese Sandwich  (RM10)