



Prince of Wales Island International School*

POWIS LUNCH Menu (4-8 Dec. 2023)

Ingredients may be packed in a facility where traces of nuts may be present

Date/Day	4 Dec. 23 Monday	5 Dec. 23 Tuesday	6 Dec. 23 Wednesday	7 Dec. 23 Thursday	8 Dec. 23 Friday
Asian	Nasi Tomato, Ayam Masak Pedas, Telur Bawang, Acar Timun Nanas (RM12)		Steam Rice, Mango Chicken, Stir Fry Siew Pak Choy, Fried Egg (RM12)		Steam Rice, Korean Fried Chicken, Seaweed Tofu Soup, Kim Chi (RM14)
Western		Boiled Pasta, Chicken Parmigiana, Rosemary Sauce, Butter Vege (RM14)		Deep Fried Chicken With Mushroom Sauce, Baked Potato Salad (RM14)	
Noodle		Tomyam Maggie (RM10)		Beef Koay Teow (RM12)	
Subway Sandwich	Chicken Mayo Sandwich (RM10)		Tuna Melted Sandwich (RM12)		Chicken Burger (RM12)
Vegetarian	Vegetarian Rice Set (RM12)	Vegetarian Open Face Sandwich (RM10)	Vegetarian Pasta (RM12)	Vegetarian Fried Rice (RM8)	Vegetarian Korean Rice Set (RM14)

** Vegetarian options are free of meat and fish but may contain eggs or dairy products, so may not be suitable for a vegan diet' ***