
















# POWIIS **JUNE/JULY 2023** ( 21 days)

## YumBox provides:

1. Using Bio-Degradable Containers that can be taken home, if meals are not finished at school.
2. Fruits & Vegetables with each set meal
3. **Please provide own cutlery**
4. Special Dietary Meals are available upon request.
5. All meats are cut into bite size.
6. Only Boneless & Skinless Chicken White Meat is used.
7. Himalayan Pink Salt & Pepper are used as Seasoning.
8. **Pictures are strictly for Illustration Purposes Only.**
9. **Portions: BIG RM16; BIGGER RM18 per set (disposable)**

			JUNE 5 - WED	JUNE 6 - THU	JUNE 7 - FRI
INTERNATIONAL			CHEESY CHICKEN & BROCCOLI CREAMY PASTA BAKE 芝士鸡肉和西兰花奶油面食焗烤	CHICKEN MINCE & NACHOS 	CRISPY FISH MARINARA PASTA 
ASIAN			CHICKEN & CHICKPEA CURRY with RICE 鸡肉鹰嘴豆咖喱饭	NON SPICY TOMYAM FRIED RICE, CRISPY TOMYAM FISH 不辣东炎炒饭 脆皮鱼	BAKED CHEESY RICE & CHICKEN 烤泡菜芝士米饭和鸡肉
EVERYTHING ELSE			CAJUN CHICKEN MINCE BURRITO WRAP (lots of vegetables) 卡真鸡肉碎卷饼卷 (大量蔬菜)	NON SPICY LEMONGRASS CHICKEN & NOODLES 不辣香茅鸡肉和面条	BBQ CHICKEN CHEESE CRUNCH WRAP (lots vegetables)
	JUNE 10 - MON	JUNE 11 - TUE	JUNE 12 - WED	JUNE 13 - THU	JUNE 14 - FRI
INTERNATIONAL	CRISPY PERCH FISH & MARINARA SPAGHETTI	CHICKEN BOLOGNESE MACARONI	CHICKEN PEPPERONI PIZZA PINWHEELS & CHEESE DIP	CHICKEN MINCE AGLIO OLIO	PERCH FISH & CHIPS
ASIAN	BULGOGI CHICKEN RICE 	CHICKEN KATSU JAPANESE CURRY RICE 	CHICKEN TERIYAKI & SCRAMBLED EGG RICE	CHICKEN STEW RICE 	LEMONGRASS & ONIONS CHICKEN STIR FRY RICE
EVERYTHING ELSE	BULGOGI BEEF MINCE & EGG ONIGIRAZU	STIR FRY NOODLES, CHICKEN BITES 	DEEP FRIED CRUNCHY TUNA & CHEESE SANDWICH 炸松脆金枪鱼奶酪三明治	STIR FRY NOODLES, BULGOGI CHICKEN MINCE 	BBQ CHICKEN WRAP & BAKED TORTILLA CHIPS
	JUNE 17 - MON	JUNE 18 - TUE	JUNE 19 - WED	JUNE 20 - THU	JUNE 21 - FRI
INTERNATIONAL	<b>HARI</b>	PERCH FISH & CHIPS	CHEESY BEEF MINCE AGLIO OLIO SPAGHETTI	MARINARA SPAGHETTI & CHICKEN MEATBALLS 	CHICKEN PEPPERONI "PIZZA" SPAGHETTI
ASIAN	<b>RAYA</b>	CHICKEN KATSU JAPANESE CURRY RICE 	NON SPICY CHICKEN PUMPKIN CURRY RICE 	CHICKEN STEW RICE 	SWEET SOUR FISH RICE 
EVERYTHING ELSE	<b>HAJI</b>	CRISPY CHICKEN CHEESE SANDWICH & CHIPS	CRISPY CHICKEN CHEESE ONIGIRAZU	MINI CHICKEN TORTILLA CRUNCH	EGG & MAYO SANDWICH

	JUNE 24 - MON	JUNE 25 - TUE	JUNE 26 - WED	JUNE 27 - THU	JUNE 28 - FRI
INTERNATIONAL	CHEESY BEEF MINCE & MUSHROOM AGLIO OLIO 	CHEESY CHICKEN MINCE MUSHROOM MACARONI BAKE 	SOFT SHELL CRISPY FISH TACO & FRIES	GRILL NON SPICY CAJUN CHICKEN, SPAGHETTI MARINARA SAUCE 	CRISPY CAJUN FISH, PESTO SPAGHETTI 
ASIAN	PERCH FISH TIKKA MASALA RICE	CHICKEN KATSU JAPANESE CURRY RICE 	TERIYAKI CHICKEN RICE	THAI BASIL CHICKEN MINCE & RICE 泰式罗勒鸡肉碎和米饭	NON SPICY TOMYAM CHICKEN FRIED RICE 
EVERYTHING ELSE	THAI BASIL CHICKEN MINCE STIR FRY NOODLES 	STIR FRY NOODLES, HOISIN CHICKEN, 	PULLED CHICKEN CHEESE SANDWICH 	CHICKEN PEPPERONI & CHEESE UNCRUSTABLES & CHIPS	MINCE CHICKEN MINI BURITTO 
	JULY 1 - MON	JULY 2 - TUE	JULY 3 - WED	JULY 4 - THU	JULY 5 - FRI
INTERNATIONAL	CHEESY CHICKEN AGLIO OLIO	GRILLED CHICKEN CACCIATORE MACARONI 烤鸡肉卡恰托雷通心粉 	SPAGHETTI MEATBALLS	CHICKEN PARMIGIANA SPAGHETTI 巴马干酪鸡肉意大利面	<b>EARLY DISMISSAL</b>
ASIAN	NON SPICY CHICKEN POTATO CURRY RICE, 	CHICKEN KATSU JAPANESE CURRY RICE 	CRISPY PERCH FISH & LEMONGRASS FRIED RICE	JAPANESE CURRY CHEESY CHICKEN BAKED RICE	<b>HAPPY HOLIDAYS</b>
EVERYTHING ELSE	ROASTED CHICKEN & CHEESE SANDWICH & TORTILLA CHIPS 烤鸡和奶酪三明治和玉米饼片	EGG MAYO TRIPLE DECKER SANDWICH	SINGAPORE NOODLES with GRILLED CHICKEN	TUNA & CHEESE SANDWICH 金枪鱼奶酪三明治	<b>SEE YOU NEXT TERM</b>

#### To Order:

1.  or  your meal choice.
2. Send your orders via **WhatsApp 016 557 3039**;
3. Please let us know of your child's food allergies (if any).

#### For Payment:

1. Preferably Online Transfer to Yolanda George, Account #: **706 5899 152 (CIMB)**
2. Please reflect your Child's Name & Class in the payment reference.
3. Orders will only be confirmed after receiving the payment slip via **WhatsApp**

#### Cancellation/Meal Changes or Transfer Orders:

1. Please inform us 1 day ahead or latest by 8am on the day itself.
2. Please call 016 557 3039 directly to avoid oversight.
3. Any cancellations after 8am on the day itself, meals will not be refunded.

RM14 x \_\_\_\_ (# Of Days) x \_\_\_\_ (# of Sets) = RM \_\_\_\_\_

Name of Student: \_\_\_\_\_ Class: \_\_\_\_\_

Name of Student: \_\_\_\_\_ Class: \_\_\_\_\_

Parents' Mobile: \_\_\_\_\_