



**POWIS Menu (4-8 July 2022)**

*\*Ingredients may be packed in a facility where traces of nuts may be present\**

Date/Day	4 July Monday	5 July Tuesday	6 July Wednesday	7 July Thursday	8 July Friday
Asian	Steam Rice Sweet and sour chicken Clay pot tofu Stir fried siew pak choy  (RM13)		Nasi goreng istimewa Inchi kabin Fried egg Lettuce, tomato, cucumber  (RM13)		Oyakodon (Japanese chicken and egg rice bowl) Tempura vege  (RM13)
Western		Mash potato Black pepper sauce KFC Fried Chicken Coleslaw  (RM14)		Garlic herb butter roast chicken Herb boiled potato Stir fried broccoli and cauliflower (RM14)	
Noodle		Mee Kuah Daging (Beef Noodle) (RM 12)		Maggie Tomyam Soup  (RM10)	
Subway Sandwich	Breaded Cheesy Chicken Sandwich (RM12)		Mexican chicken salsa with pita bread (RM12)		Club Sandwich (RM12)
Vegetarian		Vegetarian Fried Rice (RM8) Salad Bowl (RM10) Vegetarian Pasta (RM10)	Vegetarian Fried Rice (RM8) Vegetarian Sandwich (RM 10) Vegetarian Pasta (RM10)	Vegetarian Fried Rice (RM8) Salad Bowl (RM10) Vegetarian Pasta (RM10)	Vegetarian Fried Rice (RM8) Vegetarian Sandwich (RM 10) Vegetarian Pasta (RM10)

*\* Vegetarian options are free of meat and fish but may contain eggs or dairy products, so may not be suitable for a vegan diet' \*\**