





ESTERN BAKE	JP MON 1-Dec		TVDE	G TUESDAY	TVDF	WEDNESDAY .	τv	D E	THURSDAY		FRIDAY		SATURDAY			SUNDAY		
ESTERN		25		2-Dec-25	. • • -	3-Dec-25	י ו'	1	4-Dec-25	T V D	5-Dec-25	TVDE	6-Dec-25	TV	/ E G	7-Dec-25	TV	D E
ESTE	Z MONTE CRISTO			✓ WAFFLES		TUNA SANDWICH	,		TORTILLA		VEGETABLE QUICHE		AMERICAN BREAKFAST	,	, ,			
3				HONEY AND JAM		-	,		✓ VEGETABLE CASSEROLS		BAKED BEAN WITH SLICE BREAD			٠.				
NACK	FRIED R	MEN		✓ SINGAPORE FRIED VERMICILLI		✓ TOMYAM FRIED RICE	~	-	✓ YONG CHOW FRIED RICE		CHAR HOR FUN			-		MEE CURRY	-	~
AS							~	~						-				
MORNIN	CEREAL OF THE DAY	VITH FRESH MILK		CEREAL OF THE DAY WITH FRESH MILK		CEREAL OF THE DAY WITH FRESH MILK			CEREAL OF THE DAY WITH FRESH MILK		CEREAL OF THE DAY WITH FRESH MILK		CEREAL OF THE DAY WITH FRESH MILK			CEREAL OF THE DAY WITH FRESH MILK	:	
NOODLE	YEE MEE NO	DLE SOUP		KOEY TEOW SOUP		RAMEN NOODLE SOUP			VERMICILLI SOUP		WANTAN SOUP		CHICKEN PORRIDGE		, ,	CHICKEN SOTO SOUP		, ,
SOUP OF THE	BROCOLL	SOUP		RAMSAM		CREAMY CARROT SOUP	~	-	CREAMY CORN SOUP		CREAM MUSHROOM SOUP		CREAM CORN SOUP	~	,	POTATO & LEEK SOUP	-	,
																	_	
P P	MIX SALAD C	THE DAY		MIX SALAD OF THE DAY		✓ MIX SALAD OF THE DAY	~	~ ~	✓ MIX SALAD OF THE DAY	~ ~	✓ ✓ MIX SALAD OF THE DAY		MIX SALAD OF THE DAY	٠.	, , ,	MIX SALAD OF THE DAY	v	
S.	2 CHOICES O	TOPPING		✓ 2 CHOICES OF TOPPING		✓ 2 CHOICES OF TOPPING		-	✓ 2 CHOICES OF TOPPING	~	2 CHOICES OF TOPPING		✓ 2 CHOICES OF TOPPING	,	, , ,	2 CHOICES OF TOPPING		
	2 CHOICES O	DRESSING		✓ 2 CHOICES OF DRESSING		✓ 2 CHOICES OF DRESSING	~	~ ~	✓ 2 CHOICES OF DRESSING		✓ ✓ 2 CHOICES OF DRESSING		✓ 2 CHOICES OF DRESSING	٠,	, , ,	2 CHOICES OF DRESSING	-	
											FISH AND CHIP							
ERN	ROASTED CHICKEI			FISH FINGER WITH TARTAR SAUCE		ONE - PAN CHICKEN WITH TOMATO AND POTATOES			HONEY APPLE CHICKEN WITH HERBS	-	COSELOW		GRILLED FISH WITH TOMATO CONCASSE	١,			-	ارار
WES.	BUTTERED BROCK	OLI & CARROT		✓ GARDEN SALAD		✓ CREAMY SAUTEED SPINACH			BUTTERED RICE	~	BOUQUETTE SALAD		STEAMED VEGETABLES	٠,	, , ,			,
_	PILLAF	ICE		✓ AGLIO OLIO		✓ POTATO WEDGES			MIXED SALAD	· ·	-		GARLIC BREAD	٠.	, , ,		,	, ,
D C C C C C C C C C C C C C C C C C C C											NASI HUJAN PANAS							
3	SWEET AND	OUR FISH	-	HONEY CHICKEN MAMAK STYLE	-	✓ SALTED EGG WITH FISH			CHICKEN WITH GINGER SAUCE	~	CHICKEN RENDANG				-	HAINANESE CHICKEN RICE		-
AS.	SAUTEED MIX	EGETABLES		✓ STIR FRIED CABBAGE WITH CARROT		FRENCH BEAN WITH CARROT			NASI HUJAN PANAS		ACAR MENTAH			٠.		GRILLED MARINATED CHICKEN	П	
	FRAGRANT V	HITE RICE		FRAGRANT WHITE RICE		✓ STEAM WHITE RICE			SAYUR CAMPUR		-			٠.		CONDIMENTS	,	
									1 1	STEAM BOK CHOY			-1-1-	-11				
RIAN	TOFU M	SALA		VEGETARIAN LAMB STEW		KOREAN SPICY TOFU			TOFU WITH APPLE SAUCE	J ,	TOFU WITH MUSHROOM		STIR FRY VEGETARIAN GLASS NOODLE	~	П	PAPADOM	-	
EGET/	STIR FRIE	SAWI		✓ STEAM FLORET		LONG CABBAGE WITH OYSTER MUSHROOM			NASI HUJAN PANAS	<i>-</i>	STEAM BROCCOLI AND CAULIFLOWER			٠.		SAMBAL TUMIS EGG PLANT	J	, ,
>	STEAM WE	TE RICE		FRAGRANT WHITE RICE		✓ STIR FRY VERMICILLI			APPLE SALAD	<i>-</i>	CUT FRUIT IN BOWL			٠.		FRIED VEGETARIAN NOODLES	J	, ,
DESSERT	CUT FRUITS	N BOWL		CUT FRUITS IN BOWL		CUT FRUITS IN BOWL			APPLE		RED APPLE	,	WATERMELON			BUBUR KACANG	,	
	CHICKEN KA	U CURRY		✓ TOMYAM SOUP		~	~	J J	NAAN BREAD WITH CHICKEN TANDORI	, ,	GRILLED SEA BASS WITH SWEET SAMBAL		CHICKEN CARBONARA	٠.		RAMEN	,	
	JAPANES	RICE		CHICKEN SOUP		MAKE YOUR OWN WRAP		\dagger	CONDIMENT		STEAMED RICE		CHICKEN BOLOGNESE		$\dagger \dagger$	KOREAN FRIED CHICKEN		+
85	STIR FRIED	AU MIU		3 TYPE OF NOODLES WITH CONDIMENT		SALAD		\dagger	SUP KAMBING BEREMPAH		STIR FRIED KAILAN		TWO TYPE OF PASTA		\dagger	KIM CHI	Ħ	H
DINN	MISO S)UP		BREAD BUTTER PUDDING		ONION SOUP			DINNER BUN		TOMYAM SOUP		PUMPKIN SOUP		\dagger	SUNDUBU JJIGAE		H
	MIXED S	LAD				MINI MUFFIN		$\dagger \dagger$	MANGO LASSI		HONEYDEW		ORANGE		\dagger		Ħ	+
	DRAGON	RUIT					~	-		,	-			١.				

Information & Privilege:
All food served are HALAL compliant
Menu may change according to food supply seasons and availability
Delischool Healthy Food Guidelines:
We mainly bake, grill, steam, lighthy stir fry or boil our foods. Deep frying is limited within our menu cyc E. scor Reserved.
We do not add MSG (Monosodium Glutamate) to our cooked foods.
We reduce saturated fat, sugar, salt & artificial colouring in our cooking
Guaranteed nut free, palm-oil free, glutamate and MSG free

T: TRAFFIC LIGHT SYSTEM
V: VEGETARIAN
D: DAIRY FREE













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				manni.			WEEK 2													
TYPE OF GROUP	MONDAY 8-Dec-25	T V D E	G TUESDAY 9-Dec-25	T V	D E G	WEDNESDAY 10-Dec-25	TV	D E		T V C	D E G	FRIDAY 12-Dec-25	τv	D E	CATURDAY	V	E G SUNDAY 14-Dec-25	т у	D E	
RN	SCRAMBLE EGG WITH BAKED BEAN AND TOAST		TUNA AND CHEESE SANDWICH	П		VEGETABLE QUICHE	~		AMERICAN BREAKFAST	-		PANCAKE WITH HONEY	-	~	·	~	-	-		
WESTI				٠.		BAKED BEAN WITH SLICE BREAD	·	, ,	•			CUT FRUITS				, ,		-		
¥ %	SPICY FRIED RICE		CHINESE FRIED RICE	-		CHAR HOR FUN	-	,	✓ MUSHROOM FRIED RICE	-		SINGAPORE FRIED MEE HOON	,	,			-	-		
ASIAN				-	~					-									П	
MORNIN	CEREAL OF THE DAY WITH FRESH MILK		CEREAL OF THE DAY WITH FRESH MILK			CEREAL OF THE DAY WITH FRESH MILK			CEREAL OF THE DAY WITH FRESH MILK			CEREAL OF THE DAY WITH FRESH MILK								
NOODLE	BIHUN SOUP		YEE MEE SOUP			KUEY TEOW SOUP	·	,	RAMEN SOUP	,	,	KUEW TEOW SOUP		,	,	J	•			
SOUP OF THE DAY	CREAM POTATO SOUP		MUSHROOM SOUP	,	,	BROCOLLI SOUP			CREAM CORN SOUP	J	•	PUMPKIN SOUP	•	•		·				
																			Ш	
TAD	MIX SALAD OF THE DAY		MIX SALAD OF THE DAY			MIX SALAD OF THE DAY	~		✓ MIX SALAD OF THE DAY	٠,٠		MIX SALAD OF THE DAY	-		~		· ·			
ß	2 CHOICES OF TOPPING		2 CHOICES OF TOPPING			2 CHOICES OF TOPPING			✓ 2 CHOICES OF TOPPING	٠		2 CHOICES OF TOPPING				~	v v			
	2 CHOICES OF DRESSING		2 CHOICES OF DRESSING			2 CHOICES OF DRESSING	~		✓ 2 CHOICES OF DRESSING			2 CHOICES OF DRESSING	~	• •	•	~ ~	· ·			
	1																		Ш	
STERN	FISH FRILL WITH TERIYAKI SAUCE		POPCORN CHICKEN		~	BAKED FISH WITH LEMON BUTTER SAUCE			GRILLED CHICKEN WITH ROSEMARY SAUCE	٠		BEEF TAGINE		~	~	~	· ·		~	
WES	MASH POTATO WITH RAISIN		CORN IN MAYONAISE	~		GREEN PEAS WITH ONION	~		✓ STEAMED VEGETABLES			CARROT GLAZE WITH ONION	-		·	~ ~	· ·			
5	COSELOW		BAKED POTATO WITH CAJUN			AGLIO OLIO	~		✓ GREEN PEAS RICE			couscous	•		•	~ ~	· ·	-		
	1																		Ш	
SIAN	AYAM KICAP WITH POTATO		GINGER FISH CHINESE STYLE			CHICKEN CURRY WITH POTATO		-	FISH STEAM WITH SOY SAUCE		~	ROASTED CHICKEN		~ ~			•	-		
AS	SAWI WITH EGG		STIR FRY PAK CHOY			STIR FRY CABBAGE						SLICED TOMATO, CUCUMBER AND JULIENNE LETTUCE				~ ~				
	FRAGRANT RICE		FRAGRANT WHITE RICE			FRAGRANT WHITE RICE	-		✓ GHEE RICE			CHICKEN RICE	-		~	~ ~	· ·	-		
z																				
raria	PRAWN VEGETARIAN WITH POTATO		STEAM SOFT TOFU WITH GINGER SOY SAUCE	, .		VEGETARIAN LAMB STEW	~		TOFU CURRY	~		VEGETARIN MOCK MEAT TAGINE	-		-	~		_		
VEGE:	ROAST POTATO		STIR FRIED CHOI SUM			STIR FRIED MIX VEGE				٠.		CARROT GLAZE WITH ONION	-	-						
	STEAM BROCCOLI AND CAULIFLOWER		FRAGRANT WHITE RICE	· .		FRAGRANT WHITE RICE	~		BOILED LADY FINGER WITH GARLIC SOY SAUCE	٠.		couscous	-		~		· ·			
DESSERT	CUT FRUITS		CUT FRUITS	٠.	, ,	CUT FRUITS	ì	, ,	CUT FRUITS	,	, , ,	MINI MUFFIN	•			,		_	,	
	GRILLED FISH FILLET		ALA CARTE COUNTER HOMEMADE			CHICKEN KATSU CURRY			BLACK PEPPER BEEF STEW	, ,	- - -	CHICKEN MASALA	-			-			$\ \cdot\ $	
	LEMON BUTTER SAUCE		GRILLED CHICKEN BURGER			JAPANESE RICE			BUTTER RICE			BRIYANI RICE							Ш	
E	PENNE AGLIO OLIO		4 TYPE CONDIMENT			STIR FRIED TAU MIU			BAKED POTATO			STIR FRY MEEHOON		Ш					Ш	
DINN	TRIO BAKED SWEET POTATO HONEY GLAZED		TOMATO SOUP			MISO SOUP			AGLIO OLIO PSTA			DHALL VEGGIE CURRY		Ш					\Box	
	MIXED SALAD		MINI MUFFIN			MIXED SALAD			FRESH CUT FRUITS			JELLY PUDDING							Ш	
	PUMPKIN SOUP					DRAGON FRUIT			GARDEN SALAD	-	-	BANANA	-							
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