By Doubleshot

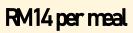
August / September 2023 POWIIS Primary

Monday	Tuesday	Wednesday	Thursday	Friday
21.8	22.8	23.8	24.8	25.8



28.8	29.8	30.8	31.8	1.9
<u>Oriental</u>	Oriental	Oriental		Oriental
- Teriyaki Chicken	- Japanese Curry	- Egg Fried Rice		- Pineapple
- Rice	Chicken	- Salmon Flakes		Chicken
- Veggies	- Rice	- Cucumber	TH	- Rice & Veggies
- Fruits	- Veggies & Fruits	- Fruits		- Fruits
Western	Western	Western		Western
- Chicken Chop w	- Club Sandwich	- Aglio Olio		- Hawaiian
Hainanese sauce	(Tuna Mayo &	Macaroni w Chic	MALAYSIA	Chicken Pizza
- Butter Rice	Cheese)	Bacon & Garlic	31 AUGUST 2023	- Tortilla Chips
- Salad & Fruits	- Chips & Fruits	Bread - Fruits		- Fruits

4.9	5.9	6.9	7.9	8.9
<u>Oriental</u>	Oriental	<u>Oriental</u>	<u>Oriental</u>	Oriental
- Sauteed Chic	- Chicken Lobak	- Egg Fried Rice	- Sesame Chicken	- Fried Noodles
Meatballs	- Rice	- Minced Chicken	- Rice	- Minced Chicken
- Rice & Veggies	- Veggies	- Veggies	- Veggies	- Choy Sum
- Fruits	- Fruits	- Fruits	- Fruits	- Fruits
Western	Western	<u>Western</u>	Western	Western
- Chicken	- Coney Hot Dog	- Spaghetti Chic	- Baked Cheesy	- Chicken
Schnitzel	- Tortilla Chips	Bolognese	Chicken	Nuggets
- Butter Rice	- Fruits	- Garlic Bread	- Butter Rice	- Fries
- Salad & Fruits		- Fruits	- Veggies & Fruits	- Fruits



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"Happy kids, Hearty meals"

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11.9	12.9	13.9	14.9	15.9
Oriental	<u>Oriental</u>	<u>Oriental</u>	Oriental	<u>Oriental</u>
- Teriyaki Chicken	- Japanese Curry	- Satay Chicken	- Honey Chicken	- Egg Fried Rice
- Rice	Chicken	- Rice	- Rice	- Popcorn Chicken
- Veggies	- Rice	- Veggies	- Veggies	- Cucumber
- Fruits	- Veggies & Fruits	- Fruits	- Fruits	- Fruits
<u>Western</u>	<u>Western</u>	<u>Western</u>	<u>Western</u>	<u>Western</u>
- Chicken Chop w	- Club Sandwich	- Aglio Olio	- Coney Hot Dog	- Margherita
Hainanese sauce	(Ham & Cheese)	Macaroni w Chic	- Tortilla Chips	Pizza
- Butter Rice	- Tortilla Chips	Bacon & Garlic	- Fruits	- Tortilla Chips
- Salad & Fruits	- Fruits	Bread - Fruits		- Fruits
18.9	19.9	20.9	21. 9	22. 9
<u>Oriental</u>	Oriental	Oriental	Oriental	<u>Oriental</u>
- Sesame Chicken	- Chicken Lobak	- Egg Fried Rice	- Pineapple	- Fried Noodles
- Rice	- Rice	- Minced Chicken	Chicken	- Minced Chicken
- Veggies	- Veggies	- Veggies	- Rice & Veggies	- Choy Sum
- Fruits	- Fruits	- Fruits	- Fruits	- Fruits
Western	<u>Western</u>	<u>Western</u>	<u>Western</u>	<u>Western</u>
- Chicken	- Coney Hot Dog	- Spaghetti Chic	- Baked Cheesy	- Chicken
Schnitzel	- Tortilla Chips	Bolognese	Chicken	Nuggets
- Butter Rice	- Fruits	- Garlic Bread	- Butter Rice	- Fries
- Salad & Fruits		- Fruits	- Veggies & Fruits	- Fruits
25.9	26.9	27.9	28.9	29.9
Oriental	Oriental	Oriental		Oriental
- Sauteed Chic	- Japanese Curry	- Satay Chicken	Happy Prophet	- Egg Fried Rice
Meatballs	Chicken	- Rice	Muhammad's Birthday	- Popcorn Chicken
- Rice & Veggies	- Rice	- Veggies	ыппаау	- Cucumber
- Fruits	- Veggies & Fruits	- Fruits		- Fruits
Western	<u>Western</u>	Western		<u>Western</u>
- Chicken Chop w	- Club Sandwich	- Aglio Olio		- Hawaiian
Hainanese sauce	(Ham & Cheese)	Macaroni w Chic		Chicken Pizza
- Butter Rice	- Tortilla Chips	Bacon & Garlic		- Tortilla Chips
- Salad & Fruits	- Fruits	Bread - Fruits		- Fruits
2.10	3.10	4.10	5.10	6.10



OCTOBER 2023

RM14 per meal

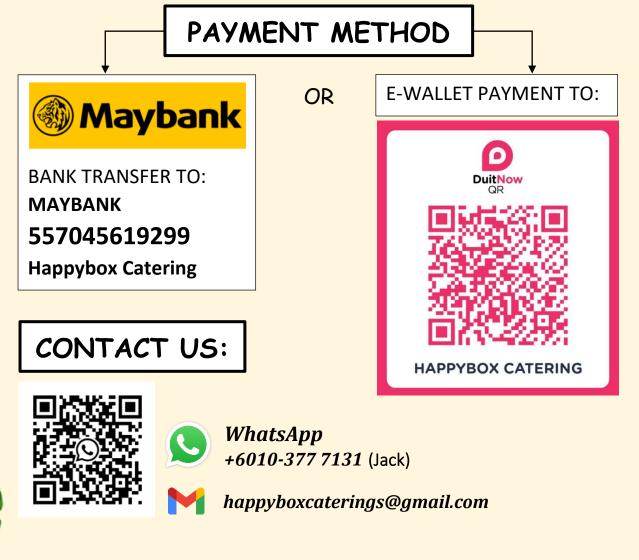
"Happy kids, Hearty meals"



HOW TO ORDER HAPPYBOX???

- You can retrive the latest menu from us by contacting 010 377 7131 (Jack)
 - Select choices by filling up the Google Form: https://forms.gle/ZhjXpCgehNN5sfag8
 - Please fill in your e-mail address in the Google Form (your response will be sent to your e-mail)
 - Please notify us after EVERY ORDER or PAYMENT that is made, we will reconfirm your orders
 - Ordering / Cancellation cut off time is 10a.m. every meal day, contact us directly if you have any last minute orders or cancellations
 - **** IMPORTANT NOTES:**
- Kindly inform us if your child has any food allergies
- Please prepare your OWN CUTLERY to school





"Happy kids, Hearty meals"