

# YumBox

meals from the Heart

**POWIIS**

**April (7 days)**











**May (22 Days) 2024**

### YumBox provides:

1. Lunch Box with Name Tag
2. Fruits & Vegetables with each set meal
3. **Please provide own Cutlery.**
4. Special Dietary Meals are available upon request.
5. All meats are cut into bite size.
6. Boneless & Skinless Chicken White Meat is used unless otherwise indicated.
7. All meals are cooked using Pink Himalayan Salt & Sunflower cooking oil.
8. No processed meats used.
9. Portions: **BIG RM16; BIGGER RM18 per set (disposable container)**

	APR 22 - MON	APR 23 - TUE	APR 24 - WED	APR 25 - THU	APR 26 - FRI
INTERNATIONAL	CHICKEN MACARONI BAKE	BEEF MINCE AGLIO OLIO 牛肉碎 Aglio olio	MINI CHICKEN TACOS & BBQ SAUCE 迷你鸡肉炸玉米饼和烧烤酱 	HOMEMADE HERBED SAUSAGE MACARONI & CHEESE 自制香草香肠通心粉和奶酪 	CHICKEN SPAGHETTI BOLOGNESE, 
ASIAN	CHICKEN TERIYAKI RICE 照烧鸡肉饭 	CHICKEN KATSU JAPANESE CURRY 日式咖喱鸡排 	OYAKODON (Chicken & Egg Rice) OYAKODON (鸡肉鸡蛋饭)	TOMYAM CHICKEN POKE BOWL	NON SPICY CHICKEN KURMA & RICE 不辣鸡肉和米饭
NOODLES / SANDWICH	CHICKEN MINCE RICE NOODLES 	TUNA SALAD LETTUCE WRAP	TOMYAM RICE NOODLES & CHICKEN	EGG & MAYO SANDWICH & CHIPS	CHEESY CHICKEN MINCE BURRITO WRAP (Contains vegetables)
	APR 29 - MON	APR 30 - TUE	MAY 1 - WED	MAY 2 - THU	MAY 3 - FRI
INTERNATIONAL	ROSTI BOLOGNESE PIE	MEATBALL MINISTRONE PASTA	<b>LABOUR DAY</b>	CHICKEN MINCE NACHOS & SALSA 鸡肉碎玉米片和莎莎酱 	MAC & CHEESE WITH SAUSAGE 通心粉奶酪配香肠 
ASIAN	CHICKEN POTATO CARROT STEW RICE	CHICKEN KATSU JAPANESE CURRY 日式咖喱鸡排 		TOMYAM FRIED RICE with CHICKEN SLICES	CRISPY CHICKEN FURIKAKE RICE 脆皮鸡肉香松饭 
NOODLES / SANDWICH	PULL CHICKEN SANDWICH & FRIES 拉鸡三明治和薯条 	STIR FRY NOODLES, CRISPY CHICKEN, 炒面、脆皮鸡、 		EGG & TUNA SALAD LETTUCE WRAP	STIR FRY CHICKEN BITES NOODLES 炒鸡咬面

	MAY 6 - MON	MAY 7 - TUE	MAY 8 - WED	MAY 9 - THU	MAY 10 - FRI
INTERNATIONAL	CRISPY FISH AGLIO OLIO SPAGHETTI 脆皮鱼 AGLIO OLIO 意大利面	BEEF MINCE AGLIO OLIO 牛肉末蒜油	SPAGHETTI MEATBALLS TACO 意大利面肉丸炸玉米饼	PERCH FISH & CHIPS 鱼片 	CACCIATORE CHICKEN SPAGHETTI (contains lots of vegetables) CACCIATORE 鸡肉意大利面 (含有大量蔬菜)
ASIAN	CHICKEN KARAAGE RICE 炸鸡块饭	CHICKEN KATSU JAPANESE CURRY RICE 炸鸡排日式咖喱饭 	TONKATSU CHICKEN & ONIONS STIR FRY RICE	CHICKEN TERIYAKI POKE BOWL & RICE 鸡肉照烧戳碗和米饭	PINEAPPLE CHICKEN CURRY RICE
NOODLES / SANDWICH	CHICKEN & EGG SALAD SANDWICH	CRUNCHY TUNA LETTUCE WRAP 松脆金枪鱼生菜卷	GRILL CHICKEN SANDWICH & BAKED TORTILLA CHIPS 烤鸡肉三明治和烤玉米片	TERIYAKI CHICKEN STIR FRY NOODLES 照烧鸡肉炒面	BEEF MINCE STIR FRY NOODLES 牛肉碎炒面
	MAY 13 - MON	MAY 14 - TUE	MAY 15 - WED	MAY 16 - THU	MAY 17 - FRI
INTERNATIONAL	CHEESY AGLIO OLIO & GRILL CHICKEN 烤鸡 AGLIO OLIO 	CHICKEN PARMIGIANA SPAGHETTI	CHEESY BEEF MINCE AGLIO OLIO 奶酪牛肉碎 AGLIO OLIO	PERCH FISH & CHIPS 鱼片 	CHEESY CHICKEN, MARINARA PASTA 奶酪鸡肉, 意大利面 
ASIAN	FISH TERIYAKI RICE	CHICKEN KATSU JAPANESE CURRY RICE 炸鸡排日式咖喱饭 	BRAISED CHICKEN, POTATO & RICE 鸡肉丸、土豆炒饭 	SOY CHICKEN & EGG RICE 豆浆鸡饭 	NON SPICY TOMYAM FRIED RICE, CRISPY CHICKEN 不辣东炎炒饭, 脆皮鱼 
NOODLES / SANDWICH	CHICKEN & MUSHROOM MINCE STIR FRY RICE NOODLES 鸡肉蘑菇碎炒米粉	CHICKEN BITES with STIR FRY NOODLES 炸鸡块配炒面	CAJUN CHICKEN MINCE BURRITO WRAP (lots of vegetables) 卡真鸡肉碎卷饼卷 (大量蔬菜)	NON SPICY LEMONGRASS CHICKEN & NOODLES 不辣香茅鸡肉和面条	PULL CHICKEN SANDWICH, FRIES 手撕鸡肉三明治、薯条
	MAY 20 - MON	MAY 21 - TUE	MAY 22 - WED	MY 23 - THU	MAY 24 - FRI
INTERNATIONAL	PERCH FISH & CHIPS 鱼片 	GRILL CHICKEN QUESADILLA, & CHIPS 	CHICKEN MUSHROOM AGLIO OLIO	MAC & CHEESE CHICKEN POPCORN 通心粉和奶酪鸡肉爆米花 	BEEF MINCE PASTA BAKE 牛肉碎意大利面烘焙
ASIAN	CHICKEN TERIYAKI RICE 鸡肉照烧饭 	CHICKEN KATSU JAPANESE CURRY RICE 炸鸡排日式咖喱饭 	NON SPICY CHICKEN POTATO CURRY RICE 不辣鸡肉土豆咖喱饭 	TOMYAM VEGE FRIED RICE, CHICKEN POPCORN 冬阴功素食炒饭, 鸡肉爆米花	PERCH SWEET SOUR FISH RICE 鲈鱼糖醋鱼饭 
NOODLES / SANDWICH	PULL CHICKEN SANDWICH, BAKED TORTILLA CHIPS 手撕鸡肉三明治, 烤玉米片 	BREADED CHICKEN (no egg) & NOODLES 面包鸡 (不含鸡蛋) 和面条	BBQ CHICKEN & CHEESE SANDWICH & BAKED TORTILLA CHIPS 烧烤鸡肉和奶酪三明治和烤玉米片	CRISPY CHICKEN CHEESE SANDWICH & TORTILLA CHIPS 脆皮鸡肉奶酪三明治和薯条	GRILL CHICKEN & STIR FRY NOODLES 烤鸡炒面

	MAY 27 - MON	MAY 28 - TUE	MAY 29 - WED	MAY 30 - THU	MAY 31 - FRI
INTERNATIONAL	CHEESY AGLIO OLIO & GRILL CHICKEN 烤鸡 AGLIO OLIO 	CHICKEN MINISTRONE SPAGHETTI (contains lots of vegetables) 鸡肉通心粉意大利面 (含有大量蔬	CRISPY CHICKEN MAC & CHEESE 	CHEESY AGLIO OLIO & GRILL CHICKEN 烤鸡 AGLIO OLIO 	GRILL CHICKEN PESTO SPAGHETTI 烤鸡肉意大利面 
ASIAN	BEEF MINCE & SCRAMBLED EGGS JAPANESE CURRY RICE 	CHICKEN KATSU JAPANESE CURRY RICE 炸鸡排日式咖喱饭 	GRILLED BULGOGI CHICKEN RICE 	HONEY SOY CHICKEN RICE 蜜汁鸡饭	GARLIC FRIED RICE & CRISPY FISH 大蒜炒饭和脆皮鱼 
NOODLES / SANDWICH	CHICKEN SLICE & CHEESE SANDWICH 鸡肉片奶酪三明治	HOMEMADE HERBED MINCE CHICKEN SAUSAGE CHEESY TACO	SINGAPORE NOODLES & SHREDDED CHICKEN 新加坡面条和鸡丝	PULL CHICKEN SANDWICH & TORTILLA CHIPS 	TOMYAM NOOLES & CRISPY CHICKEN 

**For Payment:**

1. Preferably Online Transfer to Yolanda George, Account #: **706 5899 152 (CIMB)**
2. Please reflect your Child's Name & Class in the payment reference.
3. Orders will only be confirmed after receiving the payment slip via **WhatsApp 016 557 3039**.

**To Order:**

1.  or  your meal choice.
2. Send your orders via **WhatsApp 016 557 3039**;
3. Please let us know of your child's food allergies (if any).

RM14 x \_\_\_\_ (# Of Days) x \_\_\_\_ (# of Sets) = RM\_\_\_\_\_

Name of Student: \_\_\_\_\_ Class: \_\_\_\_\_

Name of Student: \_\_\_\_\_ Class: \_\_\_\_\_

Parents' Mobile: \_\_\_\_\_

**Cancellation/Meal Changes or Transfer Orders:**

1. Please inform us 1 day ahead or latest by 8am on the day itself.
2. Please call 016 557 3039 directly to avoid oversight.
3. Any cancellations after 8am on the day itself, meals will not be refunded.