

     Prince of Wales Island International School WEEK 1														   															
TYPE OF GROUP		MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY				SUNDAY			
		5-Jan-26				6-Jan-26				7-Jan-26				8-Jan-26				9-Jan-26				10-Jan-26				11-Jan-26			
MORNING SNACK	WESTERN					FRENCH TOAST	✓	✓		AMERICAN BREAKFAST	✓	✓		PANCAKES	✓	✓		CROISSANT	✓	✓		CHEESE TOAST	✓	✓					
	ASIAN					TOAST & CEREAL	✓	✓	✓	TOAST & CEREAL	✓	✓	✓	TOAST & CEREAL	✓	✓	✓	TOAST & CEREAL	✓	✓	✓	TOAST & CEREAL				TOAST & CEREAL			
						TAMAGO RAMEN SOUP			✓	ANCHOVIES FRIED RICE	✓	✓		DUMPLING NOODLE SOUP	✓	✓	✓	MEE SOUP WITH CONDIMENT	✓	✓	✓	VERMICILLI SOUP				CANTONESE YEE MEE			
		VEGETARIAN					GARLIC FRIED RICE	✓	✓	✓	KOAY TEOW W EGG DROP SOUP	✓	✓	✓	TOMYAM FRIED RICE	✓	✓	✓	FRIED KUEY TIOU	✓	✓	✓	YONG CHOW FRIED RICE	✓	✓	✓	PRATA	✓	✓
																									VEGETARIAN DHALL				
LUNCH	SALAD																												
						MIX SALAD OF THE DAY	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓
						CHOICES OF TOPPING			✓	CHOICES OF TOPPING			✓	CHOICES OF TOPPING			✓	CHOICES OF TOPPING			✓	CHOICES OF TOPPING			✓	CHOICES OF TOPPING			✓
						CHOICES OF DRESSING			✓	CHOICES OF DRESSING			✓	CHOICES OF DRESSING			✓	CHOICES OF DRESSING			✓	CHOICES OF DRESSING			✓	CHOICES OF DRESSING			✓
	WESTERN																												
						HONEY GLAZE CHICKEN			✓	BAKED FISH WITH GARLIC SAUCE			✓	CHICKEN STRAGANOFF			✓	CREAMY HERB BAKED FISH			✓	CHICKEN FAJITA			✓	BAKED FISH PICATTA			✓
						GARLIC FRENCH BEAN AND CARROT	✓	✓	✓	CORN ON COB	✓	✓	✓	SIDE SALAD	✓	✓	✓	STEAMED BROCCOLI	✓	✓	✓	CORN AND TOMATO SALSA	✓	✓	✓	BAKED ZUCCHINI	✓	✓	✓
					FRIED PASTA	✓	✓	✓	CAJUN BAKED POTATO	✓	✓	✓	CORN ON CORB	✓	✓	✓	ROASTED CAJUN POTATO	✓	✓	✓	POTATO WEDGES	✓	✓	✓	MASHED POTATO	✓	✓	✓	
	ASIAN																												
						SWEET & SOUR FISH			✓	CHICKEN TERIYAKI SAUCE			✓	FRIED FISH WITH THAI SAUCE			✓	AYAM MASAK MERAH			✓	STEAM LIME FISH			✓	CHICKEN KARAAGE			✓
						SAUTEED KAILAN WITH GARLIC	✓	✓	✓	STIR FRIED BEAN SPROUT	✓	✓	✓	SAUTEED MIX VEGETABLES	✓	✓	✓	WHITE RICE	✓	✓	✓	BRAISED SIEW PAK CHOY	✓	✓	✓	JAPANESE CABBAGE SALAD	✓	✓	✓
						FRAGRANT WHITE RICE	✓	✓	✓	BUTTER RICE	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	SAUTEED MAMAK CABBAGE	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓
	VEGETARIAN																												
						SWEET SOUR SOFT TOFU	✓	✓	✓	VEGETARIAN LAMB TERIYAKI SAUCE	✓	✓	✓	BEANCURD WITH THAI SAUCE	✓	✓	✓	TOFU MASAK MERAH	✓	✓	✓	BAKED VEGETARIN CHICKEN	✓	✓	✓	VEGETARIAN LAMB PICATTA	✓	✓	✓
						SAUTEED CABBAGE	✓	✓	✓	SAUTEED MIX VEGITABLE	✓	✓	✓	FUCUK WITH GLASS NOODLE	✓	✓	✓	STIR FRIED BOK CHOY	✓	✓	✓	STIR FRIED CHOI SUM	✓	✓	✓	STIR FRIED MIX VEGE	✓	✓	✓
				STEAM WHITE RICE	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	STEAM WHITE RICE	✓	✓	✓	STEAM RICE	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓		
DINNER	DINNER					FRESH CUT FRUIT	✓	✓	✓	DESSERT OF THE DAY	✓	✓	BUBUR KACANG HIJAU	✓	✓	✓	FRESH CUT FRUIT	✓	✓	✓	DESSERT OF THE DAY	✓	✓	✓	BUBUR PULUT HITAM	✓	✓	✓	
						KAM HEONG CHICKEN			✓	GRILLED CHICKEN CACCIATORE			✓	PERCIK CHICKEN			✓					CHICKEN STEW			✓	DRIED CHILI CHIKEN			✓
						BRAISED SOFT TOFU IN EGG SAUCE	✓	✓	✓	STEAM BROCOLLI AND CALIFLOWER	✓	✓	✓	SAUTEED CHAI SIM	✓	✓	✓					DINNER BUN	✓	✓	✓	MILD CHILLI BRINJAL	✓	✓	✓
						SAUTEED SPINACH WITH GARLIC	✓	✓	✓	PENNE AGLIO OLIO	✓	✓	✓	PAPADOM	✓	✓	✓					MASHED POTATO	✓	✓	✓	BRAISED TOFU	✓	✓	✓
						STEAMED RICE	✓	✓	✓	TRIO BAKED SWEET POTATO HONEY GLAZED	✓	✓	✓	GEE RICE	✓	✓	✓					COLESLAW	✓	✓	✓	STEAMED RICE	✓	✓	✓
						MIXED SALAD	✓	✓	✓	MIXED SALAD	✓	✓	✓	MIXED SALAD	✓	✓	✓					MIXED SALAD	✓	✓	✓	MIXED SALAD	✓	✓	✓

Information & Privilege:

All food served are HALAL compliant

Menu may change according to food supply seasons and availability

Delischool Healthy Food Guidelines:

We mainly bake, grill, steam, lightly stir fry or boil our foods. Deep frying is limited within our menu

We do not add MSG (Monosodium Glutamate) to our cooked foods.

T: TRAFFIC LIGHT SYSTEM

V: VEGETARIAN

D: DAIRY FREE

E: EGG FREE

G: GLUTEN FREE

GREEN

BEST CHOICE

AMBER

CHOOSE CAREFULLY

RED

LIMIT CONSUMPTION





TYPE OF GROUP		MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY				SUNDAY			
		12-Jan-26				13-Jan-26				14-Jan-26				15-Jan-26				16-Jan-26				17-Jan-26				18-Jan-26			
MORNING SNACK	WESTERN	MONTE CRISTO	✓	✓	✓	BAKED BEAN AND CHICKEN HAM	✓	✓	✓	PANCAKE	✓	✓	✓	CHEESE SANDWICH	✓	✓	✓	AMERICAN BREAKFAST	✓	✓	✓	FRENCH TOAST	✓	✓	✓	WAFFLES	✓	✓	✓
	WESTERN	TOAST & CEREAL	✓	✓	✓	TOAST & CEREAL	✓	✓	✓	TOAST & CEREAL	✓	✓	✓	TOAST & CEREAL	✓	✓	✓	TOAST & CEREAL	✓	✓	✓	TOAST & CEREAL	✓	✓	✓	TOAST & CEREAL	✓	✓	✓
	ASIAN	CHICKEN MOI	✓	✓	✓	MEE SOTO	✓	✓	✓	RAMEN SOUP	✓	✓	✓	FISH MOI	✓	✓	✓	ANCHOVIES FRIED RICE	✓	✓	✓	DUMPLING NOODLE SOUP	✓	✓	✓	DUMPLING NOODLE SOUP	✓	✓	✓
	VEGETARIAN	SINGAPORE BEE HOON	✓	✓	✓	GARLIC FRIED RICE	✓	✓	✓	EGG FRIED RICE	✓	✓	✓	STIR FRIED UDON	✓	✓	✓	DRY PAN MEE	✓	✓	✓	SPICY FRIED RICE	✓	✓	✓	FRIED YEE MEE	✓	✓	✓
LUNCH	SOUP OF THE DAY	SOUP OF THE DAY	✓	✓	✓	SOUP OF THE DAY	✓	✓	✓	SOUP OF THE DAY	✓	✓	✓	SOUP OF THE DAY	✓	✓	✓	SOUP OF THE DAY	✓	✓	✓	SOUP OF THE DAY	✓	✓	✓	SOUP OF THE DAY	✓	✓	✓
	SALAD	MIX SALAD OF THE DAY	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓
		CHOICES OF TOPPING	✓	✓	✓	CHOICES OF TOPPING	✓	✓	✓	CHOICES OF TOPPING	✓	✓	✓	CHOICES OF TOPPING	✓	✓	✓	CHOICES OF TOPPING	✓	✓	✓	CHOICES OF TOPPING	✓	✓	✓	CHOICES OF TOPPING	✓	✓	✓
		CHOICES OF DRESSING	✓	✓	✓	CHOICES OF DRESSING	✓	✓	✓	CHOICES OF DRESSING	✓	✓	✓	CHOICES OF DRESSING	✓	✓	✓	CHOICES OF DRESSING	✓	✓	✓	CHOICES OF DRESSING	✓	✓	✓	CHOICES OF DRESSING	✓	✓	✓
	WESTERN	ROASTED ROSEMARY CHICKEN	✓	✓	✓	FRIED FISH WITH CREAMY HERB SAUCE	✓	✓	✓	ONE - PAN CHICKEN WITH TOMATO	✓	✓	✓	GRILLED FISH	✓	✓	✓	BAKED CHICKEN WITH MUSHROOM SAUCE	✓	✓	✓	HONEY GLAZE CHICKEN	✓	✓	✓	CHICKEN POPCORN	✓	✓	✓
		GRILLED CORN ON COB	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	STEAM FRENCH BEAN	✓	✓	✓	RATATOUILLE	✓	✓	✓	SAUTEED MIX VEGETABLE	✓	✓	✓	BUTTERED CORN AND CARROT	✓	✓	✓	MIX SALAD	✓	✓	✓
		CAJUN POTATO WEDGES	✓	✓	✓	SPAGETTI	✓	✓	✓	BOILED POTATO	✓	✓	✓	GARLIC POTATO	✓	✓	✓	POTATO WEDGES	✓	✓	✓	PILAF RICE	✓	✓	✓	MASHED POTATO	✓	✓	✓
	ASIAN	TIKKA FISH MASALA	✓	✓	✓	SWEET SOUR CHICKEN	✓	✓	✓	MAMA'S FISH CURRY	✓	✓	✓	GINGER CHICKEN WITH DARK SAUCE	✓	✓	✓	HONEY MAMAK FISH	✓	✓	✓	CHINESE BUTTER CHICKEN	✓	✓	✓	MANGO FISH	✓	✓	✓
		STIR FRIED MIX VEGETABLE	✓	✓	✓	CHINESE CABBAGE AND MUSHROOM	✓	✓	✓	STIR FRIED LONG CABBAGE	✓	✓	✓	STIR FRIED MIU BEAN SPROUT	✓	✓	✓	MAMAK CABBAGE	✓	✓	✓	BRAISED SIEW PAK CHOY	✓	✓	✓	STIR FRY LONG BEAN AND EGG	✓	✓	✓
		FRAGRANT WHITE RICE	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓
	VEGETARIAN	TOFU MASALA	✓	✓	✓	STEAM VEGETARIAN FISH SWEET SOUR SAUCE	✓	✓	✓	VEGGIE MEAT CURRY SAUCE	✓	✓	✓	FRIED TOFU WITH GINGER SAUCE	✓	✓	✓	STIR FRY VEGETARIAN GLASS NOODLE	✓	✓	✓	VEGETARIAN YEE MEE	✓	✓	✓	VEGETARIAN CHICKEN SAMBAL	✓	✓	✓
		STIR FIRED OKRA	✓	✓	✓	STIR FRIED SAWI	✓	✓	✓	STEAM MIX VEGETABLE	✓	✓	✓	BAKED CAULIFLOWER AND CARROT	✓	✓	✓	STIR FRIED BOK CHOY	✓	✓	✓		✓	✓	✓	CUCUMBER SALAD DRESSING	✓	✓	✓
		PITA BREAD	✓	✓	✓	STEAM WHITE RICE	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	POTATO SALAD	✓	✓	✓	FRAGRANT RICE	✓	✓	✓		✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓
	DESSERT	FRESH CUT FRUIT	✓	✓	✓	DESSERT OF THE DAY	✓	✓	✓	BUBUR PENGAT PISANG	✓	✓	✓	FRESH CUT FRUIT	✓	✓	✓	DESSERT OF THE DAY	✓	✓	✓	BUBUR JAGUNG MANIS	✓	✓	✓	FRESH CUT FRUITS	✓	✓	✓
DINNER	CHICKEN MARRYLAND	✓	✓	✓	✓	INDIAN BUTTER CHICKEN	✓	✓	✓	BREADED FISH FILLET	✓	✓	✓	NASI LEMAK	✓	✓	✓	NOODLE STATION WITH CONDIMENTS	✓	✓	✓	CHICKEN ALFREDO PASTA	✓	✓	✓	CHICKEN KAARAGE	✓	✓	✓
	AGLIO ILIO PASTA	✓	✓	✓	✓	STEAM BROCCOLI AND CARROT	✓	✓	✓	CREAMY CHEEZY SAUCE	✓	✓	✓	SAMBAL WITH CONDIMENTS	✓	✓	✓		✓	✓	✓	DINNER BUN	✓	✓	✓	STHIN SLICE CABBAGE AND CARROT	✓	✓	✓
	BUTTER HERB BROCCOLI	✓	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	ROASTED POTATO	✓	✓	✓	AYAM REMPAH	✓	✓	✓		✓	✓	✓	BAKED POTATO	✓	✓	✓	BRAISED TOFU	✓	✓	✓
	MUSHROOM SOUP	✓	✓	✓	✓	BRAISED JAPANESE EGG TOFU	✓	✓	✓	PUMPKIN SOUP	✓	✓	✓		✓	✓	✓		✓	✓	✓	COLESLAW	✓	✓	✓	STEAMED RICE	✓	✓	✓
	MIX SALADS	✓	✓	✓	✓	MIX SALADS	✓	✓	✓	MIX SALADS	✓	✓	✓	MIXED SALAD	✓	✓	✓		✓	✓	✓	MIX SALADS	✓	✓	✓	MIX SALADS	✓	✓	✓

Information & Privilege:

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Delischool Healthy Food Guidelines:

We mainly bake, grill, steam, lightly stir fry or boil our foods. Deep frying is limited within our menu.

We do not add MSG (Monosodium Glutamate) to our cooked foods.

We reduce saturated fat, sugar, salt & artificial colouring in our cooking

Guaranteed nut free, palm-oil free, glutamate and MSG free

T: TRAFFIC LIGHT SYSTEM
V: VEGETARIAN

D: DAIRY FREE
E: EGG FREE
G: GLUTEN FREE





TYPE OF GROUP		MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY				SUNDAY			
		19-Jan-26				20-Jan-26				21-Jan-26				22-Jan-26				23-Jan-26				24-Jan-26				25-Jan-26			
MORNING SNACK	WESTERN	SCRAMBLE EGG AND BAKED BEANS				FRENCH TOAST				EGG SANDWICH				PANCAKES				CROISSANT				MONTE CRISTO				SLICE BREAD			
		CHOICE OF JAM				TOAST & CEREAL				TOAST & CEREAL				TOAST & CEREAL				TOAST & CEREAL				TOAST & CEREAL				TOAST & CEREAL			
	ASIAN	YEE MEE NOODLE SOUP				BURRITO CHICKEN				RAMEN NOODLE SOUP				VERMICILLI SOUP				MEE SOUP WITH CONDIMENT				VERMICILLI SOUP				MEE SOUP			
	VEGETARIAN	NASI GORENG				KUEW TEOW SOUP				LONTONG WITH SAYUR LODEH				CHEE CHEONG FUN WITH VEGE FISH				VILLAGE FRIED RICE				YONG CHOW FRIED RICE				MEE MAMAK STYLE			
		BURRITO CHICKEN																											
LUNCH	SOUP OF THE DAY	SOUP OF THE DAY				SOUP OF THE DAY				SOUP OF THE DAY				SOUP OF THE DAY				SOUP OF THE DAY				SOUP OF THE DAY				SOUP OF THE DAY			
	SALAD	MIX SALAD OF THE DAY				MIX SALAD OF THE DAY				MIX SALAD OF THE DAY				MIX SALAD OF THE DAY				MIX SALAD OF THE DAY				MIX SALAD OF THE DAY				MIX SALAD OF THE DAY			
		CHOICES OF TOPPING				CHOICES OF TOPPING				CHOICES OF TOPPING				CHOICES OF TOPPING				CHOICES OF TOPPING				CHOICES OF TOPPING				CHOICES OF TOPPING			
		CHOICES OF DRESSING				CHOICES OF DRESSING				CHOICES OF DRESSING				CHOICES OF DRESSING				CHOICES OF DRESSING				CHOICES OF DRESSING				CHOICES OF DRESSING			
	WESTERN	FRILLED FISH WITH HERBS				CHICKEN STRAGANOFF				CHICKEN SHAPERD PIE				CHICKEN STRAGANOFF				GRILLED CHICKEN				CHICKEN FAJITA				FISH FINGER			
		STIR FRIED MIX VEGETABLE				SIDE SALAD				SAUTEED VEGETABLE AND CORN				SIDE SALAD				STEAMED BROCCOLI				CORN AND TOMATO SALSA				GREEN PEAS WITH CARROT			
		ROASTED CAJUN POTATO				CORN ON CORB				PASTA				CORN ON CORB				ROASTED CAJUN POTATO				POTATO WEDGES				POTATO WEDGES			
	ASIAN	CHICKEN KAPITAN				STEAM GINGER FISH				CHICKEN KORMA				CURRY FISH WITH LADY FINGER				AYAM SAMBAL								CHICKEN KARAAGE			
		YOGURT CUCUMBER				SAUTEED MIX VEGETABLES				STIR FRIED CABBAGE				SAUTEED MIX VEGETABLES				WHITE RICE								JAPANESE CABBAGE SALAD			
		DHALL VEGETABLE				FRAGRANT WHITE RICE				BUTTER RICE				FRAGRANT WHITE RICE				SAUTEED LONG BEANS								FRAGRANT WHITE RICE			
VEGETARIAN	VEGAN CHICKEN KAPITAN				TOFU GINGER SAUCE				VEGETARIAN LAMB KORMA				BEANCURD WITH CEAMY SAUCE				VEGETABLE FRIED RICE WITH TOFU				NESTUM VEGETARIN CHICKEN				POTATO & CARROT VEGETARIAN LAMB STEW				
	STIR FRIED CABBAGE				SAUTEED SPINACH WITH GARLIC				STEAM GARLIC BROCCOLI				FUCUK WITH GLASS NOODLE				STIR FRIED BOK CHOY				STIR FRIED CHOI SUM				STIR FRIED MIX VEGE				
	ROASTED POTATO				STEAM WHITE RICE				FRAGRANT WHITE RICE				STEAM WHITE RICE				PAPADAM				FRAGRANT WHITE RICE				FRAGRANT WHITE RICE				
DESSERT	FRESH CUT FRUIT				DESSERT OF THE DAY				BUBUR SAGU MELAKA				FRESH CUT FRUIT				DESSERT OF THE DAY				BUBUR CHA CHA				FRESH CUT FRUITS				
DINNER	BEEF BOLOGNESE				KAM HEONG CHICKEN				GRILLED FISH FILLET				CLAYPOT CHICKEN RICE				YONG TOFU NIGHT				BEEF STEW				MALACCA ASAM FISH				
	2 CHOICE OF PASTA				BRAISED SOFT TOFU IN EGG SAUCE				LEMON BUTTER SAUCE				BRAISED SOY CHICKEN						DINNER BUN				MILD CHILLI BRINJAL						
	GARDEN SALAD				SAUTEED SPINACH WITH GARLIC				PENNE AGLIO OLIO				FISHBALL SOUP						MASHED POTATO				BRAISED TOFU						
	MUSHROOM SOUP				STEAMED RICE				TRIO BAKED SWEET POTATO HONEY GLAZED				CHICKEN FLOSS YAOMAK						COLESLAW				STEAMED RICE						
	MIXED SALAD				MIXED SALAD				MIXED SALAD				MIXED SALAD						MIXED SALAD				MIXED SALAD						

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TYPE OF GROUP		MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY				SUNDAY			
		26-Jan-26				27-Jan-26				28-Jan-26				29-Jan-26				30-Jan-26				31-Jan-26				1-Feb-26			
MORNING SNACK	WESTERN	GRILLED CHICKEN SLICED	✓	✓	✓	GRILLED CHICKEN SAUSAGE	✓	✓	✓	FRENCH TOAST	✓	✓	✓	TUNA MAYO SANDWICH	✓	✓	✓	MONTE CRISTO	✓	✓	✓	PANCAKE WITH FRUITS	✓	✓	✓	ROTI CANAI WITH DHALL CURRY	✓	✓	✓
		TOAST & CEREAL	✓	✓	✓	TOAST & CEREAL	✓	✓	✓	TOAST & CEREAL	✓	✓	✓	TOAST & CEREAL	✓	✓	✓	TOAST & CEREAL	✓	✓	✓	TOAST & CEREAL	✓	✓	✓	TOAST & CEREAL	✓	✓	✓
	ASIAN	THAI CHICKEN SOUP	✓	✓	✓	FISH PORRIDGE SOUP	✓	✓	✓	TOM YUM MEE SOUP	✓	✓	✓	KUEW TEOW SOUP	✓	✓	✓	BIHUN SOUP	✓	✓	✓	FISH MOI SOUP	✓	✓	✓	CHICKEN SOTO	✓	✓	✓
	VEGETARIAN	KAMPUNG FRIED RICE	✓	✓	✓	STIR FRY HOR FUN	✓	✓	✓	YOUNG CHOW FRIED RICE	✓	✓	✓	MUSHROOM FRIED RICE	✓	✓	✓	LOH SHI FUN	✓	✓	✓	TOMYAM FRIED RICE	✓	✓	✓	SOY FRIED RICE	✓	✓	✓
LUNCH	SOUP OF THE DAY	✓	✓	✓	SOUP OF THE DAY	✓	✓	✓	SOUP OF THE DAY	✓	✓	✓	SOUP OF THE DAY	✓	✓	✓	SOUP OF THE DAY	✓	✓	✓	SOUP OF THE DAY	✓	✓	✓	SOUP OF THE DAY	✓	✓	✓	
	SALAD	MIX SALAD OF THE DAY	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓
		CHOICES OF TOPPING	✓	✓	✓	CHOICES OF TOPPING	✓	✓	✓	CHOICES OF TOPPING	✓	✓	✓	CHOICES OF TOPPING	✓	✓	✓	CHOICES OF TOPPING	✓	✓	✓	CHOICES OF TOPPING	✓	✓	✓	CHOICES OF TOPPING	✓	✓	✓
		CHOICES OF DRESSING	✓	✓	✓	CHOICES OF DRESSING	✓	✓	✓	CHOICES OF DRESSING	✓	✓	✓	CHOICES OF DRESSING	✓	✓	✓	CHOICES OF DRESSING	✓	✓	✓	CHOICES OF DRESSING	✓	✓	✓	CHOICES OF DRESSING	✓	✓	✓
	WESTERN																												
		CHICKEN MARYLAND	✓	✓	✓	GRILLED FISH WITH TOMATO CONCASSE	✓	✓	✓	PARMESAN CRUSTED FISH	✓	✓	✓	SLOPPY JOE'S	✓	✓	✓	TILAPIA FLORENTINE	✓	✓	✓	GRILLED FISH WITH TOMATO CONCASSE	✓	✓	✓				
		GRATIN POTATO	✓	✓	✓	STEAMED VEGETABLES	✓	✓	✓	TOMATO SALAD & DRESSING	✓	✓	✓	GREEN PEAS WITH CARROT	✓	✓	✓	CREAMY SPINACH	✓	✓	✓	STEAMED VEGETABLES	✓	✓	✓				
		CAESAR SALAD	✓	✓	✓	GARLIC BREAD	✓	✓	✓	BAKED POTATO WITH PARSLEY	✓	✓	✓	FRENCH FRIES	✓	✓	✓	AGLIO OLIO	✓	✓	✓	GARLIC BREAD	✓	✓	✓				
	ASIAN																												
		FISH MASALA	✓	✓	✓	CHICKEN KATSU	✓	✓	✓	AYAM MASAK MERAH	✓	✓	✓	CHICKEN KATSU	✓	✓	✓	PAD KRA PAO	✓	✓	✓	BBQ CHICKEN	✓	✓	✓	BBQ CHICKEN	✓	✓	✓
		ACAR JELATAH	✓	✓	✓	JAPANESE VEGETABLE CURRY	✓	✓	✓	STIR FRY MIXED VEGGIE	✓	✓	✓	JAPANESE POTATO & CARROT CURRY	✓	✓	✓	STIR FRIED LONG BEAN	✓	✓	✓	CUCUMBER TOMATO SALAD SALSA	✓	✓	✓	CUCUMBER TOMATO SALAD SALSA	✓	✓	✓
		FRAGRANT WHITE RICE	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	FRAGRANTTOMATO RICE	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	WHITE RICE	✓	✓	✓	CHICKEN RICE	✓	✓	✓	CHICKEN RICE	✓	✓	✓
	VEGETARIAN																												
		VEGETABLE CRACKERS	✓	✓	✓	STEAM SOFT TOFU WITH GINGER SOY SAUCE	✓	✓	✓	VEGETARIAN CRUSTED FISH	✓	✓	✓	CHICKEN KATSU	✓	✓	✓	SOFT TOFU WITH SOY SAUCE	✓	✓	✓	VEGETARIAN FRIED MEE	✓	✓	✓	AGLIO OLIO PENNE	✓	✓	✓
		POTATO SAMOSA	✓	✓	✓	STIR FRIED CHOI SUM	✓	✓	✓	TOMATO SALAD DRESSING	✓	✓	✓	JAPANESE POTATO & CARROT CURRY	✓	✓	✓	STIR FRY MIX VEGETABLE	✓	✓	✓		✓	✓	✓		✓	✓	✓
	FRIED VEGETARIAN GLASS NOODLES	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	BAKE POTATO WITH PARSLEY	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	WHITE RICE	✓	✓	✓		✓	✓	✓		✓	✓	✓	
DESSERT	FRESH CUT FRUIT	✓	✓	✓	DESSERT OF THE DAY	✓	✓	✓	BUBUR PULUT HITAM	✓	✓	✓	FRESH CUT FRUIT	✓	✓	✓	DESSERT OF THE DAY	✓	✓	✓	BUBUR BARLEY MANIS	✓	✓	✓	FRESH CUT FRUIT	✓	✓	✓	
DINNER	BLACK PEPPER BEEF STEW	✓	✓	✓	BREADED FISH	✓	✓	✓	BEEF BOLOGNESE	✓	✓	✓	KAM HEONG CHICKEN	✓	✓	✓	PUMPKIN MASHED POTATO	✓	✓	✓	THAI FISH	✓	✓	✓	CHAR KOEY TIAW COUNTER	✓	✓	✓	
	BUTTER RICE	✓	✓	✓	POTATO GRATIN	✓	✓	✓	GARLIC BUTTER PASTA	✓	✓	✓	BRAISED SOFT TOFU IN EGG SAUCE	✓	✓	✓	CHICKEN AU GRATIN	✓	✓	✓	CORN RICE	✓	✓	✓	SWEET CORN CRAB MEAT SOUP	✓	✓	✓	
	BAKED POTATO	✓	✓	✓	COLESLAW	✓	✓	✓	GARDEN SALAD	✓	✓	✓	SAUTEED SPINACH WITH GARLIC	✓	✓	✓	PITA BREAD	✓	✓	✓	STIR FRI KAILAN	✓	✓	✓	FRUIT COCKTAIL	✓	✓	✓	
	AGLIO OLIO PASTA	✓	✓	✓	TOMYAM FRIED RICE	✓	✓	✓	MUSHROOM SOUP	✓	✓	✓	STEAMED RICE	✓	✓	✓	HERBS BOILED EGG	✓	✓	✓	GARLIC BREAD	✓	✓	✓					
	FRESH CUT FRUITS	✓	✓	✓	FRESH CUT FRUITS	✓	✓	✓	FRESH CUT FRUITS	✓	✓	✓	FRESH CUT FRUITS	✓	✓	✓	FRESH CUT FRUITS	✓	✓	✓	FRESH CUT FRUITS	✓	✓	✓	FRESH CUT FRUITS	✓	✓	✓	

Information & Privilege:

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T: TRAFFIC LIGHT SYSTEM
VEGETARIAN
D: DAIRY FREE
EGG FREE
GLUTEN FREE





WEEK 1



TYPE OF GROUP		MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY				SUNDAY			
		2-Feb-26				3-Feb-26				4-Feb-26				5-Feb-26				6-Feb-26				7-Feb-26				8-Feb-26			
MORNING SNACK	WESTERN	FRENCH TOAST	✓	✓	✓	PANCAKE	✓	✓	✓	MONTE CRESTO	✓	✓	✓	CHEESE SANDWICH	✓	✓	✓	AMERICAN BREAKFAST	✓	✓	✓	TUNA SANDWICH	✓	✓	✓	WAFFLES	✓	✓	✓
		TOAST & CEREAL	✓	✓	✓	TOAST & CEREAL	✓	✓	✓	TOAST & CEREAL	✓	✓	✓	TOAST & CEREAL	✓	✓	✓	TOAST & CEREAL	✓	✓	✓	TOAST & CEREAL	✓	✓	✓	TOAST & CEREAL	✓	✓	✓
	ASIAN	CHICKEN MOI	✓	✓	✓	CHICKEN NOODLE SOUP	✓	✓	✓	RAMEN SOUP	✓	✓	✓	MEE HAILAM	✓	✓	✓	CURRY NOODLE	✓	✓	✓	DUMPLING NOODLE SOUP	✓	✓	✓	TOMYAM NOODLE SOUP	✓	✓	✓
	VEGETARIAN	FRIED KUEY TIOU	✓	✓	✓	KIMCHI FRIED RICE	✓	✓	✓	EGG FRIED RICE	✓	✓	✓	STIR FRIED UDON	✓	✓	✓	ANCHOVIES FRIED RICE	✓	✓	✓	SPICY FRIED RICE	✓	✓	✓	FRIED YEE MEE	✓	✓	✓
LUNCH	SOUP OF THE DAY	SOUP OF THE DAY	✓	✓	✓	SOUP OF THE DAY	✓	✓	✓	SOUP OF THE DAY	✓	✓	✓	SOUP OF THE DAY	✓	✓	✓	SOUP OF THE DAY	✓	✓	✓	SOUP OF THE DAY	✓	✓	✓	SOUP OF THE DAY	✓	✓	✓
		MIX SALAD OF THE DAY	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓
		CHOICES OF TOPPING	✓	✓	✓	CHOICES OF TOPPING	✓	✓	✓	CHOICES OF TOPPING	✓	✓	✓	CHOICES OF TOPPING	✓	✓	✓	CHOICES OF TOPPING	✓	✓	✓	CHOICES OF TOPPING	✓	✓	✓	CHOICES OF TOPPING	✓	✓	✓
	SALAD	CHOICES OF DRESSING	✓	✓	✓	CHOICES OF DRESSING	✓	✓	✓	CHOICES OF DRESSING	✓	✓	✓	CHOICES OF DRESSING	✓	✓	✓	CHOICES OF DRESSING	✓	✓	✓	CHOICES OF DRESSING	✓	✓	✓	CHOICES OF DRESSING	✓	✓	✓
		ROTISSERIE CHICKEN	✓	✓	✓	GRILLED FISH WITH HONEY MUSTARD SAUCE	✓	✓	✓	CHICKEN POMODORO	✓	✓	✓	GRILLED FISH GARLIC SAUCE	✓	✓	✓	BAKED CHICKEN WITH BLACK PAPPER SAUCE	✓	✓	✓	CHICKEN BOLOGNESE	✓	✓	✓	CHICKEN ALFREDO	✓	✓	✓
		STIR FRIED MIX VEGETABLE	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	STEAM FRENCH BEAN	✓	✓	✓	STEAM BROCCOLI AND CALIFLOWER	✓	✓	✓	SAUTEED MIX VEGITABLE	✓	✓	✓	BUTTERD CORN AND CARROT	✓	✓	✓	MIX SALAD	✓	✓	✓
	WESTERN	ROSMARY BAKED POTATO	✓	✓	✓	SPAGETTI AGLIO OLIO	✓	✓	✓	GARLIC BUTTER RICE	✓	✓	✓	GARLIC POTATO	✓	✓	✓	POTATO WEDGES	✓	✓	✓	PASTA	✓	✓	✓	MASHED POTATO	✓	✓	✓
		SWEET SOUR FISH	✓	✓	✓	3 BUDAK GEMOK CHICKEN(SOY BASE)	✓	✓	✓	MAMAK FISH CURRY	✓	✓	✓	GINGER CHICKEN DRY CHILLI	✓	✓	✓	KAM HEONG FISH	✓	✓	✓	CHINESE BUTTER CHICKEN	✓	✓	✓	FISH FINGER WITH THAI SAUCE VB	✓	✓	✓
		ARCA JELATAH	✓	✓	✓	CUT CUCUMBER AND SAMBAL	✓	✓	✓	STIR FRIED LONG CABBAGE	✓	✓	✓	STIR FRIED MIU BEAN SPROUT	✓	✓	✓	MAMAK CABBAGE	✓	✓	✓	BRAISED SIEW PAK CHOY	✓	✓	✓	STIR FRY LONG BEAN AND EGG	✓	✓	✓
	ASIAN	FRAGRANT WHITE RICE	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	FRAGRENT WHITE RICE	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓
		TOFU SWEET SOUR SAUCE	✓	✓	✓	STEAM VEGETARIAN FISH SOY SAUCE	✓	✓	✓	VEGGIE MEAT CURRY SAUCE	✓	✓	✓	FRIED TOFU WITH GINGER SAUCE	✓	✓	✓	STIR FRY VEGETARIAN GLASS NOODLE	✓	✓	✓	VEGETARIAN SINGAPORE BIHUN	✓	✓	✓	VEGETARIAN CHICKEN THAI SAUCE	✓	✓	✓
STIR FIRED OKRA		✓	✓	✓	STIR FRIED SAWI	✓	✓	✓	STEAM MIX VEGETABLE	✓	✓	✓	BAKED CAULIFLOWER AND CARROT	✓	✓	✓	STIR FRIED BOK CHOY	✓	✓	✓		✓	✓	✓	CUCUMBER SALAD DRESSING	✓	✓	✓	
VEGETARIAN	PITA BREAD	✓	✓	✓	STEAM WHITE RICE	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	POTATO SALAD	✓	✓	✓	FRAGRANT RICE	✓	✓	✓		✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	
	FRESH CUT FRUIT	✓	✓	✓	DESSERT OF THE DAY	✓	✓	✓	BUBUR JAGUNG MANIS	✓	✓	✓	FRESH CUT FRUIT	✓	✓	✓	DESSERT OF THE DAY	✓	✓	✓	BUBUR KACANG HIJAU	✓	✓	✓	FRESH CUT FRUITS	✓	✓	✓	
DESSERT	CHICKEN MARRYLAND	✓	✓	✓	INDIAN BUTTER CHICKEN	✓	✓	✓	BREADED FISH FILLET	✓	✓	✓	CHICKEN KATSU	✓	✓	✓		✓	✓	✓	CHICKEN ALFREDO PASTA	✓	✓	✓	CHICKEN KAARAGE	✓	✓	✓	
	AGLIO ILIO PASTA	✓	✓	✓	STEAM BROCCOLI AND CARROT	✓	✓	✓	CREAMY CHEEZY SAUCE	✓	✓	✓	JAPANESE CURRY	✓	✓	✓					DINNER BUN	✓	✓	✓	STHIN SUICE CABBAGE AND CARROT	✓	✓	✓	
	BUTTER HERB BROCCOLI	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	ROASTED POTATO	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓					BAKED POTATO	✓	✓	✓	BRAISED TOFU	✓	✓	✓	
	MUSHROOM SOUP	✓	✓	✓	BRAISED JAPANESE EGG TOFU	✓	✓	✓	PUMPKIN SOUP	✓	✓	✓	CABBAGE WITH CARROT SLICE	✓	✓	✓					COLESLAW	✓	✓	✓	STEAMED RICE	✓	✓	✓	
	MIX SALADS	✓	✓	✓	MIX SALADS	✓	✓	✓	MIX SALADS	✓	✓	✓	MIXED SALAD	✓	✓	✓					MIX SALADS	✓	✓	✓	MIX SALADS	✓	✓	✓	

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VEGETARIAN
D: DAIRY FREE
E: EGG FREE
G: GLUTEN FREE





		WEEK 2																														
TYPE OF GROUP		MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY				SUNDAY						
		9-Feb-26				10-Feb-26				11-Feb-26				12-Feb-26				13-Feb-26				14-Feb-26				15-Feb-26						
MORNING SNACK	WESTERN	TUNA SANDWICH				FRENCH TOAST				AMERICAN BREAKFAST				PANCAKES				CROISSANT				CHEESE TOAST				PRATA						
		CHOICE OF JAM				TOAST & CEREAL				TOAST & CEREAL				TOAST & CEREAL				TOAST & CEREAL				TOAST & CEREAL				TOAST & CEREAL						
	ASIAN	BRAISED YEE MEE				TAMAGO RAMEN SOUP				KUEY TEOW WITH EGG DROP SOUP				DUMPLING NOODLE SOUP				MEE SOUP WITH CONDIMENT				VERMICILLI SOUP				CANTONESE YEE MEE						
		VEGETARIAN	VILLANGE FRIED RICE				GARLIC FRIED RICE				TUMERIC FRIED RICE				TOMYAM FRIED RICE				FRIED KUEY TIOU				YONG CHOW FRIED RICE				MEE MAMAK STYLE					
LUNCH	SOUP OF THE DAY	SOUP OF THE DAY				SOUP OF THE DAY				SOUP OF THE DAY				SOUP OF THE DAY				SOUP OF THE DAY				SOUP OF THE DAY				SOUP OF THE DAY						
	SALAD	MIX SALAD OF THE DAY				MIX SALAD OF THE DAY				MIX SALAD OF THE DAY				MIX SALAD OF THE DAY				MIX SALAD OF THE DAY				MIX SALAD OF THE DAY				MIX SALAD OF THE DAY						
		CHOICES OF TOPPING				CHOICES OF TOPPING				CHOICES OF TOPPING				CHOICES OF TOPPING				CHOICES OF TOPPING				CHOICES OF TOPPING				CHOICES OF TOPPING						
		CHOICES OF DRESSING				CHOICES OF DRESSING				CHOICES OF DRESSING				CHOICES OF DRESSING				CHOICES OF DRESSING				CHOICES OF DRESSING				CHOICES OF DRESSING						
	WESTERN	POACHED FISH HERB CREAM SAUCE				PERI PERI CHICKEN				BAKED FISH WITH GARLIC SAUCE				CHICKEN STRAGANOFF				CREAMY HERB BAKED FISH				CHICKEN FAJITA				BAKED FISH PICATTA						
		STEAM BROCCOLI				GARLIC FRENCH BEAN AND CARROT				CORN ON COB				SIDE SALAD				STEAMED BROCCOLI				CORN AND TOMATO SALSA				BAKED ZUCCHINI						
		OVEN BAKED POTATO				PASTA POMODORO				CAJUN BAKED POTATO				CORN ON CORB				ROASTED CAJUN POTATO				POTATO WEDGES				MASHED POTATO						
	ASIAN	CHICKEN WITH TOMATO CHILLI				SWEET & SOUR FISH				CHICKEN MANGO SALAD				FRIED FISH WITH HOISIN SAUCE				CHICKEN DRY CHILLI				THAI STEAM LIME FISH				CHICKEN PICATTA						
		CUCUMBER SALAD				SAUTEED KAILAN WITH GARLIC				STIR FRIED BEAN SPROUT				SAUTEED MIX VEGETABLES				WHITE RICE				BRAISED SIEW PAK CHOY				JAPANESE CABBAGE SALAD						
		FRAGRANT WHITE RICE				FRAGRANT WHITE RICE				BUTTER RICE				FRAGRANT WHITE RICE				SAUTEED MAMAK CABBAGE				FRAGRANT WHITE RICE				FRAGRANT WHITE RICE						
	VEGETARIAN	FRIED TOFU AND TEMPE TOMATO CHILLI				SWEET SOUR SOFT TOFU				VEGETARIAN LAMB MANGO SALAD				BEANCURD WITH HOISIN SAUCE				TOFU DRY CHILLI				BAKED VEGETARIN FISH THAI STEAM SAUCE				VEGETARIAN LAMB PICATTA						
		SAUTEED CHOI SAM				SAUTEED CABBAGE				SAUTEED MIX VEGITABLE				FUCUK WITH GLASS NOODLE				STIR FRIED BOK CHOY				STIR FRIED CHOI SUM				STIR FRIED MIX VEGE						
		STEAM WHITE RICE				STEAM WHITE RICE				FRAGRANT WHITE RICE				STEAM WHITE RICE				STEAM RICE				FRAGRANT WHITE RICE				FRAGRANT WHITE RICE						
DISSE T	FRESH CUT FRUIT				DESSERT OF THE DAY				BUBUR CHA CHA				FRESH CUT FRUIT				DESSERT OF THE DAY				BUBUR SAGO MELAKA				FRESH CUT FRUITS							
DINNER	BARBEQUE CHICKEN				KAM HEONG CHICKEN				GRILLED CHICKEN CACCIATORE				CHICKEN RENDANG				WETERN STATION NIGHT(BEEF LAGSANA)							CHICKEN IRISH STEW				DRIED CHILI CHIKEN				
	SAUTEED MIX VEGETABLES				BRAISED SOFT TOFU IN EGG SAUCE				STEAM BROCOLLI AND CALIFLOWER				SAUTEED CHAI SIM												DINNER BUN				MILD CHILLI BRINJAL			
	ROASTED CAJUN POTATO				SAUTEED SPINACH WITH GARLIC				PENNE AGLIO OLIO				PAPADOM												MASHED POTATO				BRAISED TOFU			
	BUTTER RICE				STEAMED RICE				SWEET POTATO HONEY GLAZED				GEE RICE												COLESLAW							
	MIXED SALAD				MIXED SALAD				MIXED SALAD				MIXED SALAD												MIXED SALAD				MIXED SALAD			

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TYPE OF GROUP		MONDAY 16-Feb-26					TUESDAY 17-Feb-26					WEDNESDAY 18-Feb-26					THURSDAY 19-Feb-26					FRIDAY 20-Feb-26					SATURDAY 21-Feb-26					SUNDAY 22-Feb-26				
MORNING SNACK	WESTERN	MONTE CRISTO	✓	✓	✓		AMERICAN BREAKFAST	✓	✓	✓		TUNA SANDWICH	✓	✓	✓		PANCAKE	✓	✓	✓		CHEESE SANDWICH	✓	✓	✓		SHAMBLE EGG AND BAKED BEAN	✓	✓	✓		WAFFLES	✓	✓	✓	
		TOAST & CEREAL	✓	✓	✓		TOAST & CEREAL	✓	✓	✓		TOAST & CEREAL	✓	✓	✓		TOAST & CEREAL	✓	✓	✓		TOAST & CEREAL	✓	✓	✓		TOAST & CEREAL	✓	✓	✓		TOAST & CEREAL	✓	✓	✓	
	ASIAN	YEE MEE NOODLE SOUP	✓	✓	✓		KOEY TEOW SOUP	✓	✓	✓		RAMEN NOODLE SOUP	✓	✓	✓		VERMICELLI SOUP	✓	✓	✓		WANTAN SOUP	✓	✓	✓		CHICKEN PORRIDGE	✓	✓	✓		CHICKEN SOTO SOUP	✓	✓	✓	
		FRIED RAMEN	✓	✓	✓		SINGAPORE FRIED VERMICELLI	✓	✓	✓		TOMYAM FRIED RICE	✓	✓	✓		YONG CHOW FRIED RICE	✓	✓	✓		CHAR HOR FUN	✓	✓	✓		BRASIED YEE MEE	✓	✓	✓		MEE CURRY	✓	✓	✓	
	VEGETARIAN		✓	✓	✓			✓	✓	✓			✓	✓	✓			✓	✓	✓			✓	✓	✓			✓	✓	✓			✓	✓	✓	
			✓	✓	✓			✓	✓	✓			✓	✓	✓			✓	✓	✓			✓	✓	✓			✓	✓	✓			✓	✓	✓	
LUNCH	SOUP OF THE DAY	SOUP OF THE DAY	✓	✓	✓		SOUP OF THE DAY	✓	✓	✓		SOUP OF THE DAY	✓	✓	✓		SOUP OF THE DAY	✓	✓	✓		SOUP OF THE DAY	✓	✓	✓		SOUP OF THE DAY	✓	✓	✓		SOUP OF THE DAY	✓	✓	✓	
			✓	✓	✓			✓	✓	✓			✓	✓	✓			✓	✓	✓			✓	✓	✓			✓	✓	✓			✓	✓	✓	
		MIX SALAD OF THE DAY	✓	✓	✓		MIX SALAD OF THE DAY	✓	✓	✓		MIX SALAD OF THE DAY	✓	✓	✓		MIX SALAD OF THE DAY	✓	✓	✓		MIX SALAD OF THE DAY	✓	✓	✓		MIX SALAD OF THE DAY	✓	✓	✓		MIX SALAD OF THE DAY	✓	✓	✓	
		CHOICES OF TOPPING	✓	✓	✓		CHOICES OF TOPPING	✓	✓	✓		CHOICES OF TOPPING	✓	✓	✓		CHOICES OF TOPPING	✓	✓	✓		CHOICES OF TOPPING	✓	✓	✓		CHOICES OF TOPPING	✓	✓	✓		CHOICES OF TOPPING	✓	✓	✓	
	SALAD	CHOICES OF DRESSING	✓	✓	✓		CHOICES OF DRESSING	✓	✓	✓		CHOICES OF DRESSING	✓	✓	✓		CHOICES OF DRESSING	✓	✓	✓		CHOICES OF DRESSING	✓	✓	✓		CHOICES OF DRESSING	✓	✓	✓		CHOICES OF DRESSING	✓	✓	✓	
			✓	✓	✓			✓	✓	✓			✓	✓	✓			✓	✓	✓			✓	✓	✓			✓	✓	✓			✓	✓	✓	
		ROASTED CHICKEN WITH BROWN SAUCE	✓	✓	✓		FISH FINGER WITH TARTAR SAUCE	✓	✓	✓		CHICKEN WITH TOMATO SAUCE	✓	✓	✓		HONEY APPLE CHICKEN WITH HERBS	✓	✓	✓		FISH AND CHIP	✓	✓	✓		GRILLED FISH WITH TOMATO CONCASSÉ	✓	✓	✓			✓	✓	✓	
		BUTTERED BROCCOLI & CARROT	✓	✓	✓		GARDEN SALAD	✓	✓	✓		CREAMY SAUTEED SPINACH	✓	✓	✓		BUTTERED RICE	✓	✓	✓		COSELOW	✓	✓	✓		STEAMED VEGETABLES	✓	✓	✓			✓	✓	✓	
	WESTERN	PILAF RICE	✓	✓	✓		AGLIO OLUO	✓	✓	✓		POTATO WEDGES	✓	✓	✓		MIXED SALAD	✓	✓	✓		BOUQUETTE SALAD	✓	✓	✓							GARLIC BREAD	✓	✓	✓	
			✓	✓	✓			✓	✓	✓			✓	✓	✓			✓	✓	✓			✓	✓	✓								✓	✓	✓	
		SWEET AND SOUR FISH	✓	✓	✓		HONEY CHICKEN MAAMAK STYLE	✓	✓	✓		SALTED EGG WITH FISH	✓	✓	✓		CHICKEN WITH GINGER SAUCE	✓	✓	✓		NASI HUIAN PANAS	✓	✓	✓							HAIRANESSE CHICKEN RICE	✓	✓	✓	
		SAUTEED MIX VEGETABLES	✓	✓	✓		STIR FRIED CABBAGE WITH CARROT	✓	✓	✓		FRENCH BEAN WITH CARROT	✓	✓	✓		NASI HUIAN PANAS	✓	✓	✓		CHICKEN RENDANG	✓	✓	✓							GRILLED MARINATED CHICKEN	✓	✓	✓	
	ASIAN	FRAGRANT WHITE RICE	✓	✓	✓		FRAGRANT WHITE RICE	✓	✓	✓		STEAM WHITE RICE	✓	✓	✓		SAYUR CAMPUR	✓	✓	✓		ACAR MENTAH	✓	✓	✓								✓	✓	✓	
			✓	✓	✓			✓	✓	✓			✓	✓	✓			✓	✓	✓			✓	✓	✓								✓	✓	✓	
		TOFU MASALA	✓	✓	✓		VEGETARIAN LAMB STEW	✓	✓	✓		KOREAN SPICY TOFU	✓	✓	✓		TOFU WITH APPLE SAUCE	✓	✓	✓		TOFU WITH MUSHROOM	✓	✓	✓		STIR FRY VEGETARIAN GLASS NOODLE	✓	✓	✓		PAPADOM	✓	✓	✓	
		STIR FRIED SAWI	✓	✓	✓		STEAM FLORET	✓	✓	✓		LONG CABBAGE WITH OYSTER MUSHROOM	✓	✓	✓		NASI HUIAN PANAS	✓	✓	✓		STEAM BROCCOLI AND CAULIFLOWER	✓	✓	✓		STEAM BOX CHOY	✓	✓	✓		SAMBAL TUMS EGG PLANT	✓	✓	✓	
	VEGETARIAN	STEAM WHITE RICE	✓	✓	✓		FRAGRANT WHITE RICE	✓	✓	✓		STIR FRY VERMICELLI	✓	✓	✓		APPLE SALAD	✓	✓	✓		FRAGRANT WHITE RICE	✓	✓	✓		FRAGRANT WHITE RICE	✓	✓	✓		FRAGRANT WHITE RICE	✓	✓	✓	
			✓	✓	✓			✓	✓	✓			✓	✓	✓			✓	✓	✓			✓	✓	✓								✓	✓	✓	
		CUT FRUITS IN BOWL	✓	✓	✓		FRESH CUT FRUIT	✓	✓	✓		DESSERT OF THE DAY	✓	✓	✓		BUBUR PULUT HITAM	✓	✓	✓		FRESH CUT FRUIT	✓	✓	✓		DESSERT OF THE DAY	✓	✓	✓		BUBUR BARLEY MANIS	✓	✓	✓	
			✓	✓	✓			✓	✓	✓			✓	✓	✓			✓	✓	✓			✓	✓	✓								✓	✓	✓	
DINNER		CHICKEN KATSU CURRY	✓	✓	✓		TOMYAM SOUP	✓	✓	✓		MAKE YOUR OWN WRAP	✓	✓	✓		NAAN BREAD WITH CHICKEN TANDORI	✓	✓	✓		GRILLED SEA BASS WITH SWEET SAMBAL	✓	✓	✓		CHICKEN CARBONARA	✓	✓	✓		RAMEN	✓	✓	✓	
		JAPANESE RICE	✓	✓	✓		CHICKEN SOUP	✓	✓	✓			✓	✓	✓		CONDIMENT	✓	✓	✓		STEAMED RICE	✓	✓	✓		CHICKEN BOLOGNESE	✓	✓	✓		KOREAN FRIED CHICKEN	✓	✓	✓	
		STIR FRIED TAU MIU	✓	✓	✓		3 TYPE OF NOODLES WITH CONDIMENT	✓	✓	✓		SALAD	✓	✓	✓		SUP KAMBING BEREMPAH	✓	✓	✓		STIR FRIED KALAN	✓	✓	✓		TWO TYPE OF PASTA	✓	✓	✓		KIM CHI	✓	✓	✓	
		MISO SOUP	✓	✓	✓		BREAD BUTTER PUDDING	✓	✓	✓		ONION SOUP	✓	✓	✓		DINNER BUN	✓	✓	✓		TOMYAM SOUP	✓	✓	✓		PUMPKIN SOUP	✓	✓	✓		SUNDUBU JIGAE	✓	✓	✓	
		MIXED SALAD	✓	✓	✓		MIX SALADS	✓	✓	✓		MIX SALADS	✓	✓	✓		MIX SALADS	✓	✓	✓		MIX SALADS	✓	✓	✓		MIX SALADS	✓	✓	✓		MIX SALADS	✓	✓	✓	

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		23-Feb-26				24-Feb-26				25-Feb-26				26-Feb-26				27-Feb-26				28-Feb-26				1-Mar-26			
MORNING SNACK	WESTERN	GRILLED CHICKEN SLICED SANDWICH				GRILLED CHICKEN SAUSAGE				FRENCH TOAST				TUNA MAYO SANDWICH				VEGETABLE EGG FRITATA				PANCAKE WITH FRUITS				ROTI CANAI WITH DHALL CURRY			
		TOAST & CEREAL				TOAST & CEREAL				TOAST & CEREAL				TOAST & CEREAL				TOAST & CEREAL				TOAST & CEREAL							
	ASIAN	THAI CHICKEN SOUP				FISH PORRIDGE SOUP				TOM YUM MEE SOUP				KUEW TEOW SOUP				BIHUN SOUP				FISH MOI SOUP				CHICKEN SOTO			
	VEGETARIAN	KAMPUNG FRIED RICE				STIR FRY HOR FUN				YOUNG CHOW FRIED RICE				MUSHROOM FRIED RICE				LOH SHI FUN				TOMYAM FRIED RICE				JAPANESE GARLIC FRIED RICE			
LUNCH	SOUP OF THE DAY	SOUP OF THE DAY				SOUP OF THE DAY				SOUP OF THE DAY				SOUP OF THE DAY				SOUP OF THE DAY				SOUP OF THE DAY							
	SALAD	MIX SALAD OF THE DAY				MIX SALAD OF THE DAY				MIX SALAD OF THE DAY				MIX SALAD OF THE DAY				MIX SALAD OF THE DAY				MIX SALAD OF THE DAY							
		CHOICES OF TOPPING				CHOICES OF TOPPING				CHOICES OF TOPPING				CHOICES OF TOPPING				CHOICES OF TOPPING				CHOICES OF TOPPING							
		CHOICES OF DRESSING				CHOICES OF DRESSING				CHOICES OF DRESSING				CHOICES OF DRESSING				CHOICES OF DRESSING				CHOICES OF DRESSING							
	WESTERN	GRILLED CHICKEN				GRILLED FISH WITH TOMATO CONCASSE				PARMESAN CRUSTED FISH				FISH FINGER				TILAPIA FLORENTINE				GRILLED CHICKEN WITH TOMATO CONCASSE				MASH POTATO			
		GRATIN POTATO				STEAMED VEGETABLES				TOMATO SALAD & DRESSING				GREEN PEAS WITH CARROT				CREAMY SPINACH				STEAMED VEGETABLES				BEEF STEW			
		CAESER SALAD				GARLIC BREAD				BAKED POTATO WITH PARSLEY				FRENCH FRIES				AGLIO OLIO				GARLIC BREAD				MIX SALAD			
	ASIAN																												
		FISH PERCIK				CHICKEN GREEN CURRY				AYAM MASAK MERAH				CHICKEN MILANESE				PAD KRA PAO								BBQ CHICKEN			
		ACAR JELETAH				THAI MANGO SALAD				STIR FRY MIXED VEGGIE				SAUTEED SPINACH WITH GARLIC				STIR FRIED LONG BEAN								CUCUMBER TOMATO SALAD SALSA			
	VEGETARIAN	FRAGRANT WHITE RICE				FRAGRANT WHITE RICE				FRAGRANTTOMATO RICE				FRAGRANT WHITE RICE				WHITE RICE								CHICKEN RICE			
		VEGETABLE CRACKERS				STEAM SOFT TOFU WITH GREEN CURRY				VEGETARIAN FISH MASAK MERAH				FIRED TOFU MILANESE				SOFT TOFU WITH SOY SAUCE				VEGETARIAN FRIED MEE				AGLIO OLIO PENNE			
DESSERT	POTATO SAMOSA				STIR FRIED CHOI SUM				TOMATO SALAD				STIR FRIED LONG CABBAGE				STIR FRY MIX VEGETABLE												
	FRIED VEGETARIAN GLASS NOODLES				FRAGRANT WHITE RICE				BAKE POTATO WITH PARSLEY				FRAGRANT WHITE RICE				WHITE RICE												
DINNER		FRESH CUT FRUIT				DESSERT OF THE DAY				BUBUR KACANG HIAU				FRESH CUT FRUIT				DESSERT OF THE DAY				BUBUR JAGUNG MANIS				FRESH CUT FRUIT			
		BLACK PEPPER BEEF STEW				BREADED FISH				BEEF BOLOGNESE				KAM HEONG CHICKEN				PUMPKIN MASHED POTATO				THAI FISH				CHAR KOEY TIAW COUNTER			
		BUTTER RICE				POTATO GRATIN				GARLIC BUTTER PASTA				BRAISED SOFT TOFU IN EGG SAUCE				CHICKEN AU GRATIN				CORN RICE				SWEET CORN CRAB MEAT SOUP			
		BAKED POTATO				COLESLAW				GARDEN SALAD				SAUTEED SPINACH WITH GARLIC				PITA BREAD				STIR FRI KAILAN				FRUIT COCKTAIL			
		AGLIO OLIO PSTA				TOMYAM FRIED RICE				MUSHROOM SOUP				STEAMED RICE				HERBS BOILED EGG				GARLIC BREAD							
		MIX SALADS				MIX SALADS				MIX SALADS				MIX SALADS				MIX SALADS				MIX SALADS				MIX SALADS			

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T: TRAFFIC LIGHT SYSTEM
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TYPE OF GROUP		MONDAY 2-Mar-26				TUESDAY 3-Mar-26				WEDNESDAY 4-Mar-26				THURSDAY 5-Mar-26				FRIDAY 6-Mar-26				SATURDAY 7-Mar-26				SUNDAY 8-Mar-26			
		T	V	D	E	T	V	D	E	T	V	D	E	T	V	D	E	T	V	D	E	T	V	D	E				
MORNING SNACK	WESTERN	SCRAMBLE EGG AND BAKED BEANS				FRENCH TOAST				AMERICAN BREAKFAST				PANCAKES				CROISSANT				CHEESE TOAST				PRATA			
		TOAST & CEREAL				TOAST & CEREAL				TOAST & CEREAL				TOAST & CEREAL				TOAST & CEREAL				TOAST & CEREAL				TOAST & CEREAL			
	ASIAN	CHICKEN MOI				TAMAGO RAMEN SOUP				KUEY TEOW WITH EGG DROP SOUP				DUMPLING NOODLE SOUP				MEE SOUP WITH CONDIMENT				VERMICILLI SOUP				CANTONESE YEE MEE			
	VEGETARIAN	FRIED YELLOW NOODLE				GARLIC FRIED RICE				ANCHOVIES FRIED RICE				TOMYAM FRIED RICE				FRIED KUEY TIOU				YONG CHOW FRIED RICE				MEE MAMAK STYLE			
LUNCH	SOUP OF THE DAY	SOUP OF THE DAY				SOUP OF THE DAY				SOUP OF THE DAY				SOUP OF THE DAY				SOUP OF THE DAY				SOUP OF THE DAY				SOUP OF THE DAY			
	SALAD	MIX SALAD OF THE DAY				MIX SALAD OF THE DAY				MIX SALAD OF THE DAY				MIX SALAD OF THE DAY				MIX SALAD OF THE DAY				MIX SALAD OF THE DAY				MIX SALAD OF THE DAY			
		CHOICES OF TOPPING				CHOICES OF TOPPING				CHOICES OF TOPPING				CHOICES OF TOPPING				CHOICES OF TOPPING				CHOICES OF TOPPING				CHOICES OF TOPPING			
		CHOICES OF DRESSING				CHOICES OF DRESSING				CHOICES OF DRESSING				CHOICES OF DRESSING				CHOICES OF DRESSING				CHOICES OF DRESSING				CHOICES OF DRESSING			
	WESTERN	GRILLED FISH WITH TOMATO CONCASSE				HERB ROSTED CHICKEN				BAKED FISH WITH GARLIC SAUCE				GREEK CHICKEN				CREAMY HERB BAKED FISH				SLOPPY JOE'S				BAKED FISH PICATTA			
		STEAMED VEGETABLES				GARLIC FRENCH BEAN AND CARROT				CORN ON COB				SIDE SALAD				STEAMED BROCCOLI				MIX SALAD OF THE DAY				BAKED ZUCCHINI			
		GARLIC BREAD				ARABIATA PASTA				MAC & CHEESE				CORN ON CORB				ROASTED CAJUN POTATO				CHEESY POTATO WEDGES				MASHED POTATO			
	ASIAN																												
		BLACK PEPPER CHICKEN				SWEET & SOUR FISH				CHICKEN TERIYAKI SAUCE				FRIED FISH WITH THAI SAUCE				CHICKEN SAMBAL				STEAM GARLIC FISH				FRIED CHICKEN 5 FINGERS			
		SAUTEED LONG BEAN WITH EGG				SAUTEED KAILAN WITH GARLIC				STIR FRIED BEAN SPROUT				SAUTEED MIX VEGETABLES				WHITE RICE				BRAISED SIEW PAK CHOY				JAPANESE CABBAGE SALAD			
		FRAGRANT WHITE RICE				FRAGRANT WHITE RICE				BUTTER RICE				FRAGRANT WHITE RICE				SAUTEED MAMAK CABBAGE				FRAGRANT WHITE RICE				FRAGRANT WHITE RICE			
	VEGETARIAN																												
		VEGETARIAN CHICKEN BLACK PEPPER SAUCE				SWEET SOUR SOFT TOFU				VEGETARIAN LAMB TERIYAKI SAUCE				BEANCURD WITH THAI SAUCE				TOFU SAMBAL				BAKED VEGETARIN CHICKEN GARLIC SAUCE				VEGETARIAN LAMB PICATTA			
		BAKED CAULIFLOWER				SAUTEED CABBAGE				SAUTEED MIX VEGITABLE				FUCUK WITH GLASS NOODLE				STIR FRIED BOK CHOY				STIR FRIED CHOI SUM				STIR FRIED MIX VEGE			
		STEAM WHITE RICE				STEAM WHITE RICE				FRAGRANT WHITE RICE				STEAM WHITE RICE				STEAM RICE				FRAGRANT WHITE RICE				FRAGRANT WHITE RICE			
DESSERT	FRESH CUT FRUIT				DESSERT OF THE DAY				BUBUR CHA CHA				FRESH CUT FRUIT				DESSERT OF THE DAY				BUBUR KACANG HIAU				FRESH CUT FRUITS				
DINNER	PERI PERI CHICKEN				KAM HEONG CHICKEN				GRILLED CHICKEN CACCIATORE				RENDANG CHICKEN				NOODLE STATION NIGHT				IRISH CHICKEN STEW				DRIED CHILI CHIKEN				
	MIX VEGETABLE				BRAISED SOFT TOFU IN EGG SAUCE				STEAM BROCCOLI AND CALIFLOWER				SAUTEED CHAI SIM								DINNER BUN				MILD CHILLI BRNJIAL				
	BAKED PASTA				SAUTEED SPINACH WITH GARLIC				PENNE AGLIO OLIO				PAPADOM								MASHED POTATO				BRAISED TOFU				
	BAKED POTATO				STEAMED RICE				TRIO BAKED SWEET POTATO HONEY GLAZED				GEE RICE								COLESLAW				STEAMED RICE				
	MIXED SALAD				MIXED SALAD				MIXED SALAD				MIXED SALAD								MIXED SALAD				MIXED SALAD				

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TYPE OF GROUP		MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY				SUNDAY							
		9-Mar-26				10-Mar-26				11-Mar-26				12-Mar-26				13-Mar-26				14-Mar-26				15-Mar-26							
MORNING SNACK	WESTERN	MONTE CRISTO				BAKED BEAN AND CHICKEN HAM				PANCAKE				CHEESE SANDWICH				AMERICAN BREAKFAST				FRENCH TOAST				WAFFLES							
		TOAST & CEREAL				TOAST & CEREAL				TOAST & CEREAL				TOAST & CEREAL				TOAST & CEREAL				TOAST & CEREAL				TOAST & CEREAL							
	ASIAN	CHICKEN MOI				MEE SOTO				RAMEN SOUP				BIHUN SOUP				FRIED YEE MEE				DUMPLING NOODLE SOUP				TOMYAM NOODLE SOUP							
	VEGETARIAN	SINGAPORE BEE HOON					GARLIC FRIED RICE				EGG FRIED RICE				STIR FRIED UDON				ANCHOVIES FRIED RICE				SPICY FRIED RICE				GARLIC FRIED RICE						
LUNCH	SOUP OF THE DAY	SOUP OF THE DAY				SOUP OF THE DAY				SOUP OF THE DAY				SOUP OF THE DAY				SOUP OF THE DAY				SOUP OF THE DAY				SOUP OF THE DAY							
	SALAD	MIX SALAD OF THE DAY					MIX SALAD OF THE DAY					MIX SALAD OF THE DAY					MIX SALAD OF THE DAY					MIX SALAD OF THE DAY					MIX SALAD OF THE DAY						
		CHOICES OF TOPPING					CHOICES OF TOPPING					CHOICES OF TOPPING					CHOICES OF TOPPING					CHOICES OF TOPPING					CHOICES OF TOPPING						
		CHOICES OF DRESSING					CHOICES OF DRESSING					CHOICES OF DRESSING					CHOICES OF DRESSING					CHOICES OF DRESSING					CHOICES OF DRESSING						
	WESTERN																																
		ROASTED ROSEMARY CHICKEN					FRIED FISH WITH CREAMY HERB SAUCE					ONE - PAN CHICKEN WITH TOMATO				GRILLED FISH					BAKED CHICKEN WITH BROWN SAUCE					HONEY GLAZE CHICKEN				CHICKEN POPCORN			
		GRILLED CORN ON COB					MIX SALAD OF THE DAY					STEAM FRENCH BEAN				RATATOUILLE					SAUTEED MIX VEGETABLE					BUTTERD CORN AND CARROT				MIX SALAD			
	CAJUN POTATO WEDGES					SPAGETTI AGLIO OLIO					BOILED POTATO				GARLIC POTATO					POTATO WEDGES					PILAF RICE				MASHED POTATO				
	ASIAN																																
		STEAM SOY FISH					SAMBAL CHICKEN					CHINESE BUTTER FISH				DRY CHILLI CHICKEN					HONEY MAMAK FISH					CHINESE BUTTER CHICKEN				MANGO FISH			
		STIR FRIED MIX VEGETABLE					CHINESE CABBAGE AND MUSHROOM					STIR FRIED LONG CABBAGE				STIR FRIED MIU BEAN SPROUT					MAMAK CABBAGE					BRAISED SIEW PAK CHOY				STIR FRY LONG BEAN AND EGG			
		FRAGRANT WHITE RICE					FRAGRANT WHITE RICE					FRAGRANT WHITE RICE				FRAGRANT WHITE RICE					FRAGRANT WHITE RICE					FRAGRANT WHITE RICE				FRAGRANT WHITE RICE			
	VEGETARIAN																																
		TOFU SOY SAUCE					STEAM VEGETARIAN FISH SAMBAL					VEGGIE MEAT BUTTER SAUCE				FRIED TOFU DRY CHILLI					STIR FRY VEGETARIAN GLASS NOODLE					VEGETARIAN FRIED YEE MEE				VEGETARIAN CHICKEN SAMBAL			
STIR FIRED OKRA						STIR FRIED SAWI					STEAM MIX VEGETABLE				BAKED CAULIFLOWER AND CARROT					STIR FRIED BOK CHOY									CUCUMBER SALAD DRESSING				
	PITA BREAD					STEAM WHITE RICE					FRAGRANT WHITE RICE				POTATO SALAD					FRAGRANT RICE									FRAGRANT WHITE RICE				
DESSERT	FRESH CUT FRUIT					DESSERT OF THE DAY					BUBUR JAGUNG MANIS				FRESH CUT FRUIT					DESSERT OF THE DAY					BUBUR SAGO MELAKA				FRESH CUT FRUITS				
DINNER	CHICKEN MARRYLAND					INDIAN BUTTER CHICKEN					BREADED FISH FILLET				NASI LEMAK				PASTA STATION WITH CONDIMENTS				CHICKEN ALFREDO PASTA				CHICKEN KAARAGE						
	AGLIO ILIO PASTA					STEAM BROCCOLI AND CARROT					CREAMY CHEEZY SAUCE				SAMBAL WITH CONDIMENTS									DINNER BUN				STHIN SLICE CABBAGE AND CARROT					
	BUTTER HERB BROCCOLI					FRAGRANT WHITE RICE					ROASTED POTATO				AYAM RENDANG									BAKED POTATO				BRAISED TOFU					
	MUSHROOM SOUP					BRAISED JAPANESE EGG TOFU					PUMPKIN SOUP													COLESLAW				STEAMED RICE					
	MIX SALADS					MIX SALADS					MIX SALADS				MIXED SALAD									MIX SALADS				MIX SALADS					

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E: EGG FREE

G: GLUTEN FREE





TYPE OF GROUP		MONDAY	T	V	D	E	G	TUESDAY	T	V	D	E	G	WEDNESDAY	T	V	D	E	G	THURSDAY	T	V	D	E	G	FRIDAY	T	V	D	E	G	SATURDAY	T	V	D	E	G	SUNDAY	T	V	D	E	G
		16-Mar-26						17-Mar-26						18-Mar-26						19-Mar-26						20-Mar-26						21-Mar-26						22-Mar-26					
MORNING SNACK	WESTERN	SCRAMBLE EGG AND BAKED BEANS	✓	✓	✓	✓	✓	FRENCH TOAST	✓	✓	✓	✓	✓	EGG SANDWICH	✓	✓	✓	✓	✓	PANCAKES	✓	✓	✓	✓	✓	CROISSANT	✓	✓	✓	✓	✓	MONTE CRISTO	✓	✓	✓	✓	✓	SLICE BREAD	✓	✓	✓	✓	✓
		TOAST & CEREAL	✓	✓	✓	✓	✓	TOAST & CEREAL	✓	✓	✓	✓	✓	TOAST & CEREAL	✓	✓	✓	✓	✓	TOAST & CEREAL	✓	✓	✓	✓	✓	TOAST & CEREAL	✓	✓	✓	✓	✓	TOAST & CEREAL	✓	✓	✓	✓	✓	TOAST & CEREAL	✓	✓	✓	✓	✓
	ASIAN	NASI GORENG AYAM	✓	✓	✓	✓	✓	KUEW TEOW SOUP	✓	✓	✓	✓	✓	RAMEN NOODLE SOUP	✓	✓	✓	✓	✓	VERMICILLI SOUP	✓	✓	✓	✓	✓	MEE SOUP WITH CONDIMENT	✓	✓	✓	✓	✓	VERMICILLI SOUP	✓	✓	✓	✓	✓	MEE SOUP	✓	✓	✓	✓	✓
	VEGETARIAN	YEE MEE NOODLE SOUP	✓	✓	✓	✓	✓	MUSHROOM FRIED RICE	✓	✓	✓	✓	✓	CHINESE FRIED RICE	✓	✓	✓	✓	✓	CHEE CHEONG FUN WITH SWEET SAUCE AND FISH BALLS	✓	✓	✓	✓	✓	SPICY FRIED RICE	✓	✓	✓	✓	✓	YONG CHOW FRIED RICE	✓	✓	✓	✓	✓	MEE MAMAK STYLE	✓	✓	✓	✓	✓
		✓	✓	✓	✓	✓																																					
LUNCH	SOUP OF THE DAY	✓	✓	✓	✓	✓	SOUP OF THE DAY	✓	✓	✓	✓	✓	SOUP OF THE DAY	✓	✓	✓	✓	✓	SOUP OF THE DAY	✓	✓	✓	✓	✓	SOUP OF THE DAY	✓	✓	✓	✓	✓	SOUP OF THE DAY	✓	✓	✓	✓	✓	SOUP OF THE DAY	✓	✓	✓	✓	✓	
	SALAD																																										
		MIX SALAD OF THE DAY	✓	✓	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	✓	✓	MIX SALAD OF THE DAY	✓	✓	✓	✓	✓
		CHOICES OF TOPPING	✓	✓	✓	✓	✓	CHOICES OF TOPPING	✓	✓	✓	✓	✓	CHOICES OF TOPPING	✓	✓	✓	✓	✓	CHOICES OF TOPPING	✓	✓	✓	✓	✓	CHOICES OF TOPPING	✓	✓	✓	✓	✓	CHOICES OF TOPPING	✓	✓	✓	✓	✓	CHOICES OF TOPPING	✓	✓	✓	✓	✓
	CHOICES OF DRESSING	✓	✓	✓	✓	✓	CHOICES OF DRESSING	✓	✓	✓	✓	✓	CHOICES OF DRESSING	✓	✓	✓	✓	✓	CHOICES OF DRESSING	✓	✓	✓	✓	✓	CHOICES OF DRESSING	✓	✓	✓	✓	✓	CHOICES OF DRESSING	✓	✓	✓	✓	✓	CHOICES OF DRESSING	✓	✓	✓	✓	✓	
	WESTERN																																										
		CREAMY FISH WITH HERBS	✓	✓	✓	✓	✓	MEXICAN CHICKEN	✓	✓	✓	✓	✓	SWEEDISH CHICKEN BALL	✓	✓	✓	✓	✓	GREEK CHICKEN	✓	✓	✓	✓	✓	GRILLED CHICKEN	✓	✓	✓	✓	✓	CHICKEN FAJITA	✓	✓	✓	✓	✓	FISH FINGER	✓	✓	✓	✓	✓
		STIR FRIED MIX VEGETABLE	✓	✓	✓	✓	✓	SIDE SALAD	✓	✓	✓	✓	✓	SAUTEED VEGETABLE AND CORN	✓	✓	✓	✓	✓	SIDE SALAD	✓	✓	✓	✓	✓	STEAMED BROCCOLI	✓	✓	✓	✓	✓	CORN AND TOMATO SALSA	✓	✓	✓	✓	✓	GREEN PEAS WITH CARROT	✓	✓	✓	✓	✓
	ROASTED CAJUN POTATO	✓	✓	✓	✓	✓	CORN ON CORB	✓	✓	✓	✓	✓	BAKED PASTA	✓	✓	✓	✓	✓	CORN ON CORB	✓	✓	✓	✓	✓	ROASTED CAJUN POTATO	✓	✓	✓	✓	✓	POTATO WEDGES	✓	✓	✓	✓	✓	POTATO WEDGES	✓	✓	✓	✓	✓	
	ASIAN																																										
		CHICKEN KAPITAN	✓	✓	✓	✓	✓	STEAM GINGER FISH	✓	✓	✓	✓	✓	CHICKEN KORMA	✓	✓	✓	✓	✓	CURRY FISH WITH LADY FINGER	✓	✓	✓	✓	✓	AYAM SAMBAL	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	CHICKEN KARAAGE	✓	✓	✓	✓	✓
		YOGURT CUCUMBER	✓	✓	✓	✓	✓	SAUTEED MIX VEGETABLES	✓	✓	✓	✓	✓	STIR FRIED CABBAGE	✓	✓	✓	✓	✓	SAUTEED MIX VEGETABLES	✓	✓	✓	✓	✓	SAUTEED LONG BEANS	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	JAPANESE CABBAGE SALAD	✓	✓	✓	✓	✓
	DHALL VEGETABLE	✓	✓	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	✓	✓	BUTTER RICE	✓	✓	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	✓	✓	
	VEGETARIAN																																										
VEGAN CHICKEN KAPITAN		✓	✓	✓	✓	✓	TOFU GINGER SAUCE	✓	✓	✓	✓	✓	VEGETARIAN LAMB KORMA	✓	✓	✓	✓	✓	BEANCURD WITH CEAMY SAUCE	✓	✓	✓	✓	✓	VEGETABLE FRIED RICE WITH TOFU	✓	✓	✓	✓	✓	NESTUM VEGETARIN CHICKEN	✓	✓	✓	✓	✓	POTATO & CARROT VEGETARIAN LAMB STEW	✓	✓	✓	✓	✓	
STIR FRIED CABBAGE		✓	✓	✓	✓	✓	SAUTEED SPINACH WITH GARLIC	✓	✓	✓	✓	✓	STEAM GARLIC BROCCOLI	✓	✓	✓	✓	✓	FUCUK WITH GLASS NOODLE	✓	✓	✓	✓	✓	STIR FRIED BOK CHOY	✓	✓	✓	✓	✓	STIR FRIED CHOI SUM	✓	✓	✓	✓	✓	STIR FRIED MIX VEGE	✓	✓	✓	✓	✓	
ROASTED POTATO	✓	✓	✓	✓	✓	STEAM WHITE RICE	✓	✓	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	✓	✓	STEAM WHITE RICE	✓	✓	✓	✓	✓	PAPADAM	✓	✓	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	✓	✓		
DESSERT	FRESH CUT FRUIT	✓	✓	✓	✓	✓	DESSERT OF THE DAY	✓	✓	✓	✓	✓	BUBUR BARLEY MANIS	✓	✓	✓	✓	✓	FRESH CUT FRUIT	✓	✓	✓	✓	✓	DESSERT OF THE DAY	✓	✓	✓	✓	✓	BUBUR CHA CHA	✓	✓	✓	✓	✓	FRESH CUT FRUITS	✓	✓	✓	✓	✓	
DINNER	DINNER	BEEF BOLOGNESE	✓	✓	✓	✓	✓	KAM HEONG CHICKEN	✓	✓	✓	✓	✓	GRILLED FISH FILLET	✓	✓	✓	✓	✓	CLAYPOT CHICKEN RICE	✓	✓	✓	✓	✓	YONG TOFU NIGHT	✓	✓	✓	✓	✓	BEEF STEW	✓	✓	✓	✓	✓	MALACCA ASAM FISH	✓	✓	✓	✓	✓
		2 CHOICE OF PASTA	✓	✓	✓	✓	✓	BRAISED SOFT TOFU IN EGG SAUCE	✓	✓	✓	✓	✓	LEMON BUTTER SAUCE	✓	✓	✓	✓	✓	BRAISED SOY CHICKEN	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	DINNER BUN	✓	✓	✓	✓	✓	MILD CHILLI BRINJAL	✓	✓	✓	✓	✓
		GARDEN SALAD	✓	✓	✓	✓	✓	SAUTEED SPINACH WITH GARLIC	✓	✓	✓	✓	✓	PENNE AGLIO OLIO	✓	✓	✓	✓	✓	FISHBALL SOUP	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	MASHED POTATO	✓	✓	✓	✓	✓	BRAISED TOFU	✓	✓	✓	✓	✓
		MUSHROOM SOUP	✓	✓	✓	✓	✓	STEAMED RICE	✓	✓	✓	✓	✓	TRIO BAKED SWEET POTATO HONEY GLAZED	✓	✓	✓	✓	✓	CHICKEN FLOSS YAOMAK	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	COLESLAW	✓	✓	✓	✓	✓	STEAMED RICE	✓	✓	✓	✓	✓
		MIXED SALAD	✓	✓	✓	✓	✓	MIXED SALAD	✓	✓	✓	✓	✓	MIXED SALAD	✓	✓	✓	✓	✓	MIXED SALAD	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	MIXED SALAD	✓	✓	✓	✓	✓	MIXED SALAD	✓	✓	✓	✓	✓
			✓	✓	✓	✓	✓		✓	✓	✓	✓	✓		✓	✓	✓	✓			✓	✓	✓	✓	✓		✓	✓	✓	✓	✓		✓	✓	✓	✓	✓		✓	✓	✓	✓	✓

Information & Privilege:

All food served are HALAL compliant

Menu may change according to food supply seasons and availability

Delischool Healthy Food Guidelines:

We mainly bake, grill, steam, lightly stir fry or boil our foods. Deep frying is limited within our menu cycle.

We do not add MSG (Monosodium Glutamate) to our cooked foods.

We reduce saturated fat, sugar, salt & artificial colouring in our cooking

Guaranteed nut free, palm-oil free, glutamate and MSG free

T: TRAFFIC LIGHT SYSTEM

VEGETARIAN

D: DAIRY FREE

E: EGG FREE

G: GLUTEN FREE





Type of Group		Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday			
		23-Mar-26				24-Mar-26				25-Mar-26				26-Mar-26				27-Mar-26				28-Mar-26				29-Mar-26			
Morning Snack	Western	Grilled Chicken Sliced				Grilled Chicken Sausage				French Toast				Tuna Mayo Sandwich				Monte Cristo				Pancake with Fruits				Roti Canai with Dhall Curry			
		Toast & Cereal				Toast & Cereal				Toast & Cereal				Toast & Cereal				Toast & Cereal				Toast & Cereal				Toast & Cereal			
	Asian	Thai Chicken Soup				Thai Chicken Soup				Fish Porridge Soup				Tom Yum Mee Soup				Kuew Teow Soup				Bihun Soup				Fish Moi Soup			
	Vegetarian	Kampung Fried Rice				Stir Fry Hor Fun				Young Chow Fried Rice				Mushroom Fried Rice				Loh Shi Fun				Tom Yam Fried Rice				Soy Fried Rice			
Lunch	Soup of the Day	Soup of the Day				Soup of the Day				Soup of the Day				Soup of the Day				Soup of the Day				Soup of the Day				Soup of the Day			
	Salad	Mix Salad of the Day				Mix Salad of the Day				Mix Salad of the Day				Mix Salad of the Day				Mix Salad of the Day				Mix Salad of the Day				Mix Salad of the Day			
		Choices of Topping				Choices of Topping				Choices of Topping				Choices of Topping				Choices of Topping				Choices of Topping				Choices of Topping			
		Choices of Dressing				Choices of Dressing				Choices of Dressing				Choices of Dressing				Choices of Dressing				Choices of Dressing				Choices of Dressing			
	Western																												
		Chicken Maryland				Grilled Fish with Tomato Concasse				Parmesan Crusted Fish				Fish Finger				Tilapia Florentine				Grilled Fish with Tomato Concasse							
		Gratin Potato				Steamed Vegetables				Tomato Salad & Dressing				Green Peas with Carrot				Creamy Spinach				Steamed Vegetables							
	Asian	Caesar Salad				Garlic Bread				Baked Potato with Parsley				French Fries				Aglio Olio				Garlic Bread							
		Fish Masala				Chicken Katsu				Ayam Masak Merah				Chicken Katsu				Pad Kra Pao				BBQ Chicken				BBQ Chicken			
	Vegetarian	Acar Jelatah				Japanese Vegetable Curry				Stir Fry Mixed Veggie				Japanese Potato & Carrot Curry				Stir Fried Long Bean				Cucumber Tomato Salad Salsa				Cucumber Tomato Salad Salsa			
		Fragrant White Rice				Fragrant White Rice				FragrantTOMATO Rice				Fragrant White Rice				White Rice				Chicken Rice				Chicken Rice			
	Dessert																												
Vegetable Crackers					Steam Soft Tofu with Ginger Soy Sauce				Vegetarian Crusted Fish				Chicken Katsu				Soft Tofu with Soy Sauce				Vegetarian Fried Mee				Aglio Olio Penne				
Potato Samosa					Stir Fried Choi Sum				Tomato Salad Dressing				Japanese Potato & Carrot Curry				Stir Fry Mix Vegetable												
Dinner		Fried Vegetarian Glass Noodles				Fragrant White Rice				Bake Potato with Parsley				Fragrant White Rice				White Rice											
		Fresh Cut Fruit				Dessert of the Day				Bubur Jagung Manis				Fresh Cut Fruit				Dessert of the Day				Bubur Barley Manis				Fresh Cut Fruit			
		Black Pepper Beef Stew				BREADED Fish				Beef Bolognese				Kam Heong Chicken				Pumpkin Mashed Potato				Thai Fish				Char KoeY TIAW Counter			
		Butter Rice				Potato Gratin				Garlic Butter Pasta				Braised Soft Tofu in Egg Sauce				Chicken Au Gratin				Corn Rice				Sweet Corn Crab Meat Soup			
		Baked Potato				Coleslaw				Garden Salad				Sauteed Spinach with Garlic				Pita Bread				Stir Fri Kailan				Fruit Cocktail			

Information & Privilege:

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Guaranteed nut free, palm-oil free, glutamate and MSG free

T: TRAFFIC LIGHT SYSTEM
V: VEGETARIAN
D: DAIRY FREE
E: EGG FREE
G: GLUTEN FREE





TYPE OF GROUP		MONDAY 30-Mar-26	T	V	D	E	G	TUESDAY 31-Mar-26	T	V	D	E	G	WEDNESDAY 1-Apr-26	T	V	D	E	G	THURSDAY 2-Apr-26	T	V	D	E	G	FRIDAY 3-Apr-26	T	V	D	E	G	SATURDAY 4-Apr-26	T	V	D	E	G	SUNDAY 5-Apr-26	T	V	D	E	G
MORNING SNACK	WESTERN	MONTE CRISTO		✓		✓		SOFT BUN		✓		✓		PANCAKE		✓		✓		ENGLISH MUFFIN WITH EGG		✓		✓		BREAKFAST BURITO		✓		✓		AMERICAN BREAKFAST		✓		✓		SOFT BUN		✓		✓	
		CHOICE OF JAM		✓		✓		CHOICE OF JAM		✓		✓		CHOICE OF JAM		✓		✓		CHOICE OF JAM		✓		✓		CHOICE OF JAM		✓		✓		CHOICE OF JAM		✓		✓		CHOICE OF JAM		✓		✓	
	ASIAN	SINGAPORE BEE HOON		✓		✓		MEE SOTO		✓		✓		RAMEN SOUP		✓		✓		FISH MOI		✓		✓		DRY PAN MEE		✓		✓		DUMPLING NOODLE SOUP		✓		✓		TOMYAM NOODLE SOUP		✓		✓	
	VEGETARIAN	CEREAL OF DAY WITH FRESH MILK		✓		✓		GARLIC FRIED RICE		✓		✓		EGG FRIED RICE		✓		✓		STIR FRIED UDON		✓		✓		ANCHOVIES FRIED RICE		✓		✓		SPICY FRIED RICE		✓		✓		FRIED YEE MEE		✓		✓	
LUNCH	SOUP OF THE DAY	SOUP OF THE DAY		✓		✓		SOUP OF THE DAY		✓		✓		SOUP OF THE DAY		✓		✓		SOUP OF THE DAY		✓		✓		SOUP OF THE DAY		✓		✓		SOUP OF THE DAY		✓		✓		SOUP OF THE DAY		✓		✓	
		MIX SALAD OF THE DAY		✓		✓		MIX SALAD OF THE DAY		✓		✓		MIX SALAD OF THE DAY		✓		✓		MIX SALAD OF THE DAY		✓		✓		MIX SALAD OF THE DAY		✓		✓		MIX SALAD OF THE DAY		✓		✓		MIX SALAD OF THE DAY		✓		✓	
		CHOICES OF TOPPING		✓		✓		CHOICES OF TOPPING		✓		✓		CHOICES OF TOPPING		✓		✓		CHOICES OF TOPPING		✓		✓		CHOICES OF TOPPING		✓		✓		CHOICES OF TOPPING		✓		✓		CHOICES OF TOPPING		✓		✓	
	WESTERN	CHOICES OF DRESSING		✓		✓		CHOICES OF DRESSING		✓		✓		CHOICES OF DRESSING		✓		✓		CHOICES OF DRESSING		✓		✓		CHOICES OF DRESSING		✓		✓		CHOICES OF DRESSING		✓		✓		CHOICES OF DRESSING		✓		✓	
		ROASTED ROSEMARY CHICKEN		✓		✓		CHICKEN MEAT BALL IN TOMATO SAUCE		✓		✓		OVEN BAKED BARBEQUE BEEF		✓		✓		CREAMY CHICKEN PASTA		✓		✓		SLOPPY JOE'S		✓		✓		HONEY GLAZE CHICKEN		✓		✓		BAKED CHICKEN BROWN SAUCE		✓		✓	
		GRILLED CORN ON COB		✓		✓		MIX SALAD OF THE DAY		✓		✓		STEAM FRENCH BEAN		✓		✓		RATATOUILLE		✓		✓		MIXED SALAD		✓		✓		BUTTERED CORN AND CARROT		✓		✓		MIX SALAD OF THE DAY		✓		✓	
	ASIAN	CAJUN POTATO WEDGES		✓		✓		SPAGETTI		✓		✓		BOILED POTATO		✓		✓		GRATIN POTATO		✓		✓		BAKED POTAO WEDGES		✓		✓		PILAF RICE		✓		✓		AGLIO OLIO		✓		✓	
		TIKKA FISH WITH SAUCE		✓		✓		STEAM FISH WITH SOY SAUCE		✓		✓		SWEET SOUR CHICKEN		✓		✓		GINGER CHICKEN WITH DARK SAUCE		✓		✓		NASI LEMAK		✓		✓		CHINESE BUTTER CHICKEN		✓		✓		MANGO FISH		✓		✓	
	VEGETARIAN	STIR FRIED MIX VEGETABLE		✓		✓		SAUTEED BEAN SPROUT		✓		✓		CHINESE CABBAGE AND MUSHROOM		✓		✓		STIR FRIED MIU BEAN SPROUT		✓		✓		SAMBAL WITH CONDIMENTS		✓		✓		BRAISED SIEW PAK CHOY		✓		✓		STIR FRY LONG BEAN AND EGG		✓		✓	
		FRAGRANT WHITE RICE		✓		✓		FRAGRANT WHITE RICE		✓		✓		FRAGRANT WHITE RICE		✓		✓		FRAGRANT WHITE RICE		✓		✓		AYAM REMPAH		✓		✓		FRAGRANT WHITE RICE		✓		✓		FRAGRANT WHITE RICE		✓		✓	
	DRESSING	DHAAL CURRY		✓		✓		STEAM VEGETARIAN FISH WITH SOY SAUCE		✓		✓		STIR FRIED BLACK PAPPER VEGGIE MEAT		✓		✓		VEGETABLE LAGSANA		✓		✓		STIR FRY VEGETARIAN GLASS NOODLE		✓		✓		VEGETARIAN FRIED YEE MEE		✓		✓		VEGETARIAN CHICKEN SAMBAL		✓		✓	
		ONION PAKORA		✓		✓		STIR FRIED SAWI		✓		✓		STEAM MIX VEGETABLE		✓		✓		BAKED CAULIFLOWER AND CARROT		✓		✓		STIR FRIED BOK CHOY		✓		✓				✓				CUCUMBER SALAD DRESSING		✓		✓	
		NAAN BREAD		✓		✓		STEAM WHITE RICE		✓		✓		FRAGRANT WHITE RICE		✓		✓		POTATO SALAD		✓		✓		FRAGRANT RICE		✓		✓				✓				FRAGRANT WHITE RICE		✓		✓	
DINNER	DRESSING	FRESH CUT FRUIT		✓		✓		DESSERT OF THE DAY		✓		✓		BUBUR PULUT HITAM		✓		✓		FRESH CUT FRUIT		✓		✓		DESSERT OF THE DAY		✓		✓		BUBUR KACANG HIJAU		✓		✓		FRESH CUT FRUITS		✓		✓	
		CHICKEN MARRYLAND		✓		✓		BUTTER CHICKEN		✓		✓		BREADED FISH FILLET		✓		✓		GRILLED CHICKEN BURGER		✓		✓		TACO STATION WITH CONDIMENTS		✓		✓		CHICKEN ALFREDO PASTA		✓		✓		CHICKEN KAARAGE		✓		✓	
		AGLIO IJO PASTA		✓		✓		STEAM BROCCOLI AND CARROT		✓		✓		CREAMY CHEEZY SAUCE		✓		✓		4 TYPE OF CONDIMENTS		✓		✓				✓		✓		DINNER BUN		✓		✓		STHIN SLICE CABBAGE AND CARROT		✓		✓	
		BUTTER HERB BROCCOLI		✓		✓		FRAGRANT WHITE RICE		✓		✓		ROASTED POTATO		✓		✓		TOMATO SOUP		✓		✓				✓		✓		BAKED POTATO		✓		✓		BRAISED TOFU		✓		✓	
		MUSHROOM SOUP		✓		✓		BRAISED JAPANESE EGG TOFU		✓		✓		PUMPKIN SOUP		✓		✓		TOURTILLA CHIPS		✓		✓				✓		✓		COLESLAW		✓		✓		STEAMED RICE		✓		✓	
		FRESH CUT FRUITS		✓		✓		FRESH CUT FRUITS		✓		✓		FRESH CUT FRUITS		✓		✓		FRESH CUT FRUITS		✓		✓				✓		✓		FRESH CUT FRUITS		✓		✓		FRESH CUT FRUITS		✓		✓	

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TYPE OF GROUP		MONDAY	T	V	D	E	G	TUESDAY	T	V	D	E	G	WEDNESDAY	T	V	D	E	G	THURSDAY	T	V	D	E	G	FRIDAY	T	V	D	E	G	SATURDAY	T	V	D	E	G	SUNDAY	T	V	D	E	G
		6-Apr-26						7-Apr-26						8-Apr-26						9-Apr-26						10-Apr-26						11-Apr-26						12-Apr-26					
MORNING SNACK	WESTERN	TUNA SANDWICH	✓	✓	✓			FRENCH TOAST	✓	✓	✓			AMERICAN BREAKFAST	✓	✓	✓			PANCAKES	✓	✓	✓			CROISSANT	✓	✓	✓			CHEESE TOAST	✓	✓	✓			PRATA	✓	✓	✓		
		TOAST & CEREAL	✓	✓	✓			TOAST & CEREAL	✓	✓	✓			TOAST & CEREAL	✓	✓	✓			TOAST & CEREAL	✓	✓	✓			TOAST & CEREAL	✓	✓	✓			TOAST & CEREAL	✓	✓	✓			TOAST & CEREAL	✓	✓	✓		
	ASIAN	BRAISED YEE MEE	✓	✓	✓			TAMAGO RAMEN SOUP	✓	✓	✓			KUEY TEOW WITH EGG DROP SOUP	✓	✓	✓			DUMPLING NOODLE SOUP	✓	✓	✓			MEE SOUP WITH CONDIMENT	✓	✓	✓			VERMICILLI SOUP	✓	✓	✓			CANTONESE YEE MEE	✓	✓	✓		
			✓	✓	✓				✓	✓	✓				✓	✓	✓				✓	✓	✓				✓	✓	✓				✓	✓	✓				✓	✓	✓		
	VEGETARIAN	VILLAGE FRIED RICE	✓	✓	✓			GARLIC FRIED RICE	✓	✓	✓			TUMERIC FRIED RICE	✓	✓	✓			TOMYAM FRIED RICE	✓	✓	✓			FRIED KUEY TIOU	✓	✓	✓			YONG CHOW FRIED RICE	✓	✓	✓			MEE MAMAK STYLE	✓	✓	✓		
LUNCH	SOUP OF THE DAY	SOUP OF THE DAY	✓	✓	✓			SOUP OF THE DAY	✓	✓	✓			SOUP OF THE DAY	✓	✓	✓			SOUP OF THE DAY	✓	✓	✓			SOUP OF THE DAY	✓	✓	✓			SOUP OF THE DAY	✓	✓	✓			SOUP OF THE DAY	✓	✓	✓		
	SALAD	MIX SALAD OF THE DAY	✓	✓	✓			MIX SALAD OF THE DAY	✓	✓	✓			MIX SALAD OF THE DAY	✓	✓	✓			MIX SALAD OF THE DAY	✓	✓	✓			MIX SALAD OF THE DAY	✓	✓	✓			MIX SALAD OF THE DAY	✓	✓	✓			MIX SALAD OF THE DAY	✓	✓	✓		
		CHOICES OF TOPPING	✓	✓	✓			CHOICES OF TOPPING	✓	✓	✓			CHOICES OF TOPPING	✓	✓	✓			CHOICES OF TOPPING	✓	✓	✓			CHOICES OF TOPPING	✓	✓	✓			CHOICES OF TOPPING	✓	✓	✓			CHOICES OF TOPPING	✓	✓	✓		
		CHOICES OF DRESSING	✓	✓	✓			CHOICES OF DRESSING	✓	✓	✓			CHOICES OF DRESSING	✓	✓	✓			CHOICES OF DRESSING	✓	✓	✓			CHOICES OF DRESSING	✓	✓	✓			CHOICES OF DRESSING	✓	✓	✓			CHOICES OF DRESSING	✓	✓	✓		
	WESTERN	POACHED FISH HERB CREAM SAUCE	✓	✓	✓			PERI PERI CHICKEN	✓	✓	✓			BAKED FISH WITH GARLIC SAUCE	✓	✓	✓			CHICKEN STRAGANOFF	✓	✓	✓			CREAMY HERB BAKED FISH	✓	✓	✓			CHICKEN FAJITA	✓	✓	✓			BAKED FISH PICATTA	✓	✓	✓		
		STEAM BROCCOLI	✓	✓	✓			GARLIC FRENCH BEAN AND CARROT	✓	✓	✓			CORN ON COB	✓	✓	✓			SIDE SALAD	✓	✓	✓			STEAMED BROCCOLI	✓	✓	✓			CORN AND TOMATO SALSA	✓	✓	✓			BAKED ZUCCHINI	✓	✓	✓		
		OVEN BAKED POTATO	✓	✓	✓			PASTA POMODORO	✓	✓	✓			CAJUN BAKED POTATO	✓	✓	✓			CORN ON CORB	✓	✓	✓			ROASTED CAJUN POTATO	✓	✓	✓			POTATO WEDGES	✓	✓	✓			MASHED POTATO	✓	✓	✓		
	ASIAN	CHICKEN WITH TOMATO CHILLI	✓	✓	✓			SWEET & SOUR FISH	✓	✓	✓			CHICKEN MANGO SALAD	✓	✓	✓			FRIED FISH WITH HOISIN SAUCE	✓	✓	✓			CHICKEN DRY CHILLI	✓	✓	✓			THAI STEAM LIME FISH	✓	✓	✓			CHICKEN PICATTA	✓	✓	✓		
		CUCUMBER SALAD	✓	✓	✓			SAUTEED KAILAN WITH GARLIC	✓	✓	✓			STIR FRIED BEAN SPROUT	✓	✓	✓			SAUTEED MIX VEGETABLES	✓	✓	✓			WHITE RICE	✓	✓	✓			BRAISED SIEW PAK CHOY	✓	✓	✓			JAPANESE CABBAGE SALAD	✓	✓	✓		
		FRAGRANT WHITE RICE	✓	✓	✓			FRAGRANT WHITE RICE	✓	✓	✓			BUTTER RICE	✓	✓	✓			FRAGRANT WHITE RICE	✓	✓	✓			SAUTEED MAMAK CABBAGE	✓	✓	✓			FRAGRANT WHITE RICE	✓	✓	✓			FRAGRANT WHITE RICE	✓	✓	✓		
	VEGETARIAN	FRIED TOFU AND TEMPE TOMATO CHILLI	✓	✓	✓			SWEET SOUR SOFT TOFU	✓	✓	✓			VEGETARIAN LAMB MANGO SALAD	✓	✓	✓			BEANCURD WITH HOISIN SAUCE	✓	✓	✓			TOFU DRY CHILLI	✓	✓	✓			BAKED VEGETARIN FISH THAI STEAM SAUCE	✓	✓	✓			VEGETARIAN LAMB PICATTA	✓	✓	✓		
		SAUTEED CHOI SAM	✓	✓	✓			SAUTEED CABBAGE	✓	✓	✓			SAUTEED MIX VEGITABLE	✓	✓	✓			FUCUK WITH GLASS NOODLE	✓	✓	✓			STIR FRIED BOK CHOY	✓	✓	✓			STIR FRIED CHOI SUM	✓	✓	✓			STIR FRIED MIX VEGE	✓	✓	✓		
		STEAM WHITE RICE	✓	✓	✓			STEAM WHITE RICE	✓	✓	✓			FRAGRANT WHITE RICE	✓	✓	✓			STEAM WHITE RICE	✓	✓	✓			STEAM RICE	✓	✓	✓			FRAGRANT WHITE RICE	✓	✓	✓			FRAGRANT WHITE RICE	✓	✓	✓		
	DESSERT	FRESH CUT FRUIT	✓	✓	✓			DESSERT OF THE DAY	✓	✓	✓			BUBUR CHA CHA	✓	✓	✓			FRESH CUT FRUIT	✓	✓	✓			DESSERT OF THE DAY	✓	✓	✓			BUBUR SAGO MELAKA	✓	✓	✓			FRESH CUT FRUITS	✓	✓	✓		
DINNER	BARBEQUE CHICKEN	✓	✓	✓	✓			KAM HEONG CHICKEN	✓	✓	✓	✓		GRILLED CHICKEN CACCIATORE	✓	✓	✓	✓		CHICKEN RENDANG	✓	✓	✓	✓		WETERN STATION NIGHT(CHICKEN LAGSANA)	✓	✓	✓	✓		CHICKEN IRISH STEW	✓	✓	✓	✓		DRIED CHILI CHIKEN	✓	✓	✓	✓	
	SAUTEED MIX VEGETABLES	✓	✓	✓	✓			BRAISED SOFT TOFU IN EGG SAUCE	✓	✓	✓	✓		STEAM BROCCOLI AND CALIFLOWER	✓	✓	✓	✓		SAUTEED CHAI SIM	✓	✓	✓	✓			✓	✓	✓	✓		DINNER BUN	✓	✓	✓	✓		MILD CHILLI BRINJAL	✓	✓	✓	✓	
	ROASTED CAJUN POTATO	✓	✓	✓	✓			SAUTEED SPINACH WITH GARLIC	✓	✓	✓	✓		PENNE AGLIO OLIO	✓	✓	✓	✓		PAPADOM	✓	✓	✓	✓			✓	✓	✓	✓		MASHED POTATO	✓	✓	✓	✓		BRAISED TOFU	✓	✓	✓	✓	
	BUTTER RICE	✓	✓	✓	✓			STEAMED RICE	✓	✓	✓	✓		SWEET POTATO HONEY GLAZED	✓	✓	✓	✓		GEE RICE	✓	✓	✓	✓			✓	✓	✓	✓		COLESLAW	✓	✓	✓	✓		STEAMED RICE	✓	✓	✓	✓	
	MIXED SALAD	✓	✓	✓	✓			MIXED SALAD	✓	✓	✓	✓		MIXED SALAD	✓	✓	✓	✓		MIXED SALAD	✓	✓	✓	✓			✓	✓	✓	✓		MIXED SALAD	✓	✓	✓	✓		MIXED SALAD	✓	✓	✓	✓	

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TYPE OF GROUP		MONDAY 13-Apr-26	TUESDAY 14-Apr-26	WEDNESDAY 15-Apr-26			THURSDAY 16-Apr-26	FRIDAY 17-Apr-26			SATURDAY 18-Apr-26	SUNDAY 19-Apr-26		
MORNING SNACK	WESTERN	SCRAMBLE EGG AND BAKED BEANS	FRENCH TOAST				EGG SANDWICH				CROISSANT			
	WESTERN	TOAST & CEREAL	TOAST & CEREAL				TOAST & CEREAL				TOAST & CEREAL			
	ASIAN	YEE MEE NOODLE SOUP	KUEW TEOW SOUP				RAMEN NOODLE SOUP				MEE SOUP WITH CONDIMENT			
	ASIAN													
	VEGETARIAN	NASI GORENG AYAM	MUSHROOM FRIED RICE				CHEE CHEONG FUN WITH SWEET SAUCE AND FISH BALLS				SPICY FRIED RICE			
LUNCH	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY				SOUP OF THE DAY				SOUP OF THE DAY			
	SALAD	MIX SALAD OF THE DAY	MIX SALAD OF THE DAY				MIX SALAD OF THE DAY				MIX SALAD OF THE DAY			
	SALAD	CHOICES OF TOPPING	CHOICES OF TOPPING				CHOICES OF TOPPING				CHOICES OF TOPPING			
	SALAD	CHOICES OF DRESSING	CHOICES OF DRESSING				CHOICES OF DRESSING				CHOICES OF DRESSING			
	WESTERN	CREAMY FISH WITH HERBS	MEXICAN CHICKEN				SWEEDISH CHICKEN BALL				GRILLED CHICKEN			
	WESTERN	STIR FRIED MIX VEGETABLE	SIDE SALAD				SAUTEED VEGETABLE AND CORN				STEAMED BROCCOLI			
	WESTERN	ROASTED CAJUN POTATO	CORN ON CORB				BAKED PASTA				ROASTED CAJUN POTATO			
	ASIAN	CHICKEN KAPITAN	STEAM GINGER FISH				CHICKEN KORMA				AYAM SAMBAL			
	ASIAN	YOGURT CUCUMBER	SAUTEED MIX VEGETABLES				STIR FRIED CABBAGE				WHITE RICE			
	ASIAN	DHALL VEGETABLE	FRAGRANT WHITE RICE				BUTTER RICE				SAUTEED LONG BEANS			
	VEGETARIAN	VEGAN CHICKEN KAPITAN	TOFU GINGER SAUCE				VEGETARIAN LAMB KORMA				VEGETABLE FRIED RICE WITH TOFU			
	VEGETARIAN	STIR FRIED CABBAGE	SAUTEED SPINACH WITH GARLIC				STEAM GARLIC BROCCOLI				STIR FRIED BOX CHOY			
	VEGETARIAN	ROASTED POTATO	STEAM WHITE RICE				FRAGRANT WHITE RICE				PAPADAM			
	DESSERT	FRESH CUT FRUIT	DESSERT OF THE DAY				BUBUR KACANG HIJAU				FRESH CUT FRUIT			
DINNER	DINNER	BEEF BOLOGNESE	KAM HEONG CHICKEN				GRILLED FISH FILLET				BEANCURD WITH CEAMY SAUCE			
	DINNER	2 CHOICE OF PASTA	BRAISED SOFT TOFU IN EGG SAUCE				LEMON BUTTER SAUCE				CLAYPOT CHICKEN RICE			
	DINNER	GARDEN SALAD	SAUTEED SPINACH WITH GARLIC				PENNE AGLIO OLIO				BRAISED SOY CHICKEN			
	DINNER	MUSHROOM SOUP	STEAMED RICE				TRIO BAKED SWEET POTATO HONEY GLAZED				FISHBALL SOUP			
	DINNER	MIXED SALAD	MIXED SALAD				MIXED SALAD				CHICKEN FLOSS YAOMAK			
											Noodle Station Night			

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V: VEGETARIAN
D: DAIRY FREE
E: EGG FREE
G: GLUTEN FREE





TYPE OF GROUP		MONDAY	T	V	D	E	G	TUESDAY	T	V	D	E	G	WEDNESDAY	T	V	D	E	G	THURSDAY	T	V	D	E	G	FRIDAY	T	V	D	E	G	SATURDAY	T	V	D	E	G	SUNDAY	T	V	D	E	G
		20-Apr-26						21-Apr-26						22-Apr-26						23-Apr-26						24-Apr-26						25-Apr-26						26-Apr-26					
MORNING SNACK	WESTERN	GRILLED CHICKEN SLICED						GRILLED CHICKEN SAUSAGE						FRENCH TOAST						TUNA MAYO SANDWICH						MONTE CRISTO						PANCAKE WITH FRUITS						ROTI CANAI WITH DHALL CURRY					
		TOAST & CEREAL						TOAST & CEREAL						TOAST & CEREAL						TOAST & CEREAL						TOAST & CEREAL						TOAST & CEREAL						TOAST & CEREAL					
	ASIAN	THAI CHICKEN SOUP						FISH PORRIDGE SOUP						TOM YUM MEE SOUP						KUEW TEOW SOUP						BIHUN SOUP						FISH MOI SOUP						CHICKEN SOTO					
	VEGETARIAN	KAMPUNG FRIED RICE						STIR FRY HOR FUN						YOUNG CHOW FRIED RICE						MUSHROOM FRIED RICE						LOH SHI FUN						TOMYAM FRIED RICE						SOY FRIED RICE					
LUNCH	SOUP OF THE DAY	SOUP OF THE DAY						SOUP OF THE DAY						SOUP OF THE DAY						SOUP OF THE DAY						SOUP OF THE DAY						SOUP OF THE DAY						SOUP OF THE DAY					
	SALAD	MIX SALAD OF THE DAY						MIX SALAD OF THE DAY						MIX SALAD OF THE DAY						MIX SALAD OF THE DAY						MIX SALAD OF THE DAY						MIX SALAD OF THE DAY						MIX SALAD OF THE DAY					
		CHOICES OF TOPPING						CHOICES OF TOPPING						CHOICES OF TOPPING						CHOICES OF TOPPING						CHOICES OF TOPPING						CHOICES OF TOPPING						CHOICES OF TOPPING					
		CHOICES OF DRESSING						CHOICES OF DRESSING						CHOICES OF DRESSING						CHOICES OF DRESSING						CHOICES OF DRESSING						CHOICES OF DRESSING						CHOICES OF DRESSING					
	WESTERN	CHICKEN MARYLAND						GRILLED FISH WITH TOMATO CONCASSE						PARMESAN CRUSTED FISH						FISH FINGER						TILAPIA FLORENTINE						GRILLED FISH WITH TOMATO CONCASSE											
		GRATIN POTATO						STEAMED VEGETABLES						TOMATO SALAD & DRESSING						GREEN PEAS WITH CARROT						CREAMY SPINACH						STEAMED VEGETABLES											
		CAESER SALAD						GARLIC BREAD						BAKED POTATO WITH PARSLEY						FRENCH FRIES						AGLIO OLIO						GARLIC BREAD											
	ASIAN																																										
		FISH MASALA						CHICKEN KATSU						AYAM MASAK MERAH						CHICKEN KATSU						PAD KRA PAO						BBQ CHICKEN						BBQ CHICKEN					
		ACAR JELATAH						JAPANESE VEGETABLE CURRY						STIR FRY MIXED VEGGIE						JAPANESE POTATO & CARROT CURRY						STIR FRIED LONG BEAN						CUCUMBER TOMATO SALAD SALSA						CUCUMBER TOMATO SALAD SALSA					
	VEGETARIAN	FRAGRANT WHITE RICE						FRAGRANT WHITE RICE						FRAGRANTTOMATO RICE						FRAGRANT WHITE RICE						WHITE RICE						CHICKEN RICE						CHICKEN RICE					
		VEGETABLE CRACKERS						STEAM SOFT TOFU WITH GINGER SOY SAUCE						VEGETARIAN CRUSTED FISH						CHICKEN KATSU						SOFT TOFU WITH SOY SAUCE						VEGETARIAN FRIED MEE						AGLIO OLIO PENNE					
	DESSERT	POTATO SAMOSA						STIR FRIED CHOI SUM						TOMATO SALAD DRESSING						JAPANESE POTATO & CARROT CURRY						STIR FRY MIX VEGETABLE																	
		FRIED VEGETARIAN GLASS NOODLES						FRAGRANT WHITE RICE						BAKE POTATO WITH PARSLEY						FRAGRANT WHITE RICE						WHITE RICE																	
		FRESH CUT FRUIT						DESSERT OF THE DAY						BUBUR CHA CHA						FRESH CUT FRUIT						DESSERT OF THE DAY						BUBUR SAGO MELAKA						FRESH CUT FRUIT					
DINNER	BLACK PEPPER BEEF STEW						BREADED FISH						BEEF BOLOGNESE						KAM HEONG CHICKEN						PUMPKIN MASHED POTATO						THAI FISH						CHAR KOEY TIAW COUNTER						
	BUTTER RICE						POTATO GRATIN						GARLIC BUTTER PASTA						BRAISED SOFT TOFU IN EGG SAUCE						CHICKEN AU GRATIN						CORN RICE						SWEET CORN CRAB MEAT SOUP						
	BAKED POTATO						COLESLAW						GARDEN SALAD						SAUTEED SPINACH WITH GARLIC						PITA BREAD						STIR FRI KAILAN						FRUIT COCKTAIL						
	AGLIO OLIO PSTA						TOMYAM FRIED RICE						MUSHROOM SOUP						STEAMED RICE						HERBS BOILED EGG						GARLIC BREAD						FRESH CUT FRUITS						
	FRESH CUT FRUITS						FRESH CUT FRUITS						FRESH CUT FRUITS						FRESH CUT FRUITS						FRESH CUT FRUITS						FRESH CUT FRUITS						FRESH CUT FRUITS						

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