





Carrie San			1		and the same					WEEK 1				1/4			10	Sea.		
YPE OF GROUP	MONDAY 28-Apr-25	T V D	E G	TUESDAY 29-Apr-25	τv	D E G	WEDNESDAY 30-Apr-25	T V D	E G	THURSDAY 1-May-25	τv	D E G	FRIDAY 2-May-25	V D	E G	SATURDAY 3-May-25	τv	D E	G SUNDAY 4-May-25	τv
Z Z				N		3/2		-		GRILLED CHICKEN SLICED			PANCAKE WITH HONEY		~	BREAKFAST CASEROLE			EGG OMELETTE	-
WESTERN	Prince of Wales Island International School			Prince of Wales Island International School			Prince of Wales Island International School			BREAKFAST BUN	~		CUT FRUITS	~		BAKE BEANS	v	-	TOASTED SLICE BREAD	,
ASIAN								-		KAMPUNG FRIED RICE		-	SINGAPORE FRIED MEE HOON			KAMPUNG FRIED RICE			SINGAPORE FRIED MEE HOON	,
ASI								-	~											
CEREAL						2 TYP	PE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK	
SOUP	Prince of Wales Island International School			Prince of Wales Island International School			Prince of Wales Island International School			THAI CHICKEN SOUP		, ,	FISH PORRIDGE WITH CONDIMENTS	٠.		TOMYAM NOODLES		v	YELLOW MEE WITH CHICKEN SOUP	
SOUP OF THE DAY				The Incidit color		100	The maional sensor			POTATO SOUP	v		CLEAR CHICKEN SOUP			POTATO SOUP	v	,	,	,
Q P	Prince of Wales Island			Drings of Wales Island		***************************************	Duines of Wolco Joland			MIX SALAD OF THE DAY	~		MIX SALAD OF THE DAY	· ·		MIX SALAD OF THE DAY	v		✓ MIX SALAD OF THE DAY	,
S	Prince of Wales Island International School			Prince of Wales Island International School		***	Prince of Wales Island International School	-		2 CHOICES OF TOPPING			2 CHOICES OF TOPPING	٠.		2 CHOICES OF TOPPING			✓ 2 CHOICES OF TOPPING	
						<i>Q</i>				2 CHOICES OF DRESSING	~		2 CHOICES OF DRESSING		-	2 CHOICES OF DRESSING	~		✓ 2 CHOICES OF DRESSING	-
													FRIDAY WESTERN SPECIAL							
TERN	Prince of Wales Island			D. CHILL		***************************************	Drives of Weles Island	-		CHICKEN MARYLAND			LAMB TAGINE			CHICKEN BOLOGNESE				
WES	Prince of Wales Island International School			Prince of Wales Island International School			Prince of Wales Island International School			GRATIN POTATO	,		CARROT GLAZE WITH ONION		,	SWEET CORN KERNEL WITH TOMATO AND ONION	۲	, ,	,	
				Thirthe control		<b>S</b>	N .			CAESER SALAD	~		couscous	J J .	-	BUTTER HERB PENNE	v		,	
													FRIDAY FLAVOR RICE SPECIAL							
Z.	Drives of Weles Island					Q as a	14			FISH MASALA		-	ROASTED CHICKEN	J .	<i>-</i>			-	ROASTED CHICKEN	
ASIA	Prince of Wales Island International School			Prince of Wales Island International School	1		Prince of Wales Island International School			ACAR JELATAH	v		SLICED TOMATO, CUCUMBER AND JULIENNE LETTUCE	J J .	J J		v		SLICED TOMATO, CUCUMBER AND JULIENNE LETTUCE	T.
	international periodi			International School			International School			FRAGRANT WHITE RICE	v		CHICKEN RICE	J J .	J J		v		✓ CHICKEN RICE	١,
													FRIDAY VEGETARIN SPECIAL					#		
RIAN										VEGETABLE CRACKERS	v		VEGETARIN LAMB MOCK MEAT TAGINE			VEGETABLE CRACKERS	v		VEGETARIN LAMB MOCK MEAT TAGINE	T.
EGETA	Drives of Wales Island			Drings of Wales Island		1/4	D: 6311 11 1			POTATO SAMOSA	v		CARROT GLAZE WITH ONION	-		POTATO SAMOSA	v	, ,	✓ CARROT GLAZE WITH ONION	١.
5	Prince of Wales Island International School			Prince of Wales Island International School		***	Prince of Wales Island International School			FRIED VEGETARIAN GLASS NOODLES	v		couscous			FRIED VEGETARIAN MEE HOON	v		couscous	٠.
DESSERT	The Haddian School			The Hational School			international School			BREAD BUTTER PUDDING	,		MINI MUFFIN	-		FRESH CUT FRUITS	J		FRUITS SALAD	
															$\parallel$			+		
				_						BLACK PEPPER BEEF STEW	ď		CHICKEN MASALA		-	SEAFOOD TOMYAM	ď	-	CRISPY FISH WITH SALSA	
	North American			D. (W.) 11 1		<b>N</b>	D. CWIII			BUTTER RICE			BRIYANI RICE			OMMELETE			AGLIO OLIO PASTA	
NER	Prince of Wales Island International School			Prince of Wales Island International School			Prince of Wales Island International School			BAKED POTATO			STIR FRY MEEHOON	Ш	Ш	STEAMED RICE		$\perp$	ROASTED VEGGIE	
ā	International School			international School		1	international ochool			AGLIO OLIO PSTA			DHALL VEGGIE CURRY			STEAMED GREEN BEEN			TUNA SALAD	
	_									FRESH CUT FRUITS			JELLY PUDDING	ΙП	П	FRESH CUT FRUITS		П	GARLIC BREAD	

Information & Privilege:

All food served are HALAL compliant

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Delischool Healthy Food Guidelines:
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We reduce saturated fat, sugar, salt & artificial colouring in our cooking 
Guaranteed nut free, palm-oil free, glutamate and MSG free













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TYPE O	F GROUP	MONDAY 5-May-25	T V D	E G	TUESDAY 6-May-25	т١	D E	G WEDNESDAY 7-May-25	r v c	D E	THURSDAY  8-May-25	тν	D E	FRIDAY 9-May-25	T V D	E G	SATURDAY 10-May-25	τv	D E	G SUNDAY 11-May-25	т v	D E G
	z	SOFT BUN	-		PAN CAKE			SCRAMBLE EGG	-		GRILLED SLICE CHICKEN		~ ~	CHICKEN MEAT LOAF	-	~	PANCAKE WITH FRUITS					
	WESTER	JAM, BUTTER, KAYA	-	v	BUTTER AND HONEY			✓ CHICKEN SAUSAGE AND BAKED BEAN	٠.	, ,	SCRAMBLED EGG			BAKED BEAN			SUNNY SIDE UP					
ž	ž	STIR FRY KUEW TEOW CHINESE STYLE	~		PRATA BREAD	,		✓ CHINESE FRIED RICE	~	-	STIR FRY HOR FUN	-	, ,	STIR FRY NOODLE	~	, ,	TOMYAM FRIED RICE	~	~	ROTI CANAI WITH DHALL CURRY	-	~ ~
ONS DI	ASI				DHALL CURRY CURRY		. ,															
MORNIN	CEREAL	2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK		
	SOUP	TOM YAM NOODLE SOUP	·	,	KUEW TEOW SOUP		,	✓ DRY PAN MEE	, .	,	FISH PORRIDGE SOUP			CHICKEN SOTO SOUP	ļ	, ,	FISH MOI SOUP			✓ CHICKEN SOTO		
	SOUP OF THE DAY	CLEAR SOUP	~		PUMPKIN SOUP	·		SWEET CORN CRAB MEAT SOUP			CREAMY BROCCOLI SOUP	,		POTATO & LEEK SOUP	-	-	SWEET CORN SOUP	,	,	OLD CUCUMBER SOUP	,	•
	ą	MIX SALAD OF THE DAY		~	MIX SALAD OF THE DAY			MIX SALAD OF THE DAY			MIX SALAD OF THE DAY	-		MIX SALAD OF THE DAY			MIX SALAD OF THE DAY	-		MIX SALAD OF THE DAY	-	
	SAI	2 CHOICES OF TOPPING	~		2 CHOICES OF TOPPING			2 CHOICES OF TOPPING	,	, ,	2 CHOICES OF TOPPING			2 CHOICES OF TOPPING	,	, ,	2 CHOICES OF TOPPING		, ,	2 CHOICES OF TOPPING		
		2 CHOICES OF DRESSING			2 CHOICES OF DRESSING	,		2 CHOICES OF DRESSING	~ .		2 CHOICES OF DRESSING	,		2 CHOICES OF DRESSING		, ,	2 CHOICES OF DRESSING	~		2 CHOICES OF DRESSING	-	
														UK FOOD SPECIAL								
	ER.N	CHICKEN POP CARBONARA		-	FISH FINGER		, ,	BEEF GOULASH			GRILLED FISH WITH TOMATO CONCASSE			MASH POTATO		<i>-</i>	GRILLED FISH WITH TOMATO CONCASSE			✓ MASH POTATO		
	WEST	PASTA	v		GREEN PEAS WITH CARROT	,		BROCCALI & CAULIFLOWER	٠.		STEAMED VEGETABLES	,		CHICKEN CORDON BLEU		J J	STEAMED VEGETABLES	-	J J	→ BEEF STEW	,	
_		GARLIC BUTTER SPINACH			POTATO WEDGES			✓ MASHED POTATOES		-	GARLIC BREAD	-		MIX SALAD/ GARLIC CROUTON			GARLIC BREAD	v		✓ MIX SALAD	-	
DI I				1										UK FOOD SPECIAL								
	3	BUTTER MILK FISH			CHICKEN KARAAGE		_	STEAMED FISH WITH SOY SAUCE		,	CHICKEN KATSU		-	GRILLED FISH	-	<i>,</i>			-	BBQ CHICKEN		
	ASIA	STIR FRY TAU MIO WITH GARLIC			JAPANESE CABBAGE SALAD			STIR FRY BEAN SPROUT WITH CHIVE		,	JAPANESE VEGETABLE CURRY	-		CUCUMBER TOMATO SALAD SALSA				v		CUCUMBER TOMATO SALAD SALSA	-	
		FRAGRANT WHITE RICE			FRAGRANT WHITE RICE	,		FRAGRANT WHITE RICE			FRAGRANT WHITE RICE	,		FRENCH FRIES		J J		-		CHICKEN RICE	-	
				1 1									1 1 1	UK FOOD SPECIAL					шш	l l		
	RIAN	VEGETARIAN CHICKEN CARBONARA		-	POTATO & CARROT VEGETARIAN LAMB STEW			BRAISED JAPANESE BEANCURD	-	,	STEAM SOFT TOFU WITH GINGER SOY SAUCE	,	,	DEEP FRY VEGETARIAN FISH		J J	VEGETARIAN FRIED MEE	,	П	AGLIO OLIO PENNE	,	
	GETA	PASTA			STIR FRIED MIX VEGE			✓ SAUTEED BROCOLLI & CAULIFLOWER	-		STIR FRIED CHOI SUM	,		CUCUMBER TOMATO SALAD SALSA	-	J J		,			,	
	>	GARLIC BUTTER SPINACH			FRAGRANT WHITE RICE	,		✓ NAAN BREAD			FRAGRANT WHITE RICE	,		couscous	,	J J		v			,	
	DESSERT	SLICE CAKE		•	FRESH CUT FRUITS			✓ MIX FRUIT WITH YOGHURT		,	FRESH CUT WATERMELON	,		/ MINI MUFFIN	-		HONEYDEW SAGO	,		✓ DRAGON FRUITS	-	
		GRILLED CHICKEN WIH BBQ SAUCE		, ,	MALACCA ASAM FISH	·		✓ YONG TAUFOO WITH CONDIMENTS			BREADED FISH	,		GINGER CHICKEN		-	THAI FISH	v		CHAR KOEY TIAW COUNTER		Ш
		SAUTEED POTATO		Ħ	MILD CHILLI BRINJAL		Ħ	TOMYAM SOUP		$\dagger$	POTATO GRATIN		Ш	SWEET AND SOUR SOFT TOFU			CORN RICE		H	SWEET CORN CRAB MEAT SOUP		Ш
	¥.	GARDEN SALAD		H	BRAISED TOFU		Ħ	2 TYPES OF NOODLES		$\dagger \dagger$	COLESLAW		+	STIR FRY TAU MIO			STIR FRI KAILAN		Ħ	FRUIT COCKTAIL		тĦ
	2 2 2	MUSHROOM SOUP			STEAMED RICE		H	BUTTER CAKE		$\dagger \dagger$	TOMYAM FRIED RICE	ı	++	STEAMED RICE			GARLIC BREAD		H			Ш
		FRUITS COCKTAIL			AGLIO OLIO PASTA		$\vdash$			+	BANANA		$\dagger\dagger$	FRIED GLASS NODLES			CREAMY MUSHROOM SOUP		H		H	Ш
				, ,	MUFFIN									DIMSUM			SLICED CAKE					πН
Informa	ition & P	rivilege:		ĽĽ	MOTFIN		Ш							DIWISUIVI	11	ا ً ا	JUICED CAKE		1.1.			.     ]

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	THE STATE OF THE S				-	Town.	/EEK			THE .		3					
PE OF GROUP	MONDAY 12-May-25	T V	E G	TUESDAY T V	D E	G WEDNESDAY 14-May-25	r v d	E G THURSDAY 15-May-25	r v d i	G FRIDAY 16-May-25	τv	E G	SATURDAY 17-May-25	τV	D E	SUNDAY 18-May-25	Ą
Z.	MONTE CRISTO	,		SOFT BUN		PANCAKE	-	ENGLISH MUFFIN	٠.	EGG BURITO		, ,	MAC AND CHEESE		~ ~		1
WESTER		,		BAKED BEAN AND HAM		FRESH CUT FRUITS		SLICE HAM & CHEESE				, , ,					Ī
z		-	, ,			PRATA BREAD	,	STIR FRIED UDON	, ,	STIR FRIED RAMEN	-	, ,	STIR FRIED MEE	-	-	,	1
ASIA	SINGAPORE MEE HOON			MEE GORENG MAMAK		VEGETABLE DHALL	,										T
CEREAL	2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK		2 TYPE OF CEREAL WITH FRESH MILK		2 TYPE OF CEREAL WITH FRESH MILK		2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK	Ī
SOUP	CHICKEN MOI SOUP		, ,	MEE SOTO		RAMEN SOUP		PORRIDGE WITH CONDIMENTS	v	✓ DRY PAN MEE		, , ,			•	DRY PAN MEE	
SOUP OF THE DAY		~		CLEAR CHICKEN SOUP		CAULIFLOWER SOUP	-	CREAMY POTATO SOUP	٠ .	CHINESE HOT AND SOUR SOUP	-	, ,		,		CHINESE HOT AND SOUR SOUP	
A A	MIX SALAD OF THE DAY	٠.	, ,	MIX SALAD OF THE DAY		MIX SALAD OF THE DAY		MIX SALAD OF THE DAY	· · ·	MIX SALAD OF THE DAY		, , ,	MIX SALAD OF THE DAY	,	-	MIX SALAD OF THE DAY	
SAL	2 CHOICES OF TOPPING			2 CHOICES OF TOPPING		2 CHOICES OF TOPPING	-	2 CHOICES OF TOPPING	٠,	2 CHOICES OF TOPPING			2 CHOICES OF TOPPING			2 CHOICES OF TOPPING	Ī
	2 CHOICES OF DRESSING	<b>,</b>		2 CHOICES OF DRESSING		2 CHOICES OF DRESSING		2 CHOICES OF DRESSING		2 CHOICES OF DRESSING		, , ,	2 CHOICES OF DRESSING	,		2 CHOICES OF DRESSING	1
										FRIDAY WESTERN SPECIAL							1
Ž.	ROASTED ROSEMARY CHICKEN		,	CHICKEN MEATBALL IN TOMATO SAUCE		OVEN BAKED BBQ BEEF	v	CREAMY SLICED CHICKEN PASTA	J.	BEEF LASAGNA	П	J ,	GRILLED FISH WITH LEMON SAUCE		, ,		†
WESTE	GRILLED CORN COB	J		SPAGHETTI		STEAMED FRENCH BEANS		RATATOUILLE		MIXED SALAD		, , ,	BUTTER RICE	,		,	+
	FRIES	, ,	, , ,	SALAD		BOILED BUTTER POTATO		+		FRENCH FRIES	J.	, , ,	MIXED VEGETABLE				+
	THES			3/12/12		BOILED BOTTLINT OTTITO				FRIDAY FLAVOR RICE SPECIA	L I	1.1.	MINES VEGETABLE				-
	TIKKA FISH WITH SAUCE			STEAMED FISH WITH SOY SAUCE	+	SWEET AND SOUR CHICKEN		GINGER CHICKEN WITH DARK SOY		, NASI LEMAK			GINGER CHICKEN WITH DARK SOY			TOMATO RICE	+
ASIAN	STIR FRIED MIX VEGE			STEAMED RICE	+	CHINESE CABBAGE & MUSHROOM		SAUCE  STIR FRY TAU MIU BEAN SPROUT		SAMBAL AND CONDIMENTS			SAUCE STIR FRY TAU MIU BEAN SPROUT			AYAM MASAK MERAH	+
			++-											ľ			+
	STEAMED RICE	٠.	, , ,	SAUTED BEEN SPROUTS		FRAGRANT WHITE RICE	, ,	FRAGRANT WHITE RICE	, ,	AYAM BEREMPAH		1 7 1 7	FRAGRANT WHITE RICE	_	~ ~	CUCUMBER PINEAPPLE PICKLE	+
Z.				STEAMED VEGETARIAN FISH WITH SOY		STIR FRIED BLACK PEPPER				FRIDAY VEGETARIN SPECIA		П					4
TARI	DHAAL CURRY	٠.	, ,	SAUCE		VEGGIE MEAT	~	CRISPY PAPADOM	~	VEGETARIAN LASAGNA	-	, , ,	CRISPY PAPADOM	-	Ш	VEGETARIAN FRIED RICE	4
VEG	ONION PAKORA	٠.		STEAMED RICE		VEGGIE FISH FILLET	~	✓ ✓ VEGETARIAN SPRING ROLL	~ ~ .	✓ MIXED SALAD	~		VEGETARIAN SPRING ROLL	-	~ ~	•	4
	NAAN BREAD	٠.		SAUTEED BEEN SPROUTS		FRAGRANT WHITE RICE		VEGETARIAN FRIED KUEW TEOW	· · ·	FRENCH FRIES	~			-		FRENCH FRIES	_
DESSERT	BREAD BUTTER PUDDING	,	, ,	BUTTER CAKE		MIX FRUIT WITH YOGHURT		✓ BANANA CAKE	· · ·	HONEYDEW	v		SAGU GULA MELAKA	J	-	ORANGE	
	CHICKEN MARYLAND	٠.		KAM HEONG CHICKEN		BREADED FISH FILLET		ALA CARTE COUNTER HOMEMADE	·	ALA CARTE COUNTER CURRY MEE WITH			HERBS ROASTED FISH	-	-	,	
	AGLIO OLIO PASTA			BRAISED JAPANESE EGG TOFU		CREAMY CHEEZY SAUCE		GRILLED CHICKEN BURGER		CONDIMENT			SPAGHETTI ALFREDO			ALA CARTE COUNTER YONG TAUFOO	
Ä	BUTTER HERB BROCCOLI			SAUTEED KAILAN		ROASTED SWEET POTATO		4 TYPE CONDIMENT		SALAD			GARLIC BREAD			THAI CHICKEN BROTH	I
DIN	MUSHROOM SOUP			STEAMED RICE		PUMPKIN SOUP		TOMATO SOUP		BANANA			MUSHROOM SOUP			FRESH CUT WATERMELON	1
	GARLIC BREAD			PINEAPPLE		DINNER BUN		MINI MUFFIN					FRUIT COCKTAIL				1
			+		+	1		++		++		++	1	-	+++	+	+

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T: TRAFFIC LIGHT SYSTEM
V: VEGETARIAN D: DAIRY FREE E: EGG FREE

G: GLUTEN FREE



















A STATE OF STREET	MONDAY	20		TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY	- 6	7	SUNDAY	7	=
TYPE OF GROUP	19-May-25	T V D	E G	20-May-25	T V D	E G	21-May-25	V	D E	22-May-25	τv	DE	23-May-25	τv	DE	24-May-25	τv	D E	25-May-25	TV	) E G
E S	CROISSANT	,		FRENCH TOAST	,	~	CHICKEN BREAKFAST SAUSAGE			PAN CAKE			CHICKEN MEAT LOAF			AMERICAN BREAKFAST					
WEST	JAM OR BUTTER			BAKED BEAN, HAM			SCRAMBLE EGG	J .		HONEY WITH MIX FRUITS	,		SOFT BUN				-		-		
NACK	FRIED RICE VERMICELLI	~	, ,	STIR FRY YELLOW NOODLE MAMAK STYLE	~	,	NASI LEMAK WITH CONDIMENTS	~	~	,	-		CHAR KOEY TEAW	-		,	-		✓ MEE CURRY	-	
IG SNA								~	~	TOMYAM FRIED RICE	-		~				-	,	~		
MORNIN	2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK		
NOODLE	TOM YUM MEE SOUP	·	v	KUEW TEOW SOUP	·	,	MEE KARI		-	FISH MOI SOUP		,	CHICKEN SOTO			CHICKEN PORRIDGE		v	✓ CHICKEN SOTO SOUP		
SOUP OF THE DAY	CHINESE EGG SOUP	v		MUSHROOM SOUP	v	~	CREAMY CARROT SOUP		, ,	SWEET CORN SOUP	-		POTATO & ONION SOUP	-	~	CREAM CORN SOUP	,	,	POTATO & LEEK SOUP	-	-
									1 1										1		
ALAD	MIX SALAD OF THE DAY			MIX SALAD OF THE DAY	~ ~	٧ ٧	MIX SALAD OF THE DAY	-		MIX SALAD OF THE DAY	-		✓ MIX SALAD OF THE DAY	~		MIX SALAD OF THE DAY	~			-	
Š	2 CHOICES OF TOPPING			2 CHOICES OF TOPPING	~	~ ~	2 CHOICES OF TOPPING			2 CHOICES OF TOPPING			2 CHOICES OF TOPPING			2 CHOICES OF TOPPING					
	2 CHOICES OF DRESSING			2 CHOICES OF DRESSING		•	2 CHOICES OF DRESSING	-	-	2 CHOICES OF DRESSING	~		2 CHOICES OF DRESSING	-		2 CHOICES OF DRESSING	~		✓ 2 CHOICES OF DRESSING	-	
													FRIDAY WESTERN SPECIAL								
STERN	CHICKEN ROULADE		-	FISH MOUSSAKA	-	~	MEDITERRANEAN GRILLED FISH			BEEF LASAGNA		~ ~	CHICKEN PIE	-		GRILLED FISH WITH TOMATO CONCASSE				-	/
N.	COLESLAW	~		GREEN PEAS WITH CARROT		٠,	STEAMED FRENCH BEAN	٠.		CORN ON COB	-		SAUTEED SPINACH WITH GARLIC		-	STEAMED VEGETABLES				Ш	
	BAKED POTATO WITH PARSLEY					•	POTATO WEDGES	٠.	-	SALAD	~		~	-		GARLIC BREAD	~		-	-	
ICIN													FRIDAY WESTERN SPECIAL	L							
IAN	BUTTER MILK FISH			CHICKEN TICA	-		SWEET AND SOUR CHICKEN		-	NESTUM FISH		,	TEMPURA FISH			,		~	HAINANESE CHICKEN RICE	Ш	
AS	STIR FRY SPINACH WITH GARLIC	~ ~		GHEE RICE		, ,	SAUTEED MIX VEGETABLES			MIX VEGETABLE & MUSHROOM	-		✓ POTATO CURRY DHALL			•					
	FRAGRANT WHITE RICE			DHALL CURRY		, ,	FRAGRANT WHITE RICE	٠.	-	STEAMED RICE	,		✓ STEAMED RICE	~		•	~		CONDIMENTS	-	
_													FRIDAY WESTERN SPECIAL	L							
ARIAN	VEGETARIAN CHICKEN POP CORN		-	VEGETARIAN CHICKEN TICA		~	VEGETABLE CRACKERS	٠.		NESTUM VEGETARIN FISH	-		VEGETABLE CRACKERS	-		STIR FRY VEGETARIAN GLASS NOODLE	-	Ш	PAPADOM	-	
VEGET	COLESLAW & SALAD			DHALL CURRY		, ,	POTATO SAMOSA	٠.		STIR FRIED CHOI SUM	-		SAMBAL EGG PLANT	-			-		SAMBAL TUMIS EGG PLANT	-	
	BAKE POTATO WITH PARSLEY			GHEE RICE		, ,	VEGETARIAN MEE MAMAK	٠.		STEAMED RICE	-		FRIED VEGETARIAN NOODLES	~			-		✓ FRIED VEGETARIAN NOODLES	-	
DESSERT	FRUIT WITH YOUGURT	ì	,	RED APPLE	,	,	BUTTER CAKE	,	,	PAPAYA	,		RED APPLE	,		WATERMELON	,	, ,	▼ BUBUR KACANG	v	
	CHICKEN KATSU CURRY			TOMYAM SOUP		, ,		٠,		NAAN BREAD WITH CHICKEN TANDORI	,		GRILLED SEA BASS WITH SWEET SAMBAL	-		CHICKEN CARBONARA	-		RAMEN	-	
	JAPANESE RICE			CHICKEN SOUP			MAKE YOUR OWN WRAP			CONDIMENT		Ш	STEAMED RICE			CHICKEN BOLOGNESE			KOREAN FRIED CHICKEN		$\mathbf{H}$
Œ	STIR FRIED TAU MIU			3 TYPE OF NOODLES WITH CONDIMENT			SALAD			SUP KAMBING BEREMPAH		Ш	STIR FRIED KAILAN			TWO TYPE OF PASTA			KIM CHI		
DIN	MISO SOUP			BREAD BUTTER PUDDING			ONION SOUP		Ħ	DINNER BUN		Ш	TOMYAM SOUP			PUMPKIN SOUP		$\parallel$	SUNDUBU IJIGAE		T
	MIXED SALAD						MINI MUFFIN			MANGO LASSI			HONEYDEW			ORANGE					
	DRAGON FRUIT				v	,		~	-									, ,			
Information & Pr	ivilege:		шШ			Ш_	<u> </u>			1		ш	1					ш			حلىك

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Francisco Principal			1 1	2.00											-				
TYPE OF GI	OUP	MONDAY 26-May-25	τv	DE	TUESDAY 27-May-25	ΤV	D E	WEDNESDAY 28-May-25	τv	D E	THURSDAY 29-May-25	TV	D E G	FRIDAY 30-May-25	T V D E	G SATURDAY 31-May-25	T V D	E	G SUNDAY T V I
2		FRENCH TOAST	-		TUNA MAYO SANDWICH			CHICKEN BREAKFAST SAUSAGE		J J	PAN CAKE			EGG BURITO		31-May-23	-		N (4 ) (4
AGE		JAM OR BUTTER	J		SCRAMBLED EGG			SOFT BUN	v		HONEY WITH MIX FRUITS	·				AMERICAN BREAKFAST			Prince of Wales Island International School
NACK	į.	YOUNG CHOW FRIED RICE			MUSHROOM FRIED RICE	-	٠.	NASI LEMAK WITH CONDIMENTS	•	,	CANTONESE NOODLE SOUP	-		CURRY MEE WITH CONDIMENT	-	~	~	-	
GSNA	?					Ш			~	~		-					-	٠.	,
MORNING		2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK		2 TYPE OF CEREAL WITH FRESH MILK			
NOODLE	soup	TOM YUM MEE SOUP			KUEW TEOW SOUP		J .	KUEW TEOW SOUP		,	FISH MOI SOUP		, ,	CHICKEN SOTO SOUP		,	J		Prince of Wales Island International School
Soup	DAY	CHINESE EGG DROP SOUP			MUSHROOM SOUP	-	-	CREAMY CARROT SOUP			CREAM CORN SOUP	•	~	POTATO & LEEK SOUP	, ,	SWEET CORN CRAB MEAT SOUP	~	-	
		MIX SALAD OF THE DAY			MIX SALAD OF THE DAY		П	MIX SALAD OF THE DAY			MIX SALAD OF THE DAY			MIX SALAD OF THE DAY		✓ MIX SALAD OF THE DAY		ш	
3	-		,			,	, ,		,	, ,		_	· · ·						
		2 CHOICES OF TOPPING		V V .	2 CHOICES OF TOPPING		~ ~ .	2 CHOICES OF TOPPING		· ·	2 CHOICES OF TOPPING		· · ·	2 CHOICES OF TOPPING		2 CHOICES OF TOPPING	-		Prince of Wales Island
		2 CHOICES OF DRESSING	•		2 CHOICES OF DRESSING	~		2 CHOICES OF DRESSING	~	· ·	2 CHOICES OF DRESSING	•		2 CHOICES OF DRESSING		✓ 2 CHOICES OF DRESSING			International School
														FRIDAY WESTERN SPECIAL					
9		PARMESAN CRUSTED FISH		-	FISH FINGER		~ ~	MEDITERRANEAN GRILLED FISH			GRILLED FISH WITH TOMATO CONCASSE			SHEPHERD PIE	, , ,	✓ CHICKEN FAJITA	-		Prince of Wales Island
277		TOMATO SALAD & DRESSING	•		GREEN PEAS WITH CARROT	~		STEAMED FLORETS	~		STEAMED VEGETABLES	_		COLESLAW	-	✓ CORN AND TOMATO SALSA			Prince of Wales Island International School
_		BAKED POTATO WITH PARSLEY	٠		FRENCH FRIES	~		POTATO WEDGES	~		MASHED POTATO	~		FRENCH FRIES		✓ POTATO WEDGES			
DNO.														FRIDAY WESTERN SPECIAL					
2		AYAM MASAK MERAH			CHICKEN KATSU		-	SWEET AND SOUR CHICKEN		-	DEEP FRIED FISH WITH THAI SAUCE		-	FRIED FISH BEREMPAH	-	•		-	Prince of Wales Island
3	2	STIR FRY MIXED VEGGIE			JAPANESE POTATO & CARROT CURRY	-	-   -   -	SAUTEED MIX VEGETABLES	-	· · .	MIX VEGETABLE & MUSHROOM	-		VEGETABLE DHALLCA		•			Prince of Wales Island International School
		FRAGRANTTOMATO RICE			FRAGRANT WHITE RICE	-		FRAGRANT WHITE RICE	,	, ,	FRAGRANT WHITE RICE	,		TOMATO RICE	,	~		, ,	
														FRIDAY WESTERN SPECIAL					
4		VEGETARIAN CRUSTED FISH			CHICKEN KATSU	-		VEGETABLE CRACKERS	~		DEEP FRIED VEGETARIAN FISH	~		VEGETABLE CRACKERS		✓ NESTUM VEGETARIN CHICKEN	-		
i i		TOMATO SALAD DRESSING			JAPANESE POTATO & CARROT CURRY	-		POTATO SAMOSA	-	· · .	STIR FRIED MIXRD VEGGIE	-		SAMBAL TUMIS EGG PLANT		STIR FRIED CHOI SUM			Prince of Wales Island International School
		BAKE POTATO WITH PARSLEY			FRAGRANT WHITE RICE	v		VEGETARIAN MEE MAMAK	v		FRAGRANT WHITE RICE	-		FRIED VEGETARIAN NOODLES		FRAGRANT WHITE RICE			International School
100000		SLICE BANANA CAKE	·		ORANGE	J		PINEAPPLE	v		BANANA	·		RED APPLE	J	ORANGE			
		BEEF BOLOGNESE			KAM HEONG CHICKEN	-	٠, .		-		GRILLED FISH FILLET	-	, ,	ROASTED CAJUN CHICKEN		BEEF STEW			Prince of Walco Island
		GARLIC BUTTER PASTA		Ш	BRAISED SOFT TOFU IN EGG SAUCE			ALA CARTE COUNTER MAKE OWN PIZZA			LEMON BUTTER SAUCE			GARLIC PESTO SPIRAL		DINNER BUN			T THICE OF MATES ISIATIO
<b>#</b>		GARDEN SALAD		Ш	SAUTEED SPINACH WITH GARLIC			CREAMY CHICKEN SOUP			PENNE AGLIO OLIO			ZUCCHINI AU GRATIN		MASHED POTATO		П	International School
DINNI		MUSHROOM SOUP		Ш	STEAMED RICE			DINNER BUN			TRIO BAKED SWEET POTATO HONEY GLAZED			VEGETARIAN FRIED NOODLE		COLESLAW			
		GARLIC BREAD			BREAD BUTTER PUDDING			FRUIT COCKTAIL			MIXED SALAD			FRUIT SALAD		THAI BEEF BROTH			
		WATERMELON			,	-	-		,	-	PUMPKIN SOUP					BANANA	,	, ,	
nformation	& Privile	ege:			II.											L			<u> </u>

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D: DAIRY FREE
E: EGG FREE
G: GLUTEN FREE



















Water Co.			Lana Section		mallin.				WEEK 2						40			-	تنبيت
TYPE OF GROUP	MONDAY 2-Jun-25	T V D E	G TUESDAY 3-Jun-25	т	V D E	G WEDNESDAY 4-Jun-25	T V	D E	G THURSDAY 5-Jun-25	TV	/ D E	FRIDAY 6-Jun-25	V D E	G SATURDAY 7-Jun-25	τv	D E	G SUNDAY 8-Jun-25	т v	D E G
Z	FRENCH TOAST		SOFT BUN			SCRAMBLED EGG	-	П	OMELET, HAM AND CHEESE		~ ~	QUICHE LORRAINE		PANCAKE WITH FRUITS			0,411.25		~ ~
WESTEI	BUTTER & JAM		JAM & KAYA			BAKED BEAN WITH SLICE BREAD	_		~					SUNNY SIDE UP					
X X	SINGAPORE FRIED BIHUN		CHINESE FRIED RICE		, ,	✓ CHAR HOR FUN	-	-	✓ PARATHA	-	, ,	LOH SHI FUN		TOMYAM FRIED RICE	,	,	✓ ROTI CANAI WITH DHALL CURRY	-	J .
IG SNA	,			1					POTATO CURRY	,		,				1-1-			
MORNIN	2 TYPE OF CEREAL WITH FRESH MILK		2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK		2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK		
NOODLE	FISH MOI	_	YEE MEE SOUP		,	KUEY TEOW SOUP	•	-	RAMEN SOUP		,	, BIHUN SOUP		FISH MOI SOUP		-	✓ CHICKEN SOTO		J J J
SOUP OF THE DAY	SEAFOOD CHOWDER		MUSHROOM SOUP			BROCOLLI SOUP			CREAM CORN SOUP	·		POTATO & LEEK SOUP		SWEET CORN SOUP	•	~	OLD CUCUMBER SOUP	·	-
								1 1											
ALAD	MIX SALAD OF THE DAY		MIX SALAD OF THE DAY	<b>!</b>		✓ MIX SALAD OF THE DAY	~	~ ~	MIX SALAD OF THE DAY	-		MIX SALAD OF THE DAY	~ ~ ~	MIX SALAD OF THE DAY	-	~ ~	MIX SALAD OF THE DAY	-	
S S	2 CHOICES OF TOPPING		2 CHOICES OF TOPPING			✓ 2 CHOICES OF TOPPING		~ ~	2 CHOICES OF TOPPING		~ ~ .	2 CHOICES OF TOPPING		2 CHOICES OF TOPPING		~ ~	2 CHOICES OF TOPPING		
	2 CHOICES OF DRESSING		2 CHOICES OF DRESSING			2 CHOICES OF DRESSING	~	~ ~	2 CHOICES OF DRESSING	~	· · · ·	2 CHOICES OF DRESSING		2 CHOICES OF DRESSING	-	~ ~	2 CHOICES OF DRESSING	~	~ ~ ~
_									GRILLED CHICKEN WITH ROSEMARY										
STERP	GRILLED FISH WITH CONCASSE SAUCE		POPCORN CHICKEN		-	BAKED FISH WITH LEMON BUTTER SAUCE			SAUCE		~ ~ .	TILAPIA FLORENTINE		GRILLED FISH WITH TOMATO CONCASSE		~ ~	✓ MASH POTATO		
WE	SAUTEED FRENCH BEAN		CORN IN MAYONAISE		-	GREEN PEAS WITH ONION	-		✓ STEAMED VEGETABLES	-	, , , ,	CREAMY SPINACH		STEAMED VEGETABLES	-		✓ BEEF STEW	-	
5	PILAF RICE		BAKED POTATO WITH CAJUN			AGLIO OLIO	~	~ ~	✓ GREEN PEAS RICE	-		AGLIO OLIO		GARLIC BREAD	-	~ ~	✓ MIX SALAD	-	
à			T																
SIAN	CHICKEN ROSE		GINGER FISH CHINESE STYLE		-	✓ CHICKEN CURRY WITH POTATO		~	MUTTON CURRY		~	PAD KRA PAO				-	BBQ CHICKEN	4	
₹	ACAR JELATAH		STIR FRY PAK CHOY			✓ STIR FRY CABBAGE	~		✓ CUCUMBER ACAR	-	, , , ,	STIR FRIED LONG BEAN			-		✓ CUCUMBER TOMATO SALAD SALSA	-	
	TOMATO RICE		FRAGRANT WHITE RICE			FRAGRANT WHITE RICE	-	~ ~	✓ GHEE RICE	-		WHITE RICE			•	~ ~	✓ CHICKEN RICE	~	~ ~ ~
z			CTFAM COFT TOFIL WITH CINCER					1.1											
TARIA	TOFU ROSE		STEAM SOFT TOFU WITH GINGER SOY SAUCE			VEGETARIAN LAMB STEW	-		TOFU CURRY	-		SOFT TOFU WITH SOY SAUCE		VEGETARIAN FRIED MEE	-	Ш	AGLIO OLIO PENNE	-	
VEGE	ACAR JELATAH		STIR FRIED CHOI SUM			✓ STIR FRIED MIX VEGE	-		✓ CUCUMBER ACAR	-		STIR FRY MIX VEGETABLE			-		·	-	
	TOMATO RICE		FRAGRANT WHITE RICE	<u>l</u>		✓ FRAGRANT WHITE RICE	~		✓ GHEE RICE	,		WHITE RICE			-		·	-	
DESSERT	FRUITS		FRUITS			FRUITS	•	J J	FRUITS	J		/ ICE CREAM		HONEYDEW SAGO	-		✓ DRAGON FRUITS	·	
	YONG TAUFOO WITH CONDIMENTS		MALACCA ASAM FISH			✓ ORIENTAL CHICKEN CHOP	-		▼ BREADED FISH	-		PUMPKIN MASHED POTATO		THAI FISH	-		CHAR KOEY TIAW COUNTER		ıll
	TOMYAM SOUP		MILD CHILLI BRINJAL			FRENCH FRIES			POTATO GRATIN			CHICKEN AU GRATIN		CORN RICE			SWEET CORN CRAB MEAT SOUP		
NER	2 TYPES OF NOODLES		BRAISED TOFU			MINESTRONE SOUP			COLESLAW			PITA BREAD	Ш	STIR FRI KAILAN			FRUIT COCKTAIL		
DIN	BUTTER CAKE		STEAMED RICE			GARDEN SALAD		П	TOMYAM FRIED RICE			HERBS BOILED EGG		GARLIC BREAD					ı III
			AGLIO OLIO PASTA			DINNER BUN			BANANA			FRIED GLASS NODLES		CREAMY MUSHROOM SOUP					
			MUFFIN		-   -			-				SLICED CAKE	-	SLICED CAKE					Ш
Information &	Privilege:		1 1	_					1			<del></del>	- 1 1	1	_		•	_	

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					6	-	net.	EEK	3	40				3					-
F GROUP	MONDAY 9-Jun-25	т v	D E G	TUESDAY 10-Jun-25	r v c	D E G	WEDNESDAY 11-Jun-25	V D	E G	THURSDAY 12-Jun-25	r v d	FRIDAY 13-Jun-25	т v	E G	SATURDAY 14-Jun-25	τv	D E	SUNDAY 15-Jun-25	H
Z.	HOMEMADE PANCAKE	~	, ,	SUNNY SIDE UP	١.		SOFT BUN	~		TORTILLA	v	QUICHE LORAINE			MAC AND CHEESE				7
WESTE	HONEY	J	J	BAKED BEAN & SLICE BREAD	٠.		KAYA & BUTTER		, ,	VEGETABLE CASSEROLS		BAKED BEAN	-						1
z	MEE MAMAK STYLE	,	, ,	KAMPUNG FRIED RICE	-		NASI LEMAK WITH CONDIMENT	~	, ,	TOMYAM FRIED RICE	-	STIR FRIED RAMEN	-	, ,	STIR FRIED MEE	v		,	7
ASIA					,	,		,	-										7
CEREAL	2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK		2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK	1
SOUP	YEE MEE SOUP			KUEW TEOW SOUP			RAMEN SOUP			VERMICILLI SOUP		MEE SOUP						DRY PAN MEE	
тне рау	POTATO & LEEK	v	, ,	CREAMY CARROT SOUP			CAULIFLOWER SOUP	,	, ,	CREAMY PUMPKIN SOUP	J	CHINESE HOT AND SOUR SOUP	,			,		CHINESE HOT AND SOUR SOUP	
Ą	MIX SALAD OF THE DAY	~		MIX SALAD OF THE DAY			MIX SALAD OF THE DAY	~ ~		MIX SALAD OF THE DAY	~ ~	MIX SALAD OF THE DAY	~		MIX SALAD OF THE DAY	-		MIX SALAD OF THE DAY	Ī
SAL	2 CHOICES OF TOPPING			2 CHOICES OF TOPPING			2 CHOICES OF TOPPING	~		2 CHOICES OF TOPPING	~	2 CHOICES OF TOPPING			2 CHOICES OF TOPPING			2 CHOICES OF TOPPING	
	2 CHOICES OF DRESSING	~		2 CHOICES OF DRESSING			2 CHOICES OF DRESSING	~ ~		2 CHOICES OF DRESSING	~ ~	2 CHOICES OF DRESSING	~		2 CHOICES OF DRESSING	,		2 CHOICES OF DRESSING	
												ITALIAN SPECIAL MENU							
Z.	ROASTED ROSEMARY CHICKEN WITH		v	BALSAMIC GLAZE FISH			NASHVILLE FRIED CHICKEN WITH HOT	,	-	SALMON CREAMY CARBONARA	_		П		GRILLED FISH WITH LEMON SAUCE				-
VESTE	BROWN SAUCE STEAM BROCOLLI WITH CORN	,		CARROT VINCHY	, ,	, , ,	SAUCE ROASTED MIX VEGETABLE			SAUTEED FRENCH BEAN	, ,	ITALIAN SAUSAGES & PEPPER FRITATA	_		BUTTER RICE	J		,	-
	MASHED POTATO			TRIO BAKED SWEET POTATO			ROASTED POTATOES WEDGES			GARLIC PASTA		AFOGATO	_		MIXED VEGETABLE				-
	W. GILLET GIVITE		TI	THIS STATES SWEET TO THIS			NO/STED TO MICES WEDGES		LiLi	O'ALECT TOTAL		ITALIAN SPECIAL MENU		T.L.	WINES VEGETABLE				-
	TANDOOD FIGURETH ONION CHUTNEY		Т.Г.	PAD KRA PAO	П	П	FRIED FISH WITH SALTED EGG	П	LT.	MONGOLIAN CHICKEN		CAPRESE CHICKEN SALTIMBOCCA		П.	GINGER CHICKEN WITH DARK SOY			TOMATO RICE	-
ASIAN	TANDOORI FISH WITH ONION CHUTNEY		-		H	1	CHINESE CABBAGE &OYSTER								SAUCE		ľ		-
	CUCUMBER RAITA	•	V V	THAI VEGETABLE STIR FRY	, ,	, , ,	MUSHROOM	<i>y y</i>	,	STIR FRY LONG BEAN	7 7	CAPRESE SALAD	•		STIR FRY TAU MIU BEAN SPROUT	ď		AYAM MASAK MERAH	-
	GHEE RICE	~	·	STEAM WHITE RICE	-		FRAGRANT WHITE RICE	~ ~	~ ~	FRAGRANT WHITE RICE	~ ~	CHICKEN FLORENTINE PASTA		-   -   -	FRAGRANT WHITE RICE	~	· ·	CUCUMBER PINEAPPLE PICKLE	_
ξ.				T								ITALIAN SPECIAL MENU							_
AKI	TOFU MASSALA	~	~ ~	THAI COCONUT CURRY (VEGETERIAN CHICKEN)	٠.	~ ~	CHICKEN BUTTER MILK	~	~	VEGAN MAPO TOFU	~		~		CRISPY PAPADOM	~		VEGETARIAN FRIED RICE	_
25	ALOO GOBI	~		PAD PAK RUAM	٠,		STIR FRIED SAWI	~		STIR FRIED STRING BEAN		FOUR SEASON PIZZA	~		VEGETARIAN SPRING ROLL	~		•	_
	GHEE RICE	~	~ ~	STEAM WHITE RICE			FRAGRANT WHITE RICE	~ ~		STEAM WHITE RICE	~ ~	·   •	-			-	·	FRENCH FRIES	
DESSERT	FRUITS	,	, ,	FRUITS	,	, ,	FRUITS	, ,	,	FRUITS	, ,	ICE CREAM OF THE DAY WITH BREAD	,		SAGU GULA MELAKA	·		ORANGE	
	CHICKEN MARYLAND	~		GARLIC RICE CHICKEN		П	BREADED FISH FILLET			ALA CARTE COUNTER HOMEMADE		PENNE AGLIO OLIO	-		HERBS ROASTED FISH	-		JAPANSE RICE	
	AGLIO OLIO PASTA			NANBAN WITH TARTAR SAUCE			CREAMY CHEEZY SAUCE			GRILLED CHICKEN BURGER		GRILLED CHICKEN WITH BBQ SAUCE			SPAGHETTI ALFREDO			TERIYAKI CHICKEN	
	BUTTER HERB BROCCOLI			CHAWANMUNSHI EGG			ROASTED SWEET POTATO			4 TYPE CONDIMENT		STIRFRY FRENCH BEAN			GARLIC BREAD			BRAISED SIEW PAK CHOI	
	MUSHROOM SOUP			TEPANYAKI VEGGIE			PUMPKIN SOUP			TOMATO SOUP		CREAMY CHICKEN SOUP			MUSHROOM SOUP			SHIITAKE DASHI (JAPANESE BROTH)	
	GARLIC BREAD			FRESH CUT FRUITS			DINNER BUN			MINI MUFFIN		BANANA			FRUIT COCKTAIL			DIM SUM	
	ORANGE						SLICED YELLOW WATERMELON		Πİ										Τ

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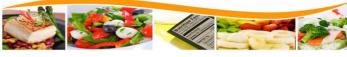
T: TRAFFIC LIGHT SYSTEM
V: VEGETARIAN D: DAIRY FREE

E: EGG FREE G: GLUTEN FREE















Section 1		1000					WEEK.	-			6									-	
E OF GROUP	MONDAY 16-Jun-25	T V D	E G	TUESDAY 17-Jun-25	T V D	E G	WEDNESDAY 18-Jun-25	rν	D E	THURSDAY 19-Jun-25	т	V D E	G FRIDAY 20-Jun-25	τv	E	G SATURDAY 21-Jun-25	тν	D E	G SUNDAY 22-Jun-25	T y	v
Z.	SCRAMBLE EGG	-		SUNNY SIDE UP	-	~	FRENCH TOAST	-	П	OAT PANCAKE		П	TORTILLA		П	AMERICAN BREAKFAST	Г			T	T
WESTE	BAKED BEAN AND SLICED BREAD	v	-	SLICE BREAD WITH VEGE STEW		,	TUNA FILLING	~	J J .	HONEY			VEGETABLE CASSEROLS				J		•		
N N	FRIED RAMEN	-		MEE MAMAK	~	,	TOMYAM FRIED FRIED	~	٠.	SINGAPORE FRIED VERMICILLI			CHAR HOR FUN				-	-	✓ MEE CURRY		~
ASI					~	`		~	~								-	~	-		_
CEREAL	2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK		
NOODLE	YEE MEE NOODLE SOUP			KUEW TEOW SOUP			RAMEN NOODLE SOUP			MEE SOUP			VERMICILLI SOUP			CHICKEN PORRIDGE		J	✓ CHICKEN SOTO SOUP		
SOUP OF THE DAY	BROCOLLI SOUP	-		CHINESE EGG DROP SOUP	·		CREAMY CARROT SOUP	~		CREAMY CORN SOUP			SEAFOOD CHOWDER			CREAM CORN SOUP	v	-	POTATO & LEEK SOUP		,
																				_	
PD	MIX SALAD OF THE DAY		-	MIX SALAD OF THE DAY		٠,	MIX SALAD OF THE DAY	~	J J .	MIX SALAD OF THE DAY			✓ MIX SALAD OF THE DAY			MIX SALAD OF THE DAY	-		✓ MIX SALAD OF THE DAY	Ŀ	
A.	2 CHOICES OF TOPPING	,		2 CHOICES OF TOPPING	~		2 CHOICES OF TOPPING		J J .	2 CHOICES OF TOPPING		~ ~	2 CHOICES OF TOPPING			2 CHOICES OF TOPPING			✓ 2 CHOICES OF TOPPING		
	2 CHOICES OF DRESSING		-	2 CHOICES OF DRESSING		, ,	2 CHOICES OF DRESSING	~	J .	2 CHOICES OF DRESSING			✓ 2 CHOICES OF DRESSING			✓ 2 CHOICES OF DRESSING	-		✓ 2 CHOICES OF DRESSING		
ERN	PAN - SEARED TALAPIA IN TOMATO BASIL SAUCE	-		CHICKEN STROGANOFF	-	-	LEMON GARLIC BAKED FISH			SLOW COOKER MOROCCAN CHICKEN			BEEF STEW		П	GRILLED FISH WITH TOMATO CONCASSE	Г		·		
WEST	CUCUMBER ONION SALAD	-		BUTTERED BROCCOLI & CARROT		, ,	SAUTEED SPINACH	,	J J .	PAN FRIED BROCOLLI			CAPONATA			STEAMED VEGETABLES	-		•	T	
	ROASTED POTATO			MASHED POTATO		, ,	GRILLED POTATO	,	J J .	MEXICAN GREEN RICE			ROASTED SWEET POTATO			GARLIC BREAD			•		
															1_1_			<u>- L</u>		_	
3	HONEY CHICKEN CHINESE STYLE	-	,	SWEET AND SOUR FISH	-		MONGOLIAN CHICKEN			SIZZLING GINGER STEAM FISH		Ш	MUGHLAI CHICKEN CURRY		П			-	HAINANESE CHICKEN RICE		
ASI/	STIR FRY CABBAGE			SAUTEED MIX VEGETABLES		, ,	STIR FRIED BEAN SPROUT WITH TOFU	~	J .	SIEW PAK CHOY			CUCUMBER TOMATO RAITA				-		GRILLED MARINATED CHICKEN	П	ĺ
	FRAGRANT WHITE RICE			FRAGRANT WHITE RICE	~ ~	, ,	FRAGRANT WHITE RICE	~	J J .	STEAM WHITE RICE			STEAM WHITE RICE				-		CONDIMENTS		
									1 1						11-					_	_
ARIAN	LAMB VEGE CURRY		-	STIR FRIED TOFU		,	CHETTINAD PUMPKIN CURRY	-	-	CHICKEN VEGE KORMA			SOFT TOFU WITH SOY SAUCE			STIR FRY VEGETARIAN GLASS NOODLE	-	П	PAPADOM		Ī
ÆGET/	CHANA MASALA		-	EGGPANT GREEN CURRY		, ,	GOBI MASSALA	,	٠.	STIIR FRY CABBAGE WITH MUSHROOM			KAILAN WITH OYSTER SAUCE	П			-		SAMBAL TUMIS EGG PLANT		
	STEAM RICE			STEAM RICE		, ,	FRAGRANT WHITE RICE	v	J J .	STIR FRIED NOODLES			NAAN BREAD				-		FRIED VEGETARIAN NOODLES		
DESSERT	FRUITS			FRUITS		,	FRUITS	,		FRUITS			BUBUR CHACHA			WATERMELON	J		✓ BUBUR KACANG		
	SPAGHETTI WITH NAPOLITANA SAUCE					, ,	CHICKEN FRICASSEE	-	J J .	BBQ CHICKEN WING			GRILLED SEA BASS WITH SWEET SAMBAL		, ,	CHICKEN CARBONARA	_		RAMEN		
	ROSEMARY CHICKEN PARMIGIANA						CHEESE MASHED POTATO			CHICKEN NUGGETS		Ш	STEAMED RICE		Ħ	CHICKEN BOLOGNESE			KOREAN FRIED CHICKEN		
£	ONION SOUP			ALA CARTE COUNTER			BOILED VEGGIE			POTATO WEDGES			STIR FRIED KAILAN			TWO TYPE OF PASTA			KIM CHI		
DIN	ROASTED VEGGIE		$\dagger$	CHAR KOEY TEAW			CHIVE GARLIC NAAN		$\dagger \dagger$	MUSHROOM SOUP	Ì	$\mathbb{H}$	TOMYAM SOUP		Ħ	PUMPKIN SOUP		Ħ	SUNDUBU JJIGAE	ĺ	
	MIXED SALAD		H				WATERMELON	Ħ	Ħ	MANGO LASSI		HI	HONEYDEW		Ħ	ORANGE		Ħ			
	DRAGON FRUIT		, ,		_	,		_	,								H	, ,			
ation & Priv			Ш		T. TRACC'	C Die.	IT SYSTEM		$\perp$									لل			-
nay change ool Healthy inly bake, gi not add MS	HALAL Compilant according to food supply seasons and a Food Guidelines: rill, steam, lightly stir fry or boil our foo G (Monosodium Glutamate) to our cool ed fat, sugar, salt & artificial colouring i	ds. Deep	fryin	g is limited within our menu cycle.	V: VEGETA D: DAIRY I E: EGG FRI G: GLUTER	ARIAN FREE EE	G	REE		CHOOSE CAREFULLY LIMIT CO	RED	JMPTION			-					NAME OF THE PERSON NAME OF THE P	

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TYPE OF GROUP	MONDAY 23-Jun-25	т \	D E	G TUESDAY 24-Jun-25	τv	D E	G WEDNESDAY 25-Jun-25	τV	D E	THURSDAY 26-Jun-25	τv	D E G	FRIDAY 27-Jun-25	T V D	E G	SATURDAY 28-Jun-25	T V D	E G SUNDAY 1	T V D
2	FRENCH TOAST	١.		TUNA MAYO SANDWICH		J J	2 CHOICES OF CEREALS	-	٧.	PANCAKE		~ ~	FRENCH TOAST	-		TORTILLA	П	SLICE BREAD	П
WESTE	JAM OR BUTTER	,		SCRAMBLED EGG			FULL CREAM MILK	-	,	HONEY	J		TUNA FILLING	٠.		VEGETABLE CASSEROLS		BAKED BEAN & SUNNY SIDE UP	
¥ ¥	YOUNG CHOW FRIED RICE			✓ MUSHROOM FRIED RICE	-	٠.	FRIED RAMEN	~	٠,	SINGAPORE FRIED VERMICILLI	,		TOMYAM FRIED RICE	-	, ,	YONG CHOW FRIED RICE		MEE MAMAK STYLE	
ASIAN											,			~	~				
CEREAL	2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK		2 TYPE OF CEREAL WITH FRESH MILK	
SOUP	TOM YUM MEE SOUP		-	KUEW TEOW SOUP			YEE MEE NOODLE SOUP			KUEW TEOW SOUP			RAMEN NOODLE SOUP			VERMICILLI SOUP		MEE SOUP	
SOUP OF THE DAY	CHINESE EGG DROP SOUP	,		MUSHROOM SOUP	-	•	BROCOLLI SOUP	,	٠,	CHINESE EGG DROP SOUP			CREAMY CARROT SOUP	-	, ,	CREAMY CORN SOUP		BROCOLLI SOUP	
						1 1													
P P	MIX SALAD OF THE DAY	1		MIX SALAD OF THE DAY	~		MIX SALAD OF THE DAY	~		MIX SALAD OF THE DAY	~		MIX SALAD OF THE DAY			MIX SALAD OF THE DAY		MIX SALAD OF THE DAY	
ds.	2 CHOICES OF TOPPING		~ ~	2 CHOICES OF TOPPING		J J .	2 CHOICES OF TOPPING		· · ·	2 CHOICES OF TOPPING			2 CHOICES OF TOPPING	~		2 CHOICES OF TOPPING	-	2 CHOICES OF TOPPING	,
	2 CHOICES OF DRESSING	,		✓ 2 CHOICES OF DRESSING	~		2 CHOICES OF DRESSING	~	· · ·	2 CHOICES OF DRESSING	~		2 CHOICES OF DRESSING			2 CHOICES OF DRESSING		2 CHOICES OF DRESSING	
ERN	HONEY GARLIC GLAZED FISH		~	ROASTED CHICKEN WITH BROWN SAUCE		,	FISH FINGER WITH TARTAR SAUCE		~ ~	ONE - PAN CHICKEN WITH TOMATO AND POTATOES			BAKED TILAPIA WITH CORN SALSA			CHICKEN FAJITA	-	FISH FINGER	
WES	CUCUMBER ONION SALAD			BUTTERED BROCCOLI & CARROT	-	J J .	GARDEN SALAD	~		CREAMY SAUTEED SPINACH			GARDEN SALAD			CORN AND TOMATO SALSA		GREEN PEAS WITH CARROT	· .
	ROASTED CAJUN POTATO	,		✓ PILLAF RICE	-	J J .	AGLIO OLIO	-	, ,	POTATO WEDGES			GREEN PEAS RICE			POTATO WEDGES		POTATO WEDGES	٠.
2	CRISPY SESAME CHICKEN			SWEET AND SOUR FISH		-	HONEY CHICKEN MAMAK STYLE		٠,	SALTED EGG WITH FISH			CHICKEN POPCORN					CHICKEN KARAAGE	Π.
ASI	STIR FRY CABBAGE			SAUTEED MIX VEGETABLES	,	J .	STIR FRIED CABBAGE WITH CARROT	-	,	FRENCH BEAN WITH CARROT			COLESLAW					JAPANESE CABBAGE SALAD	٠.
	FRAGRANT WHITE RICE			FRAGRANT WHITE RICE	-	J J .	FRAGRANT WHITE RICE	-		STEAM WHITE RICE			BAKED POTATO					FRAGRANT WHITE RICE	٠.
															l - l -				
RIAN	EASY VEGAN KORMA CHICKEN			TOFU MASALA	-	, ,	VEGETARIAN LAMB STEW	,	,	KOREAN SPICY TOFU			CURRY TOFU			NESTUM VEGETARIN CHICKEN	-	POTATO & CARROT VEGETARIAN LAMB STEW	-
EGET/	STIR FRIED CABBAGE	Π.		STIR FRIED SAWI	,	J .	STEAM FLORET	,	,	LONG CABBAGE WITH OYSTER MUSHROOM			STIR FRY SAWI			STIR FRIED CHOI SUM		STIR FRIED MIX VEGE	,
1	ROASTED PUMPKIN WITH ONION	Π.		STEAM WHITE RICE	,	J .	FRAGRANT WHITE RICE	,	, , ,	STIR FRY VERMICILLI			GREEAN PEAS RICE			FRAGRANT WHITE RICE		FRAGRANT WHITE RICE	~
DESSERT	FRUITS			FRUITS	J	J J .	FRUITS	-	,	FRUITS			FRUITS			ORANGE		FRESH CUT FRUITS	٠.
	BEEF LASAGNA			KAM HEONG CHICKEN	-	J J	GRILLED FISH FILLET	·		CLAYPOT CHICKEN RICE	J			٠.		BEEF STEW		✓ ✓ MALACCA ASAM FISH	-
	FRENCH FRIES			BRAISED SOFT TOFU IN EGG SAUCE			LEMON BUTTER SAUCE			BRAISED SOY CHICKEN		Ш				DINNER BUN		MILD CHILLI BRINJAL	
E E	GARDEN SALAD			SAUTEED SPINACH WITH GARLIC		П	PENNE AGLIO OLIO			FISHBALL SOUP		Ш				MASHED POTATO	П	BRAISED TOFU	
DIN	MUSHROOM SOUP		Ш	STEAMED RICE			TRIO BAKED SWEET POTATO HONEY GLAZED			CHICKEN FLOSS YAOMAK			YONG TOFU NIGHT			COLESLAW		STEAMED RICE	
	GARLIC BREAD			BREAD BUTTER PUDDING			FRUIT COCKTAIL			MIXED SALAD					Ш	THAI BEEF BROTH		AGLIO OLIO PASTA	
	WATERMELON			-	,	~		~	,	HONEYDEW SAGO				-	-	BANANA	-	MUFFIN	-
mation & Priv	lege:			1			1	_					1						4

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D: DAIRY FREE
E: EGG FREE
G: GLUTEN FREE















		1000				EEK 6					
TYPE OF GROUP	MONDAY 30-Jun-25	T V D	E G TUESDAY 1-Jul-25	T V D I	G WEDNESDAY 2-Jul-25	тт	V D E	THURSDAY 3-Jul-25	т v і	E G FRIDAY T V D E G	SATURDAY T V D E G SUNDAY T V D E G 6-Jul-25
RN	FRENCH TOAST	-	130.23		2,41.23			3 341 23		730.25	530.25
WESTE	JAM OR BUTTER										
NACK	YOUNG CHOW FRIED RICE	-	· ·								
MORNINGS	2 TYPE OF CEREAL WITH FRESH MILK										
NOODLE	TOM YUM MEE SOUP	Ý									
SOUP OF THE DAY	CHINESE EGG DROP SOUP	-									
g.	MIX SALAD OF THE DAY		v								
SAL	2 CHOICES OF TOPPING	-									
	2 CHOICES OF DRESSING										
TERN	PARMESAN CRUSTED FISH		<b>~</b>								
WES	TOMATO SALAD & DRESSING	-									
	BAKED POTATO WITH PARSLEY		v v								
ž 3											
IAN	AYAM MASAK MERAH		· ·								
AS	STIR FRY MIXED VEGGIE										
	FRAGRANTTOMATO RICE		v v								
_											
ARIAN	VEGETARIAN CRUSTED FISH										
VEGE	TOMATO SALAD DRESSING										
	BAKE POTATO WITH PARSLEY		v v								
DESSERT	SLICE BANANA CAKE										
	BEEF BOLOGNESE		~   ~								
	GARLIC BUTTER PASTA										
Ä	GARDEN SALAD										
DINA	MUSHROOM SOUP										
	GARLIC BREAD										
	WATERMELON										
formation & Priv	vilege:				• •						

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	MONDAY			THESDAY			WEDNIESDAY			THURSDAY			FRIDAY	_			4	Æ	CHAIDAY	7	7
TYPE OF GROU	P MONDAY 30-Jun-25	T V D	EG	TUESDAY 1-Jul-25	T۱	V D E	G WEDNESDAY 2-Jul-25	T V C	E	G THURSDAY 3-Jul-25	TV	DE	G FRIDAY 4-Jul-25	T V D	E G	SATURDAY 5-Jul-25	τv	D E	G SUNDAY 6-Jul-25	TV	D
ERN		-		PAN CAKE			GRILLED CHICKEN SLICED	-		GRILLED SLICE CHICKEN			EGG BURITO	-	,	AMERICAN BREAKFAST	П	~ ~	EGG OMELETTE		, ,
WESTE				BUTTER AND HONEY	,		BREAKFAST BUN	٠.		SCRAMBLED EGG					, ,		v	~ ~	✓ TOASTED SLICE BREAD		
CK AN		,	, ,	PRATA BREAD	,		✓ KAMPUNG FRIED RICE			✓ STIR FRY HOR FUN	~		STIR FRIED RAMEN	,			-	-	SINGAPORE FRIED MEE HOON		
G SNACK ASIAN				DHALL CURRY CURRY	,	, ,											-	-	•		
MORNIN				2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK			2 TYPE OF CEREAL WITH FRESH MILK		
NOODLE		J		KUEW TEOW SOUP		,	THAI CHICKEN SOUP	ļ		FISH PORRIDGE SOUP		•	DRY PAN MEE	,	, ,	CHICKEN PORRIDGE		,	✓ YELLOW MEE WITH CHICKEN SOUP		,
SOUP OF THE DAY		v		PUMPKIN SOUP	,		POTATO SOUP		,	CREAMY BROCCOLI SOUP	·		CHINESE HOT AND SOUR SOUP	v		CREAM CORN SOUP	v	-		·	
Pρ				MIX SALAD OF THE DAY			✓ MIX SALAD OF THE DAY	٠.		✓ MIX SALAD OF THE DAY	~		MIX SALAD OF THE DAY			MIX SALAD OF THE DAY	-		MIX SALAD OF THE DAY	-	, ,
SAI				2 CHOICES OF TOPPING		, ,		-	, ,	2 CHOICES OF TOPPING		J J	2 CHOICES OF TOPPING	~		2 CHOICES OF TOPPING			2 CHOICES OF TOPPING		~
				2 CHOICES OF DRESSING	١,		2 CHOICES OF DRESSING	٠.		2 CHOICES OF DRESSING	-		2 CHOICES OF DRESSING			2 CHOICES OF DRESSING	-		2 CHOICES OF DRESSING	٠	-
													FRIDAY WESTERN SPECIAL								Ī
ERN			~	FISH FINGER			CHICKEN MARYLAND	,	, ,	GRILLED FISH WITH TOMATO CONCASSE		J .	BEEF LASAGNA			GRILLED FISH WITH TOMATO CONCASSE	П		-		Ī
WEST		-		GREEN PEAS WITH CARROT			✓ GRATIN POTATO	٠.	, ,	STEAMED VEGETABLES	~		MIXED SALAD			STEAMED VEGETABLES	,		-	٠	, .
				POTATO WEDGES			✓ CAESER SALAD	٠.	, ,	GARLIC BREAD	~		FRENCH FRIES			GARLIC BREAD	,		-		, .
IONC												1_1_1	FRIDAY FLAVOR RICE SPECIAL								Ī
Z.			, ,	CHICKEN KARAAGE		-	FISH MASALA		-	CHICKEN KATSU		-	NASI LEMAK		, ,			,	ROASTED CHICKEN		,
ASI			, , ,	JAPANESE CABBAGE SALAD	١,		✓ ACAR JELATAH	٠.	, ,	JAPANESE VEGETABLE CURRY	~		SAMBAL AND CONDIMENTS				,	J J	SLICED TOMATO, CUCUMBER AND JULIENNE LETTUCE	٠.	, ,
				FRAGRANT WHITE RICE	١.		FRAGRANT WHITE RICE	٠.	, ,	FRAGRANT WHITE RICE	~		AYAM BEREMPAH				,			٠.	, ,
			-11										FRIDAY VEGETARIN SPECIAL								T
RIAN				POTATO & CARROT VEGETARIAN LAMB STEW			VEGETABLE CRACKERS	-		STEAM SOFT TOFU WITH GINGER SOY SAUCE	~		VEGETARIAN LASAGNA			STIR FRY VEGETARIAN GLASS NOODLE	,	П	VEGETARIN LAMB MOCK MEAT TAGINE	Ī.	٠.
EGETA				STIR FRIED MIX VEGE		, , ,	✓ POTATO SAMOSA		, ,	STIR FRIED CHOI SUM	,		MIXED SALAD	v					✓ CARROT GLAZE WITH ONION	Ī,	,
>				FRAGRANT WHITE RICE	١,	, , ,	FRIED VEGETARIAN GLASS NOODLES		, ,	✓ FRAGRANT WHITE RICE	,		FRENCH FRIES	v			,		couscous	١.	
DESSERT				FRESH CUT FRUITS	,		→ BREAD BUTTER PUDDING			FRESH CUT WATERMELON	,		HONEYDEW	-		WATERMELON	J		✓ FRUITS SALAD		
				MALACCA ASAM FISH		, , ,	■ BLACK PEPPER BEEF STEW	٠.	, ,	✓ BREADED FISH	v		ALA CARTE COUNTER CURRY MEE WITH		, ,	CHICKEN CARBONARA	,	· ·	STEAMED RICE		T
				MILD CHILLI BRINJAL			BUTTER RICE		H	POTATO GRATIN	ľ		CONDIMENT		Ħ	CHICKEN BOLOGNESE		Ħ	CHICKEN PAD - KRAPAU		t
Æ				BRAISED TOFU		Ħ	BAKED POTATO		Ħ	COLESLAW			SALAD		Ħ	TWO TYPE OF PASTA		T	SEAFOOD TOMYAM		Ť
DIN				STEAMED RICE		Ħ	AGLIO OLIO PSTA		H	TOMYAM FRIED RICE			BANANA			PUMPKIN SOUP		ī	SOMTAM		t
				AGLIO OLIO PASTA		$\dagger \dagger$	FRESH CUT FRUITS			BANANA						ORANGE		Ħ	FRUIT SALAD		t
				MUFFIN	Ħ,	, ,	GARDEN SALAD	_	_					-			П			Ī.	,†
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## TERMS 3 2024/2025 END SCHOOL HOLIDAY 7 JULY - 21 AUGUST 2025