				FARMER'S				Prince of Wales Island International School WEEK 1	ł					FARI ma	MER'S COMMANDERS
TYPE OF	OBOUR	MONDAY	T V D	TUESDAY	TVDE	WEDNESDAY	TVDE	THURSDAY	TVI		FRIDAY	TVDEC	SATURDAY	TVD	SUNDAY
		5-Jan-26		6-Jan-26		7-Jan-26		8-Jan-26			9-Jan-26		10-Jan-26	1,40	11-Jan-26
	E.S.			FRENCH TOAST		AMERICAN BREAKFAST	- -	PANCAKES	-	-	CROISSANT	 .	CHEESE TOAST	-	
	WES			TOAST & CEREAL	· · · ·	TOAST & CEREAL		TOAST & CEREAL		-	TOAST & CEREAL		TOAST & CEREAL		TOAST & CEREAL
SNACK	AN			TAMAGO RAMEN SOUP	-	ANCHOVIES FRIED RICE	 ,	DUMPLING NOODLE SOUP		-	MEE SOUP WITH CONDIMENT		VERMICILLI SOUP		CANTONESE YEE MEE
ORNING	AS														
Σ	TARIAN			GARLIC FRIED RICE		KOAY TEOW W EGG DROP SOUP		TOMYAM FRIED RICE	,		FRIED KUEY TIOW		YONG CHOW FRIED RICE		PRATA
	VEGI														VEGETARIAN DHALL
			П							П					<u> </u>
	SALAD		Н	MIX SALAD OF THE DAY		MIX SALAD OF THE DAY		MIX SALAD OF THE DAY	-		MIX SALAD OF THE DAY		MIX SALAD OF THE DAY		MIX SALAD OF THE DAY
			Ш	CHOICES OF TOPPING	1	CHOICES OF TOPPING		CHOICES OF TOPPING	.		CHOICES OF TOPPING		CHOICES OF TOPPING	1	CHOICES OF TOPPING
			Ш	CHOICES OF DRESSING		CHOICES OF DRESSING		CHOICES OF DRESSING	"	777	CHOICES OF DRESSING		CHOICES OF DRESSING		CHOICES OF DRESSING
										П					<u> </u>
	ESTERN		Ш	HONEY GLAZE CHICKEN GARLIC FRENCH BEAN AND	1	BAKED FISH WITH GARLIC SAUCE	-	CHICKEN STRAGANOFF	.		CREAMY HERB BAKED FISH	1	CHICKEN FAJITA		BAKED FISH PICATTA
	>		Ш	CARROT				SIDE SALAD	4	111	STEAMED BROCCOLI		CORN AND TOMATO SALSA	77	BAKED ZUCCHINI
_			Ш	FRIED PASTA		CAJUN BAKED POTATO		CORN ON CORB	~	77	ROASTED CAJUN POTATO		POTATO WEDGES		MASHED POTATO
IONO															<u> </u>
	ASIAN		Ш	SWEET & SOUR FISH	1	CHICKEN TERIYAKI SAUCE	1	FRIED FISH WITH THAI SAUCE	<u> </u>		AYAM MASAK MERAH	1	STEAM LIME FISH	,	CHICKEN KARAAGE
	`		Ш	SAUTEED KAILAN WITH GARLIC		STIR FRIED BEAN SPROUT	-	SAUTEED MIX VEGETABLES	~ \	111	WHITE RICE		BRAISED SIEW PAK CHOY	144	JAPANESE CABBAGE SALAD
			Ш	FRAGRANT WHITE RICE		BUTTER RICE		FRAGRANT WHITE RICE	-	111	SAUTEED MAMAK CABBAGE		FRAGRANT WHITE RICE	-	FRAGRANT WHITE RICE
						VECETA DIANU AND TEDIVAKI				П					
	ETARIAN		Ш	SWEET SOUR SOFT TOFU		VEGETARIAN LAMB TERIYAKI SAUCE	777	BEANCURD WITH THAI SAUCE	1	111	TOFU MASAK MERAH	1	BAKED VEGETARIN CHICKEN	177	VEGETARIAN LAMB PICATTA
	VEG		Щ	SAUTEED CABBAGE		SAUTEED MIX VEGITABLE		FUCUK WITH GLASS NOODLE	~	111	STIR FRIED BOK CHOY		STIR FRIED CHOI SUM	144	STIR FRIED MIX VEGE
			Ш	STEAM WHITE RICE		FRAGRANT WHITE RICE		STEAM WHITE RICE	-	111	STEAM RICE	1///	FRAGRANT WHITE RICE	144	FRAGRANT WHITE RICE
	DESSER		Ш	FRESH CUT FRUIT	· · · ·	DESSERT OF THE DAY	1 //	BUBUR KACANG HIJAU	-	1	FRESH CUT FRUIT		DESSERT OF THE DAY		BUBUR PULUT HITAM
			Ш	KAM HEONG CHICKEN		GRILLED CHICKEN CACCIATORE	-	PERCIK CHICKEN	ı,	1			CHICKEN STEW	-	DRIED CHILI CHIKEN
			Ш	BRAISED SOFT TOFU IN EGG SAUCE		STEAM BROCOLLI AND CALIFLOWER	1	SAUTEED CHAI SIM	4	111			DINNER BUN	111	MILD CHILLI BRINJAL
NER.			Щ	SAUTEED SPINACH WITH GARLIC		PENNE AGLIO OLIO		PAPADOM	٧.	111	PASTA STATION NIGHT		MASHED POTATO	111	BRAISED TOFU
ā			Ш	STEAMED RICE		TRIO BAKED SWEET POTATO HONEY GLAZED		GEE RICE	٧.	111			COLESLAW	1	STEAMED RICE
			Ш	MIXED SALAD		MIXED SALAD		MIXED SALAD	4	44			MIXED SALAD		MIXED SALAD
										Ш					

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			FARMER'S					Prince of Wales Isla International School	ınd ol					ARME	R'S			
TYPE OF GROUP	MONDAY	TVDE	TUESDAY	TVD	F G-	WEDNESDAY	TVD	THURSDAY	τv	DEG	FRIDAY	TVDE	SATURDAY	TVDE	F G-	SUNDAY	TVE	F G
	12-Jan-26		13-Jan-26			14-Jan-26		15-Jan-26			16-Jan-26		17-Jan-26			18-Jan-26		
STERN	MONTE CRISTO		BAKED BEAN AND CHICKEN HAM	,	1	PANCAKE	•	CHEESE SANDWICH	-	Ш	AMERICAN BREAKFAST	-	FRENCH TOAST	-	Ц	WAFFLES	1	Ш
₩	TOAST & CEREAL	.	TOAST & CEREAL		44	TOAST & CEREAL		TOAST & CEREAL	-		TOAST & CEREAL		TOAST & CEREAL		11	TOAST & CEREAL	1	
AG SNAO	CHICKEN MOI		MEE SOTO	-	44	RAMEN SOUP	-	FISH MOI		11/	ANCHOVIES FRIED RICE		DUMPLING NOODLE SOUP	-	1	DUMPLING NOODLE SOUP	<u> </u>	
MORNIN																		
ARIAN	SINGAPORE BEE HOON	,,, ,	GARLIC FRIED RICE	-		EGG FRIED RICE	-	STIR FRIED UDON	-	 	DRY PAN MEE		SPICY FRIED RICE		44	FRIED YEE MEE	-	-
VEGET															П			П
SOUP OF THE DAY	SOUP OF THE DAY		SOUP OF THE DAY	,,		SOUP OF THE DAY		SOUP OF THE DAY	,	,,,,	SOUP OF THE DAY		SOUP OF THE DAY		1	SOUP OF THE DAY	,,	
	MIX SALAD OF THE DAY		MIX SALAD OF THE DAY		111	MIX SALAD OF THE DAY		MIX SALAD OF THE DAY	-		MIX SALAD OF THE DAY		MIX SALAD OF THE DAY		1	MIX SALAD OF THE DAY	٧.	
SAIAC	CHOICES OF TOPPING	٠.	CHOICES OF TOPPING	-		CHOICES OF TOPPING	-	CHOICES OF TOPPING		11/	CHOICES OF TOPPING		CHOICES OF TOPPING	٧.	44	CHOICES OF TOPPING	-	
	CHOICES OF DRESSING		CHOICES OF DRESSING			CHOICES OF DRESSING		CHOICES OF DRESSING	-		CHOICES OF DRESSING	,,,	CHOICES OF DRESSING		4	CHOICES OF DRESSING	٧.	
																,		
TERN	ROASTED ROSEMARY CHICKEN	~~	FRIED FISH WITH CREAMY HERB SAUCE	,		ONE - PAN CHICKEN WITH TOMATO	,	GRILLED FISH			BAKED CHICKEN WITH MUSHROOM SAUCE		HONEY GLAZE CHICKEN	-	1	CHICKEN POPCORN	<u> </u>	-
WES	GRILLED CORN ON COB		MIX SALAD OF THE DAY		-	STEAM FRENCH BEAN		RATATOUILLE	-	1-1-	SAUTEED MIX VEGITABLE		BUTTERD CORN AND CARROT		44	MIX SALAD	٧.	
_	CAJUN POTATO WEDGES		SPAGETTI			BOILED POTATO	-	GARLIC POTATO	-		POTATO WEDGES		PILAF RICE		1	MASHED POTATO	٧.	
TONO																		
3	TIKKA FISH MASALA		SWEET SOUR CHICKEN	,		MAMA'S FISH CURRY		GINGER CHICKEN WITH DARK SAUCE		77	HONEY MAMAK FISH	J.,	CHINESE BUTTER CHICKEN	-	1	MANGO FISH	IJ.	-
VS.	STIR FRIED MIX VEGETABLE	J.J.	CHINESE CABBAGE AND MUSHROOM			STIR FRIED LONG CABBAGE		STIR FRIED MIU BEAN SPROUT	-	1111	MAMAK CABBAGE	,,,	BRAISED SIEW PAK CHOY		44	STIR FRY LONG BEAN AND EGG	7.	
	FRAGRANT WHITE RICE	· · · ·	FRAGRANT WHITE RICE			FRAGRANT WHITE RICE		FRAGRANT WHITE RICE	,		FRAGRANT WHITE RICE		FRAGRENT WHITE RICE		1	FRAGRANT WHITE RICE	٠.	
ARIAN	TOFU MASALA		STEAM VEGETARIAN FISH SWEET SOUR SAUCE	-		VEGGIE MEAT CURRY SAUCE		FRIED TOFU WITH GINGER SAUCE	-	 	STIR FRY VEGETARIAN GLASS NOODLE		VEGETARIAN YEE MEE			VEGETARIAN CHICKEN SAMBAL	-	
VEGET	STIR FIRED OKRA	-	STIR FRIED SAWI	,,		STEAM MIX VEGETABLE	-	BAKED CAULIFLOWER AND CARROT	,	111-	STIR FRIED BOK CHOY	,,	,		1	CUCUMBER SALAD DRESSING	1	
	PITA BREAD		STEAM WHITE RICE		-	FRAGRANT WHITE RICE		POTATO SALAD	-	1-1-	FRAGRANT RICE	,,,	,		44	FRAGRANT WHITE RICE	1	
DESSERT	FRESH CUT FRUIT		DESSERT OF THE DAY	,		BUBUR PENGAT PISANG	J	FRESH CUT FRUIT	-		DESSERT OF THE DAY	, ,	BUBUR JAGUNG MANIS	, ,		FRESH CUT FRUITS	۷,	
	CHICKEN MARRYLAND	-	INDIAN BUTTER CHICKEN	,	\prod	BREADED FISH FILLET	-	NASI LEMAK	-				CHICKEN ALFREDO PASTA	-	П	CHICKEN KAARAGE	-	П
	AGLIO ILIO PASTA		STEAM BROCCOLI AND CARROT		-	CREAMY CHEEZY SAUCE	J	SAMBAL WITH CONDIMENTS		11/			DINNER BUN	,	4	STHIN SLICE CABBAGE AND CARROT	4.	
ŭ Z	BUTTER HERB BROCCOLI		FRAGRANT WHITE RICE		11	ROASTED POTATO		AYAM REMPAH		1	NOODLE STATION WITH		BAKED POTATO	,,,	4	BRAISED TOFU	4.	
DIN	MUSHROOM SOUP	1	BRAISED JAPANESE EGG TOFU		11	PUMPKIN SOUP	-	-			CONDIMENTS		COLESLAW		44	STEAMED RICE	٧.	
	MIX SALADS		MIX SALADS			MIX SALADS	-	MIXED SALAD	-				MIX SALADS			MIX SALADS	٧.	
																		\coprod

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			FARMER'S Mundal	8		In	ince of Wales Island ternational School WEEK 3						FAR	MER	3
OUP	MONDAY		TUESDAY		WEDNESDAY		THURSDAY	-		FRIDAY	TVD	SATURDAY			SUNDAY
OUP	19-Jan-26	VUE	20-Jan-26	VDE	21-Jan-26	IVDE	22-Jan-26	71	DEG	23-Jan-26		24-Jan-26]' '	DEG	25-Jan-26
	SCRAMBLE EGG AND BAKED BEANS	-	✓ FRENCH TOAST	-	EGG SANDWICH	~~	PANCAKES	~	Ш	CROISSANT	-	MONTE CRISTO	~	Ţ	SLICE BREAD
	CHOICE OF JAM		✓ TOAST & CEREAL		TOAST & CEREAL	,,,	TOAST & CEREAL	~	777	TOAST & CEREAL	1,,,	TOAST & CEREAL	~	11.	TOAST & CEREAL
	YEE MEE NOODLE SOUP	,	✓ BURRITO CHICKEN	,	RAMEN NOODLE SOUP	-	VERMICILLI SOUP			MEE SOUP WITH CONDIMENT		VERMICILLI SOUP			MEE SOUP
	NASI GORENG	٠.	✓ KUEW TEOW SOUP		LONTONG WITH SAYUR LODEH	, ,	CHEE CHEONG FUN WITH VEGE FISH	,	,	VILLAGE FRIED RICE		✓ YONG CHOW FRIED RICE	-		MEE MAMAK STYLE
		Ш	BURRITO CHICKEN	Ш		Ш			Ш					Щ	
1	SOUP OF THE DAY		SOUP OF THE DAY		SOUP OF THE DAY		SOUP OF THE DAY			SOUP OF THE DAY		SOUP OF THE DAY		Ш	SOUP OF THE DAY
	MIX SALAD OF THE DAY	٠,,	✓ MIX SALAD OF THE DAY		MIX SALAD OF THE DAY		✓ MIX SALAD OF THE DAY	-	111	MIX SALAD OF THE DAY		✓ MIX SALAD OF THE DAY	,		MIX SALAD OF THE DAY
	CHOICES OF TOPPING	1	✓ CHOICES OF TOPPING	1	CHOICES OF TOPPING		CHOICES OF TOPPING		111	CHOICES OF TOPPING	1	CHOICES OF TOPPING		111	CHOICES OF TOPPING
	CHOICES OF DRESSING		CHOICES OF DRESSING		CHOICES OF DRESSING		CHOICES OF DRESSING	~	444	CHOICES OF DRESSING		CHOICES OF DRESSING	-	111	CHOICES OF DRESSING
	FRILLED FISH WITH HERBS		CHICKEN STRAGANOFF		CHICKEN SHAPERD PIE		CHICKEN STRAGANOFF		77	GRILLED CHICKEN	-	CHICKEN FAJITA		777	FISH FINGER
	STIR FRIED MIX VEGITABLE		✓ SIDE SALAD		SAUTEED VEGETABLE AND CORN		SIDE SALAD	~		STEAMED BROCCOLI		CORN AND TOMATO SALSA	~	,,,,,,	GREEN PEAS WITH CARROT
	ROASTED CAJUN POTATO		✓ CORN ON CORB		PASTA	,,,	✓ CORN ON CORB	,		ROASTED CAJUN POTATO	,,,	▶ POTATO WEDGES	-		POTATO WEDGES
														ш	
	CHICKEN KAPITAN	11	STEAM GINGER FISH	1	CHICKEN KORMA		CURRY FISH WITH LADY FINGER		111	AYAM SAMBAL	1			Щ'	CHICKEN KARAAGE
	YOGURT CUCUMBER	4 -	SAUTEED MIX VEGETABLES	777	STIR FRIED CABBAGE	V V 4	SAUTEED MIX VEGETABLES		111	WHITE RICE	144	-		Щ'	JAPANESE CABBAGE SALAD
_	DHALL VEGETABLE	-	FRAGRANT WHITE RICE		BUTTER RICE		FRAGRANT WHITE RICE	~	444	SAUTEED LONG BEANS				Ш	FRAGRANT WHITE RICE
	VEGAN CHICKEN KAPITAN		TOFU GINGER SAUCE	777	✓ VEGETARIAN LAMB KORMA		▶ BEANCURD WITH CEAMY SAUCE	-	777	VEGETABLE FRIED RICE WITH TOFL		▼ NESTUM VEGETARIN CHICKEN	-	117	POTATO & CARROT VEGETARIAN LAMB STEW
	STIR FRIED CABBAGE		SAUTEED SPINACH WITH GARLIC	777	STEAM GARLIC BROCOLLI		FUCUK WITH GLASS NOODLE	-	777	STIR FRIED BOK CHOY	77.	STIR FRIED CHOI SUM	-	11.	STIR FRIED MIX VEGE
	ROASTED POTATO		STEAM WHITE RICE		FRAGRANT WHITE RICE		STEAM WHITE RICE	~		PAPADAM		FRAGRANT WHITE RICE	-	77.	FRAGRANT WHITE RICE
	FRESH CUT FRUIT		✓ DESSERT OF THE DAY	, ,	BUBUR SAGU MELAKA	, ,	FRESH CUT FRUIT	-		DESSERT OF THE DAY		BUBUR CHA CHA	-		FRESH CUT FRUITS
	BEEF BOLOGNESE	-	KAM HEONG CHICKEN		GRILLED FISH FILLET	-	CLAYPOT CHICKEN RICE		1		-	BEEF STEW		1	MALACCA ASAM FISH
	2 CHOICE OF PASTA		BRAISED SOFT TOFU IN EGG SAUCE		LEMON BUTTER SAUCE	-	BRAISED SOY CHICKEN		1			DINNER BUN	~	П	MILD CHILLI BRINJAL
	GARDEN SALAD	111	SAUTEED SPINACH WITH GARLIC		PENNE AGLIO OLIO	-	FISHBALL SOUP		77			MASHED POTATO	-	1	BRAISED TOFU
	MUSHROOM SOUP	١, ١,	▼ STEAMED RICE		TRIO BAKED SWEET POTATO HONEY GLAZED		CHICKEN FLOSS YAOMAK		111	YONG TOFU NIGHT		COLESLAW	-	٦,	STEAMED RICE
	MIXED SALAD		✓ MIXED SALAD		MIXED SALAD		MIXED SALAD	,	777			MIXED SALAD	-	77.	MIXED SALAD

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		3	La Constitution of the second				WEEK 4					120	
	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY
TYPE OF GRO	26-Jan-26	IVDE	27-Jan-26	TVDE	28-Jan-26	IVDE	29-Jan-26	TVDE	30-Jan-26	- I VDE	31-Jan-26	TVDE	T V D E
N N	GRILLED CHICKEN SLICED		✓ GRILLED CHICKEN SAUSAGE		FRENCH TOAST	-	TUNA MAYO SANDWICH		MONTE CRISTO		PANCAKE WITH FRUITS	-	ROTI CANAI WITH DHALL CURRY
WEST	TOAST & CEREAL				TOAST & CEREAL		TOAST & CEREAL	~~~	TOAST & CEREAL		TOAST & CEREAL	,	▼ TOAST & CEREAL
G SNACK	THAI CHICKEN SOUP	~~	FISH PORRIDGE SOUP	,,,	TOM YUM MEE SOUP	,	KUEW TEOW SOUP	, ,	BIHUN SOUP		FISH MOI SOUP	,	CHICKEN SOTO
MORNIN													
TARIAN	KAMPUNG FRIED RICE		✓ STIR FRY HOR FUN		YOUNG CHOW FRIED RICE		MUSHROOM FRIED RICE		LOH SHI FUN		TOMYAM FRIED RICE	~~	SOY FRIED RICE
VEGE										ШШ		Ш	
SOUPO	SOUP OF THE DAY	-	✓ SOUP OF THE DAY		SOUP OF THE DAY	_	SOUP OF THE DAY	-	SOUP OF THE DAY		SOUP OF THE DAY	1	SOUP OF THE DAY
QY OF	MIX SALAD OF THE DAY		✓ MIX SALAD OF THE DAY	· · · · ·	MIX SALAD OF THE DAY		MIX SALAD OF THE DAY		MIX SALAD OF THE DAY		MIX SALAD OF THE DAY	~~~	MIX SALAD OF THE DAY
3	CHOICES OF TOPPING		✓ CHOICES OF TOPPING		CHOICES OF TOPPING		CHOICES OF TOPPING		CHOICES OF TOPPING		CHOICES OF TOPPING		CHOICES OF TOPPING
	CHOICES OF DRESSING		✓ CHOICES OF DRESSING		CHOICES OF DRESSING		CHOICES OF DRESSING		CHOICES OF DRESSING		CHOICES OF DRESSING		CHOICES OF DRESSING
STERN	CHICKEN MARYLAND	~	GRILLED FISH WITH TOMATO CONCASSE	٧.	PARMESAN CRUSTED FISH		SLOPPY JOE'S	~~	TILAPIA FLORENTINE	7777	GRILLED FISH WITH TOMATO CONCASSE		1
¥	GRATIN POTATO		✓ STEAMED VEGETABLES		TOMATO SALAD & DRESSING		GREEN PEAS WITH CARROT		CREAMY SPINACH		STEAMED VEGETABLES		1
- N	CAESER SALAD		✓ GARLIC BREAD		BAKED POTATO WITH PARSLEY		FRENCH FRIES		AGLIO OLIO		GARLIC BREAD	,,,	
3													
SIAN	FISH MASALA		✓ CHICKEN KATSU		AYAM MASAK MERAH	1	JAPANESE POTATO & CARROT	-	PAD KRA PAO		BBQ CHICKEN	-	BBQ CHICKEN
	ACAR JELATAH		✓ JAPANESE VEGETABLE CURRY		STIR FRY MIXED VEGGIE		CURRY	~~~	STIR FRIED LONG BEAN		CUCUMBER TOMATO SALAD SALSA		CUCUMBER TOMATO SALAD SALSA
	FRAGRANT WHITE RICE		FRAGRANT WHITE RICE	1	FRAGRANTTOMATO RICE		FRAGRANT WHITE RICE		WHITE RICE		CHICKEN RICE		CHICKEN RICE
			STEAM SOFT TOFU WITH GINGER										
SETARIAN	VEGETABLE CRACKERS		SOY SAUCE	-	VEGETARIAN CRUSTED FISH		JAPANESE POTATO & CARROT		SOFT TOFU WITH SOY SAUCE	7777	VEGETARIAN FRIED MEE	1	AGLIO OLIO PENNE
VEC	POTATO SAMOSA FRIED VEGETARIAN GLASS				TOMATO SALAD DRESSING	,,,	CURRY		STIR FRY MIX VEGETABLE	7777		,,,	<u> </u>
2	NOODLES		FRAGRANT WHITE RICE		BAKE POTATO WITH PARSLEY		FRAGRANT WHITE RICE		WHITE RICE	7777		,,,	<u> </u>
DESSER	FRESH CUT FRUIT		DESSERT OF THE DAY		BUBUR PULUT HITAM		FRESH CUT FRUIT		DESSERT OF THE DAY	1777	BUBUR BARLEY MANIS		FRESH CUT FRUIT
	BLACK PEPPER BEEF STEW	-	▼ BREADED FISH	١,	BEEF BOLOGNESE	-	KAM HEONG CHICKEN	-	PUMPKIN MASHED POTATO	1	THAI FISH	1	CHAR KOEY TIAW COUNTER
	BUTTER RICE		POTATO GRATIN	7 7.	GARLIC BUTTER PASTA	-	BRAISED SOFT TOFU IN EGG SAUCE		CHICKEN AU GRATIN		CORN RICE		SWEET CORN CRAB MEAT SOUP
NNER	BAKED POTATO		COLESLAW		GARDEN SALAD		SAUTEED SPINACH WITH GARLIC		PITA BREAD		STIR FRI KAILAN		FRUIT COCKTAIL
ā	AGLIO OLIO PASTA	~~	TOMYAM FRIED RICE	-	MUSHROOM SOUP		STEAMED RICE		HERBS BOILED EGG		GARLIC BREAD	,	<u> </u>
	FRESH CUT FRUITS		✓ FRESH CUT FRUITS		FRESH CUT FRUITS		FRESH CUT FRUITS		FRESH CUT FRUITS		FRESH CUT FRUITS		FRESH CUT FRUITS

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		35							WEEK I					A)	100		-	-
PE OF GROUP	MONDAY	т.,	D E C	TUESDAY	TVD	WEDNESDAY			THURSDAY	TVD	FRIDAY	TVDE	SATURDAY	T),	D E	SUNDAY	Į,	V C
re or anour	2-Feb-26	7.0	DE	3-Feb-26	I VIDE	4-Feb-26	וווו		5-Feb-26	V	6-Feb-26	1 0 0 2	7-Feb-26	' V	U E	8-Feb-26][ľ
ERN	FRENCH TOAST	,	,	PANCAKE	۷,	MONTE CRESTO	-		CHEESE SANDWICH		AMERICAN BREAKFAST		TUNA SANDWICH			WAFFLES		Ī
WEST	TOAST & CEREAL	-	-	TOAST & CEREAL	٠,٠	TOAST & CEREAL	4	-	TOAST & CEREAL		TOAST & CEREAL		TOAST & CEREAL	-	-	TOAST & CEREAL		Ī
-	CHICKEN MOI		٦.	CHICKEN NOODLE SOUP	-	RAMEN SOUP		-	MEE HAILAM		CURRY NOODLE	, ,	✓ DUMPLING NOODLE SOUP		П	TOMYAM NOODLE SOUP		Ī
ASIAI															Ш		I	Ī
TARIAN	FRIED KUEY TIOW	,	٠.	KIMCHI FRIED RICE	٠,	▼ EGG FRIED RICE	-	,	STIR FRIED UDON		ANCHOVIES FRIED RICE		SPICY FRIED RICE		Ш	FRIED YEE MEE	#	_
OF VEGE															\vdash		_	
SOUP	SOUP OF THE DAY	1	11	SOUP OF THE DAY	111	SOUP OF THE DAY	1	1	SOUP OF THE DAY		SOUP OF THE DAY	1111	SOUP OF THE DAY		Ш	SOUP OF THE DAY		
_											1						_	_
ALAD	MIX SALAD OF THE DAY	1	11.	MIX SALAD OF THE DAY	111	MIX SALAD OF THE DAY	1		MIX SALAD OF THE DAY	11.	MIX SALAD OF THE DAY	111	✓ MIX SALAD OF THE DAY	_ ^	111	MIX SALAD OF THE DAY		
3	CHOICES OF TOPPING			CHOICES OF TOPPING	4.	CHOICES OF TOPPING			CHOICES OF TOPPING	1	CHOICES OF TOPPING				144	CHOICES OF TOPPING		
	CHOICES OF DRESSING	-	44.	CHOICES OF DRESSING	44.	CHOICES OF DRESSING		-	CHOICES OF DRESSING	144	✓ CHOICES OF DRESSING	144	✓ CHOICES OF DRESSING	-	144	✓ CHOICES OF DRESSING		•
N.	ROTISSERIE CHICKEN		4	GRILLED FISH WITH HONEY MUSTARD SAUCE	4.	CHICKEN POMODORO			GRILLED FISH GARLIC SAUCE	4.	BAKED CHICKEN WITH BLACK PAPPER SAUCE	4	CHICKEN BOLOGNESE		144	CHICKEN ALFREDO		
WEST	STIR FRIED MIX VEGETABLE	-		MIX SALAD OF THE DAY		STEAM FRENCH BEAN	-	-	STEAM BROCOLLI AND CALIFLOWER	77.	SAUTEED MIX VEGITABLE	4	BUTTERD CORN AND CARROT	4	1	MIX SALAD		•
	ROSMARY BAKED POTATO	-	٦.,	SPAGETTI AGLIO OLIO		GARLIC BUTTER RICE	-		GARLIC POTATO	44.	POTATO WEDGES		PASTA	-		MASHED POTATO		
3	SWEET SOUR FISH			3 BUDAK GEMOK CHICKEN(SOY BASE)	7	MAMAK FISH CURRY		-	GINGER CHICKEN DRY CHILLI	-	KAM HEONG FISH		CHINESE BUTTER CHICKEN		-	FISH FINGER WITH THAI SAUCE VB		
ASI	ARCA JELATAH	-	٠.,	CUT CUCUMBER AND SAMBAL		STIR FRIED LONG CABBAGE	4	,	STIR FRIED MIU BEAN SPROUT	44.	MAMAK CABBAGE		→ BRAISED SIEW PAK CHOY	-		STIR FRY LONG BEAN AND EGG		,
	FRAGRANT WHITE RICE	-	44.	FRAGRANT WHITE RICE		FRAGRANT WHITE RICE	-		FRAGRANT WHITE RICE	77.	FRAGRANT WHITE RICE		FRAGRENT WHITE RICE	-		FRAGRANT WHITE RICE	1	
, RI AN	TOFU SWEET SOUR SAUCE	-		STEAM VEGETARIAN FISH SOY SAUCE		VEGGIE MEAT CURRY SAUCE	-	-	FRIED TOFU WITH GINGER SAUCE		STIR FRY VEGETARIAN GLASS NOODLE		VEGETARIAN SINGAPORE BIHUN	-		VEGETARIAN CHICKEN THAI SAUCE		,
VEGET,	STIR FIRED OKRA	-	١,	STIR FRIED SAWI		STEAM MIX VEGETABLE	4	-	BAKED CAULIFLOWER AND CARROT	44.	STIR FRIED BOK CHOY		-	-	1	CUCUMBER SALAD DRESSING		
	PITA BREAD	-	44.	STEAM WHITE RICE	44.	FRAGRANT WHITE RICE	4	-	POTATO SALAD	77.	FRAGRANT RICE		-	-	177	FRAGRANT WHITE RICE		
DESSERT	FRESH CUT FRUIT	,	1	DESSERT OF THE DAY	٠.	BUBUR JAGUNG MANIS	,		FRESH CUT FRUIT	١,,	DESSERT OF THE DAY	, ,	BUBUR KACANG HIJAU	1	,	FRESH CUT FRUITS		•
	CHICKEN MARRYLAND		٦,	INDIAN BUTTER CHICKEN	-	BREADED FISH FILLET		,	CHICKEN KATSU	-	-	,	CHICKEN ALFREDO PASTA		7	CHICKEN KAARAGE		
	AGLIO ILIO PASTA	-	11	STEAM BROCCOLI AND CARROT	44.	CREAMY CHEEZY SAUCE	4	1	JAPANESE CURRY	44.	\prod		DINNER BUN	-	1	STHIN SLICE CABBAGE AND CARROT		,
E	BUTTER HERB BROCCOLI	-	٦,	FRAGRANT WHITE RICE	44.	ROASTED POTATO	J		FRAGRANT WHITE RICE	44.	4-		BAKED POTATO	-	1	BRAISED TOFU		
DIN	MUSHROOM SOUP	-	,	BRAISED JAPANESE EGG TOFU		PUMPKIN SOUP	4	-	CABBAGE WITH CARROT SLCIE	44.	WRAP STATION WITH CONDIMENTS		COLESLAW	-	1	STEAMED RICE		
	MIX SALADS	-		MIX SALADS		MIX SALADS	-	11	MIXED SALAD	44.	 		MIX SALADS	-	1	MIX SALADS		
			11					Ħ			П				ΠŤ		#	٠

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We reduce saturated fat, sugar, salt & artificial colouring in our cooking

Guaranteed nut free, palm-oil free, glutamate and MSG free

T: TRAFFIC LIGHT SYSTEM

V: VEGETARIAN

D: DAIRY FREE

E: EGG FREE G: GLUTEN FREE



















WEEK 2



	THE REAL PROPERTY AND ADDRESS OF THE PARTY AND	1	R				WEEK Z		The second secon			1	6	
	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	Ш
YPE OF GROUP	9-Feb-26	TVDEG	10-Feb-26	TVDE	11-Feb-26	TVDE	12-Feb-26	TVDE	13-Feb-26	TVD	14-Feb-26	TVD	15-Feb-26	TV
ERN	TUNA SANDWICH	4 4	FRENCH TOAST	۷,	AMERICAN BREAKFAST	-	PANCAKES	,	CROISSANT		CHEESE TOAST	1	PRATA	~
WEST	CHOICE OF JAM		TOAST & CEREAL	۷.,	TOAST & CEREAL		TOAST & CEREAL		▼ TOAST & CEREAL	٠.	TOAST & CEREAL	IJ	TOAST & CEREAL	-
IAN	BRAISED YEE MEE		TAMAGO RAMEN SOUP	v	KUEY TEOW WITH EGG DROP SOUP		DUMPLING NOODLE SOUP	-	MEE SOUP WITH CONDIMENT		VERMICILLI SOUP	4	✓ CANTONESE YEE MEE	
- AS	VILLANGE FRIED RICE	111.	GARLIC FRIED RICE	.	TUMERIC FRIED RICE		TOMYAM FRIED RICE		FRIED KUEY TIOW	144	YONG CHOW FRIED RICE		MEE MAMAK STYLE	
ÆGETAR														
SOUP OF THE DAY	SOUP OF THE DAY	44.	SOUP OF THE DAY	, ,	SOUP OF THE DAY	.	SOUP OF THE DAY		SOUP OF THE DAY		SOUP OF THE DAY		SOUP OF THE DAY	
Q P	MIX SALAD OF THE DAY	444	MIX SALAD OF THE DAY	44.	MIX SALAD OF THE DAY	111	MIX SALAD OF THE DAY	144	MIX SALAD OF THE DAY		MIX SALAD OF THE DAY	٧,	MIX SALAD OF THE DAY	4
3	CHOICES OF TOPPING		CHOICES OF TOPPING	٠,	CHOICES OF TOPPING	۷.	CHOICES OF TOPPING		CHOICES OF TOPPING		CHOICES OF TOPPING	4	CHOICES OF TOPPING	
	CHOICES OF DRESSING		CHOICES OF DRESSING	44.	CHOICES OF DRESSING		CHOICES OF DRESSING		CHOICES OF DRESSING		CHOICES OF DRESSING		CHOICES OF DRESSING	•
E R	POACHED FISH HERB CREAM SAUCE	-	PERI PERI CHICKEN	١,	BAKED FISH WITH GARLIC SAUCE	.	CHICKEN STRAGANOFF	7 7	CREAMY HERB BAKED FISH		CHICKEN FAJITA	J	BAKED FISH PICATTA	
WES	STEAM BROCCOLI		GARLIC FRENCH BEAN AND CARROT	44.	CORN ON COB	144	SIDE SALAD		STEAMED BROCCOLI	-	CORN AND TOMATO SALSA	44	BAKED ZUCCHINI	-
	OVEN BAKED POTATO	4-4-	PASTA POMODORO	44.	CAJUN BAKED POTATO		CORN ON CORB		ROASTED CAJUN POTATO		POTATO WEDGES	,,	MASHED POTATO	·
NA N	CHICKEN WITH TOMATO CHILLI		SWEET & SOUR FISH	J	CHICKEN MANGO SALAD		FRIED FISH WITH HOISIN SAUCE	7	CHICKEN DRY CHILLI		THAI STEAM LIME FISH	Ш	CHICKEN PICATTA	
<u>8</u>	CUCUMBER SALAD	4444	SAUTEED KAILAN WITH GARLIC	44.	STIR FRIED BEAN SPROUT	144	SAUTEED MIX VEGETABLES		WHITE RICE		BRAISED SIEW PAK CHOY	11	JAPANESE CABBAGE SALAD	-
	FRAGRANT WHITE RICE		FRAGRANT WHITE RICE		BUTTER RICE		FRAGRANT WHITE RICE		SAUTEED MAMAK CABBAGE		FRAGRANT WHITE RICE	, ,	FRAGRANT WHITE RICE	,
8	FRIED TOFU AND TEMPE TOMATO		SWEET SOUR SOFT TOFU	IJJ.	VEGETARIAN LAMB MANGO SALAD	IIJ.	BEANCURD WITH HOISIN SAUCE		TOFU DRY CHILLI	IJ.	BAKED VEGETARIN FISH THAI STEAM		VEGETARIAN LAMB PICATTA	
GETARU	CHILLI SAUTEED CHOI SAM		SAUTEED CABBAGE		SAUTEED MIX VEGITABLE		FUCUK WITH GLASS NOODLE		STIR FRIED BOK CHOY		SAUCE STIR FRIED CHOI SUM			Ţ,
¥		44 4		11,				111		11,		_	++	
T SSER	STEAM WHITE RICE FRESH CUT FRUIT	3333	STEAM WHITE RICE DESSERT OF THE DAY		FRAGRANT WHITE RICE BUBUR CHA CHA		STEAM WHITE RICE FRESH CUT FRUIT		STEAM RICE DESSERT OF THE DAY		FRAGRANT WHITE RICE BUBUR SAGO MELAKA			
S .	BARBEQUE CHICKEN		KAM HEONG CHICKEN	11	GRILLED CHICKEN CACCIATORE		CHICKEN RENDANG		DESSERT OF THE DAT		CHICKEN IRISH STEW	H	DRIED CHILI CHIKEN	Ŧ
	SAUTEED MIX VEGETABLES		BRAISED SOFT TOFU IN EGG SAUCE		STEAM BROCOLLI AND CALIFLOWER		SAUTEED CHAI SIM]		DINNER BUN	H	MILD CHILLI BRINJAL	+
	SAUTEED IVIA VEGETABLES	1111	BRAIDED SUFT TUFU IN EUG SAUCE	11	T STEAM BRUCULLI AND CALIFLUMER	111	SAUTEED CHALSIM	111	1		DINNER BUN	411	WILD CHILLI BRINJAL	,

Information & Privilege:

All food served are HALAL compliant

T: TRAFFIC LIGHT SYSTEM

V: VEGETARIAN

Menu may change according to food supply seasons and availability

ROASTED CAJUN POTATO

BUTTER RICE

MIXED SALAD

Delischool Healthy Food Guidelines:

D: DAIRY FREE

SAUTEED SPINACH WITH GARLIC

STEAMED RICE

MIXED SALAD

We mainly bake, grill, steam, lightly stir fry or boil our foods. Deep frying is limited within our menu cyc E: EGG FREE

G: GLUTEN FREE

We do not add MSG (Monosodium Glutamate) to our cooked foods.

EN FREE BEST CHO

PENNE AGLIO OLIO

SWEET POTATO HONEY GLAZED

MIXED SALAD



PAPADOM

GEE RICE

MIXED SALAD



WETERN STATION NIGHT(BEEF LAGSANA)



MASHED POTATO

COLESLAW

MIXED SALAD

BRAISED TOFU

MIXED SALAD

We reduce saturated fat, sugar, salt & artificial colouring in our cooking

		MATERIAL MATERIAL														
	TYPE OF GROUP	MONDAY	. V.D	TUESDAY	T V D E 6	WEDNESDAY	T V D E 4	THURSDAY	TVDE	FRIDAY	T V D	SATURDAY	V D E G	SUNDAY	T V D	
	TTPE OF GROUP	16-Feb-26	1,000	17-Feb-26	1 0 0 2	18-Feb-26	7.	19-Feb-26		20-Feb-26		21-Feb-26	VIDIE	22-Feb-26		E
	N N	MONTE CRISTO	-	✓ ✓ AMERICAN BREAKFAST		TUNA SANDWICH		PANCAKE		CHEESE SANDWICH		SRAMBLE EGG AND BAKED BEAN		WAFFLES	-	J
	wes	TOAST & CEREAL	,	▼ TOAST & CEREAL		TOAST & CEREAL		TOAST & CEREAL		TOAST & CEREAL		✓ ✓ TOAST & CEREAL		TOAST & CEREAL		
SNACK	NA	YEE MEE NOODLE SOUP		KOEY TEOW SOUP		RAMEN NOODLE SOUP		VERMICILLI SOUP		WANTAN SOUP		CHICKEN PORRIDGE	, ,	CHICKEN SOTO SOUP	-	
ORNING	189															
2	RIAN	FRIED RAMEN	-	SINGAPORE FRIED VERMICILLI		TOMYAM FRIED RICE		YONG CHOW FRIED RICE		CHAR HOR FUN		BRAISED YEE MEE		MEE CURRY		
	VEGETAL														-	, ,
	SOUP OF THE DAY	SOUP OF THE DAY	-	SOUP OF THE DAY		SOUP OF THE DAY		SOUP OF THE DAY		SOUP OF THE DAY		SOUP OF THE DAY		SOUP OF THE DAY		-
	8	MIX SALAD OF THE DAY		✓ MIX SALAD OF THE DAY		MIX SALAD OF THE DAY		MIX SALAD OF THE DAY		✓ MIX SALAD OF THE DAY		MIX SALAD OF THE DAY		MIX SALAD OF THE DAY		, ,
	Si Si	CHOICES OF TOPPING	v	CHOICES OF TOPPING		CHOICES OF TOPPING		CHOICES OF TOPPING		→ CHOICES OF TOPPING	-	CHOICES OF TOPPING		CHOICES OF TOPPING	-	
		CHOICES OF DRESSING		CHOICES OF DRESSING		CHOICES OF DRESSING		CHOICES OF DRESSING		CHOICES OF DRESSING		CHOICES OF DRESSING		CHOICES OF DRESSING		
																Ц
	STERN	ROASTED CHICKEN WITH BROWN SAUCE		FISH FINGER WITH TARTAR SAUCE		CHICKEN WITH TOMATO SAUCE		HONEY APPLE CHICKEN WITH HERBS	-	FISH AND CHIP		GRILLED FISH WITH TOMATO CONCASSE				
	WE	BUTTERED BROCCOLI & CARROT		GARDEN SALAD		CREAMY SAUTEED SPINACH		BUTTERED RICE	-	COSELOW		STEAMED VEGETABLES			Ш	
ō		PILLAF RICE		AGUO OUO		POTATO WEDGES		MIXED SALAD		✓ BOUQUETTE SALAD	Ш			GARLIC BREAD		
ä																Д
	IAN	SWEET AND SOUR FISH		HONEY CHICKEN MAMAK STYLE		SALTED EGG WITH FISH		CHICKEN WITH GINGER SAUCE		NASI HUJAN PANAS			-	HAINANESE CHICKEN RICE	Ш	
	8	SAUTEED MIX VEGETABLES		STIR FRIED CABBAGE WITH CARROT		FRENCH BEAN WITH CARROT		NASI HUJAN PANAS		CHICKEN RENDANG				GRILLED MARINATED CHICKEN	٠.	
		FRAGRANT WHITE RICE		FRAGRANT WHITE RICE		STEAM WHITE RICE		SAYUR CAMPUR		ACAR MENTAH						
																Ц
	TARIAN	TOFU MASALA		✓ VEGETARIAN LAMB STEW		KOREAN SPICY TOFU		TOFU WITH APPLE SAUCE		TOFU WITH MUSHROOM		STIR FRY VEGETARIAN GLASS NOODLE	-	PAPADOM		
	VEGE	STIR FRIED SAWI		STEAM FLORET		LONG CABBAGE WITH DYSTER MUSHROOM		NASI HUJAN PANAS		STEAM BROCCOLI AND CAULIFLOWER		STEAM BOK CHOY		SAMBAL TUMIS EGG PLANT		
		STEAM WHITE RICE		FRAGRANT WHITE RICE		STIR FRY VERMICILLI		APPLE SALAD		FRAGRANT WHITE RICE		FRAGRANT WHITE RICE		FRAGRANT WHITE RICE		
	DESSERT	CUT FRUITS IN BOWL		FRESH CUT FRUIT		DESSERT OF THE DAY		BUBUR PULUT HITAM		FRESH CUT FRUIT	,	DESSERT OF THE DAY		BUBUR BARLEY MANIS		
		CHICKEN KATSU CURRY		TOMYAM SOUP		MAKE VOLID OWN WIDAY		NAAN BREAD WITH CHICKEN TANDORI		GRILLED SEA BASS WITH SWEET SAMBAL		CHICKEN CARBONARA		RAMEN		-
		JAPANESE RICE		CHICKEN SOUP	Ш	MAKE TOOK OWN WKAP		CONDIMENT		STEAMED RICE		CHICKEN BOLOGNESE	Ш	KOREAN FRIED CHICKEN	П	П
	MER	STIR FRIED TAU MIU		3 TYPE OF NOODLES WITH CONDIMENT	Ш	SALAD		SUP KAMBING BEREMPAH		STIR FRIED KAILAN		TWO TYPE OF PASTA	Ш	KIM CHI		J
	Nia	MISO SOUP		BREAD BUTTER PUDDING		ONION SOUP		DINNER BUN		TOMYAM SOUP		PUMPKIN SOUP	Ш	SUNDUBU JJIGAE		
		MIXED SALAD		MIX SALADS	ШТ	MIX SALADS		MIX SALADS		MIX SALADS		MIX SALADS	Ш	MIX SALADS		
											,	-				_
Inform	ation & Privilege:										-				_	_

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V: VEGETARIAN





















		MONDAY		TUESDAY	T	Ī	WEDNESDAY	П		T	THURSDAY	П		FRIDAY	П	П	SATURDAY	I		SUNDAY	M
TYPE	F GROUP	23-Feb-26	VDE	24-Feb-26	TVC	EG	25-Feb-26	τV	DE	G	26-Feb-26	TV	DEG	27-Feb-26	TVD	EG	28-Feb-26	T۱	DEG	1-Mar-26	TVDE
	S S	GRILLED CHICKEN SLICED SANDWICH		GRILLED CHICKEN SAUSAGE	Ħ.		FRENCH TOAST	,		T	TUNA MAYO SANDWICH			VEGETABLE EGG FRITATA	Ш		PANCAKE WITH FRUITS	Ħ	4.	ROTI CANAI WITH DHALL CURRY	1,4
	WEST	TOAST & CEREAL		TOAST & CEREAL	4	١.	TOAST & CEREAL	,	,,	ļ	TOAST & CEREAL	·		TOAST & CEREAL	۷,		TOAST & CEREAL	Ī	44.	TOAST & CEREAL	444
ACK	8	THAI CHICKEN SOUP	ų.	FISH PORRIDGE SOUP			TOM YUM MEE SOUP		Ţ	,	KUEW TEOW SOUP			BIHUN SOUP			FISH MOI SOUP			CHICKEN SOTO	1 1
RNIING SH	VSI																				
MG	ETARIAN	KAMPUNG FRIED RICE		✓ STIR FRY HOR FUN	•		YOUNG CHOW FRIED RICE		٠		MUSHROOM FRIED RICE			LOH SHI FUN	٠,		TOMYAM FRIED RICE			JAPENESE GARLIC FRIED RICE	
	MEG																				144
	SOUP OF THE DAY	SOUP OF THE DAY		SOUP OF THE DAY	·	,	SOUP OF THE DAY	,	,	,	SOUP OF THE DAY	,	J	SOUP OF THE DAY	,		SOUP OF THE DAY			SOUP OF THE DAY	
	P P	MIX SALAD OF THE DAY		MIX SALAD OF THE DAY	4	44.	MIX SALAD OF THE DAY	٠,			MIX SALAD OF THE DAY	٠		MIX SALAD OF THE DAY	٠.		MIX SALAD OF THE DAY		111	MIX SALAD OF THE DAY	
	\$	CHOICES OF TOPPING		CHOICES OF TOPPING		14.	CHOICES OF TOPPING		•	,	CHOICES OF TOPPING			CHOICES OF TOPPING			CHOICES OF TOPPING		44.	CHOICES OF TOPPING	
		CHOICES OF DRESSING		CHOICES OF DRESSING	4		CHOICES OF DRESSING	٠,	-	÷	CHOICES OF DRESSING	•		CHOICES OF DRESSING	٠,		CHOICES OF DRESSING		111.	CHOICES OF DRESSING	
	STERN	GRILLED CHICKEN		GRILLED FISH WITH TOMATO CONCASSE	L	٠,	PARMESAN CRUSTED FISH		,		FISH FINGER			TILAPIA FLORENTINE	Ш		GRILLED CHICKEN WITH TOMATO CONCASSE		44.	MASH POTATO	1
	Ä	GRATIN POTATO		◆ STEAMED VEGETABLES	4	44.	TOMATO SALAD & DRESSING	٠,			GREEN PEAS WITH CARROT	٠		CREAMY SPINACH			STEAMED VEGETABLES		111	BEEF STEW	
*		CAESER SALAD		▼ GARLIC BREAD	4		BAKED POTATO WITH PARSLEY	٠,	-	÷	FRENCH FRIES	•		AGLIO OLIO			GARLIC BREAD		111.	MIX SALAD	
TUNK																					
	NAN	FISH PERCIK	,	CHICKEN GREEN CURRY	Ш		AYAM MASAK MERAH		,	,	CHICKEN MILANESE		-	PAD KRA PAO	,	٠			Ш	BBQ CHICKEN	
	2	ACAR JELATAH		THAI MANGO SALAD	4	٠,	STIR FRY MIXED VEGGIE	٠	,	,	SAUTEED SPINACH WITH GARLIC	٠		STIR FRIED LONG BEAN	44.				Ш	CUCUMBER TOMATO SALAD SALSA	
		FRAGRANT WHITE RICE		FRAGRANT WHITE RICE	4	١,	FRAGRANTTOMATO RICE	٠,	٧.	÷	FRAGRANT WHITE RICE	٠		WHITE RICE	44.				Ш	CHICKEN RICE	
										1											
	TARIAN	VEGETABLE CRACKERS	٠	STEAM SOFT TOFU WITH GREEN CURRY	٠		VEGETARIAN FISH MASAK MERAH	٠	,		FIRED TOFU MILANESE	٠		SOFT TOFU WITH SOY SAUCE	Ш		VEGETARIAN FRIED MEE		Ш	AGLIO OLIO PENNE	
	WEGE	POTATO SAMOSA	444	STIR FRIED CHOI SUM	۷,	44.	TOMATO SALAD	٠,	٠,	,	STIR FRIED LONG CABBAGE			STIR FRY MIX VEGETABLE	44.				44.		٠,
		FRIED VEGETARIAN GLASS NOODLES		FRAGRANT WHITE RICE	4		BAKE POTATO WITH PARSLEY	٠	•	,	FRAGRANT WHITE RICE	٠		WHITE RICE			•		111		1 1
	DESSERT	FRESH CUT FRUIT		→ DESSERT OF THE DAY	.	١.	BUBUR KACANG HIJAU	ļ	, ,		FRESH CUT FRUIT	,		DESSERT OF THE DAY			BUBUR JAGUNG MANIS			FRESH CUT FRUIT	-
		BLACK PEPPER BEEF STEW	ĭ	▼ BREADED FISH	П	,	BEEF BOLOGNESE		,	,	KAM HEONG CHICKEN		, ,	PUMPKIN MASHED POTATO			THAI FISH			CHAR KOEY TIAW COUNTER	١,
		BUTTER RICE		POTATO GRATIN	4	J	GARLIC BUTTER PASTA	,		Ī	BRAISED SOFT TOFU IN EGG SAUCE	·		CHICKEN AU GRATIN	٠.	J	CORN RICE		Π.	SWEET CORN CRAB MEAT SOUP	H
	MER	BAKED POTATO	447	COLESLAW	٠,	١,	GARDEN SALAD		4.	1	SAUTEED SPINACH WITH GARLIC	,	111	PITA BREAD		1.	STIR FRI KAILAN			FRUIT COCKTAIL	444
	N.	AGLIO OLIO PSTA		TOMYAM FRIED RICE	4	ΙŢ.	MUSHROOM SOUP	-	,	J	STEAMED RICE	,		HERBS BOILED EGG	٦.	J	GARLIC BREAD		J.,		
		MIX SALADS		▼ MIX SALADS	١,		MIX SALADS	,		ļ	MIX SALADS			MIX SALADS	٧,		MIX SALADS			MIX SALADS	,,,
																					П

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			-	12 12					WEEK I					12	-		Total Section
TYPE	enous -	MONDAY	TVDF	TUESDAY	TVDF	WEDNESDAY	TV) F (THURSDAY	TVDF	FRIDAY	TVDE	SATURDAY	TVD	FG	SUNDAY	FG
	Case	2-Mar-26		3-Mar-26		4-Mar-26			5-Mar-26	IVDE	6-Mar-26	, voc	7-Mar-26		LG	8-Mar-26	LG
	ERN	SCRAMBLE EGG AND BAKED BEANS	, ,	FRENCH TOAST	J	AMERICAN BREAKFAST	,		PANCAKES		CROISSANT		CHEESE TOAST			PRATA	
	WES	TOAST & CEREAL	, ,	TOAST & CEREAL		TOAST & CEREAL	,		▼ TOAST & CEREAL	٠,	TOAST & CEREAL		TOAST & CEREAL			TOAST & CEREAL	
IG S NACK	NAN	CHICKEN MOI	,	TAMAGO RAMEN SOUP	,	■ KUEY TEOW WITH EGG DROP SOUP		J	DUMPLING NOODLE SOUP		MEE SOUP WITH CONDIMENT		VERMICILLI SOUP			CANTONESE YEE MEE	
MORNIE	AS				4	,	,	J									
	TARIAN	FRIED YELLOW NOODLE	J ,	GARLIC FRIED RICE	ų	→ ANCHOVIES FRIED RICE	·	J	▼ TOMYAM FRIED RICE		FRIED KUEY TIOW		YONG CHOW FRIED RICE			MEE MAMAK STYLE	
	VEGET																
	SOUP OF THE DAY	SOUP OF THE DAY		SOUP OF THE DAY	,	SOUP OF THE DAY	J	J	SOUP OF THE DAY		SOUP OF THE DAY		SOUP OF THE DAY			SOUP OF THE DAY	
	AD	MIX SALAD OF THE DAY		MIX SALAD OF THE DAY		MIX SALAD OF THE DAY	,		MIX SALAD OF THE DAY	44.	MIX SALAD OF THE DAY	, ,	MIX SALAD OF THE DAY	* -	,	MIX SALAD OF THE DAY	,
	SAI	CHOICES OF TOPPING		→ CHOICES OF TOPPING	,	 CHOICES OF TOPPING 			CHOICES OF TOPPING	٦,	◆ CHOICES OF TOPPING		CHOICES OF TOPPING	,	٠.	CHOICES OF TOPPING .	
		CHOICES OF DRESSING		 CHOICES OF DRESSING 		CHOICES OF DRESSING	•		CHOICES OF DRESSING	44.	→ CHOICES OF DRESSING		CHOICES OF DRESSING	٠.	٠.	CHOICES OF DRESSING ••	
	ERN	GRILLED FISH WITH TOMATO CONCASSE	-	HERB ROSTED CHICKEN	J	BAKED FISH WITH GARLIC SAUCE			GREEK CHICKEN	٠,	CREAMY HERB BAKED FISH	,	SLOPPY JOE'S	•	٦.	BAKED FISH PICATTA -	,
	WEST	STEAMED VEGETABLES	-	GARLIC FRENCH BEAN AND CARROT		CORN ON COB	Ý		SIDE SALAD		STEAMED BROCCOLI	,	MIX SALAD OF THE DAY	٠.	٠.	BAKED ZUCCHINI ••	
HONOH		GARLIC BREAD		→ ARABIATA PASTA		MAC & CHEESE	,		CORN ON CORB	44.	ROASTED CAJUN POTATO		CHEESY POTATO WEDGES	٠.	٠,	MASHED POTATO	
	AN	BLACK PEPPER CHICKEN		SWEET & SOUR FISH	v	CHICKEN TERIYAKI SAUCE			FRIED FISH WITH THAI SAUCE	٠,	CHICKEN SAMBAL		STEAM GARLIC FISH			FRIED CHICKEN 5 FINGERS	
	AS	SAUTEED LONG BEAN WITH EGG		SAUTEED KAILAN WITH GARLIC		STIR FRIED BEAN SPROUT	,		SAUTEED MIX VEGETABLES	444	₩HITE RICE	,,,	BRAISED SIEW PAK CHOY	* *		JAPANESE CABBAGE SALAD	, ,
		FRAGRANT WHITE RICE		FRAGRANT WHITE RICE		■ BUTTER RICE	•		FRAGRANT WHITE RICE	44.	▼ SAUTEED MAMAK CABBAGE		FRAGRANT WHITE RICE	٠.	٠.	FRAGRANT WHITE RICE	
	ARIAN	VEGETARIAN CHICKEN BLACK PEPPER SAUCE		SWEET SOUR SOFT TOFU		VEGETARIAN LAMB TERIYAKI SAUCE			BEANCURD WITH THAI SAUCE		TOFU SAMBAL		BAKED VEGETARIN CHICKEN GARLIC SAUCE	٠		VEGETARIAN LAMB PICATTA	
	VEGET	BAKED CAULIFLOWER	, ,	SAUTEED CABBAGE		SAUTEED MIX VEGITABLE	,	,	FUCUK WITH GLASS NOODLE	444	STIR FRIED BOK CHOY	,	STIR FRIED CHOI SUM	* *		STIR FRIED MIX VEGE	
		STEAM WHITE RICE		→ STEAM WHITE RICE		FRAGRANT WHITE RICE	·		STEAM WHITE RICE	44.	▼ STEAM RICE		FRAGRANT WHITE RICE	٠.	٠.	FRAGRANT WHITE RICE	
	DESSER	FRESH CUT FRUIT		DESSERT OF THE DAY	1.	BUBUR CHA CHA	v	J	FRESH CUT FRUIT	44.	DESSERT OF THE DAY		BUBUR KACANG HIJAU	٠.	J.	FRESH CUT FRUITS ••	44.
		PERI PERI CHICKEN		KAM HEONG CHICKEN	1,	GRILLED CHICKEN CACCIATORE	•	1,	RENDANG CHICKEN		1		IRISH CHICKEN STEW	٠.	J.	DRIED CHILI CHIKEN	11.
		MIX VEGETABLE	Ш	BRAISED SOFT TOFU IN EGG SAUCE	Ш	STEAM BROCOLLI AND CALIFLOWER		Ш	SAUTEED CHAI SIM	Ш			DINNER BUN			MILD CHILLI BRINJAL	Ш
	WER	BAKED PASTA	Ш	SAUTEED SPINACH WITH GARLIC	Ш	PENNE AGLIO OLIO		Ц	PAPADOM		NOODLE STATION NIGHT	Ш	MASHED POTATO			BRAISED TOFU	
	o o	BAKED POTATO		STEAMED RICE	Ш	TRIO BAKED SWEET POTATO HONEY GLAZED		Ц	GEE RICE				COLESLAW			STEAMED RICE	
		MIXED SALAD		MIXED SALAD	Ш	MIXED SALAD		Ш	MIXED SALAD				MIXED SALAD			MIXED SALAD	
				4	H	1	٠	-		٠,				٠	4	1	4

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T: TRAFFIC LIGHT SYSTEM

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V: VEGETARIAN

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D: DAIRY FREE

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			- 3						WEEK Z							Ö,			-
		MONDAY	TVDE	TUESDAY	T V D	WEDNESDAY			THURSDAY			FRIDAY	TVD	-	SATURDAY			SUNDAY	VDFC
	PE OF GROUP	9-Mar-26	IVDE	10-Mar-26	TVD	11-Mar-26	ľ	D E G	12-Mar-26	V	D E G	13-Mar-26	IVD	EG	14-Mar-26	ıv	DEG	15-Mar-26	VDEG
	TERN	MONTE CRISTO		BAKED BEAN AND CHICKEN HAM	-	PANCAKE	v		CHEESE SANDWICH			AMERICAN BREAKFAST			FRENCH TOAST		П	WAFFLES	ПП
	WEST	TOAST & CEREAL		TOAST & CEREAL	44	TOAST & CEREAL	•		TOAST & CEREAL	,	•	TOAST & CEREAL	٧,	,	TOAST & CEREAL			TOAST & CEREAL	\prod
G SNACK	AN	CHICKEN MOI	~	MEE SOTO	7	RAMEN SOUP		-	BIHUN SOUP			FRIED YEE MEE	J	,	DUMPLING NOODLE SOUP			TOMYAM NOODLE SOUP	\prod
MORNIN	ASI				7	4	•	¥											
_	ARIAN	SINGAPORE BEE HOON		GARLIC FRIED RICE	7	EGG FRIED RICE	•	-	STIR FRIED UDON			ANCHOVIES FRIED RICE			SPICY FRIED RICE			GARLIC FRIED RICE	\prod
	VEGET																		\prod
	SOUP OF THE DAY	SOUP OF THE DAY		SOUP OF THE DAY	·	SOUP OF THE DAY	,		SOUP OF THE DAY			SOUP OF THE DAY			SOUP OF THE DAY			SOUP OF THE DAY	
	QV.	MIX SALAD OF THE DAY		MIX SALAD OF THE DAY	٧.	MIX SALAD OF THE DAY	,	444	MIX SALAD OF THE DAY	¥	٠,٠	MIX SALAD OF THE DAY	٧,		MIX SALAD OF THE DAY	4	444	MIX SALAD OF THE DAY	4444
	AS.	CHOICES OF TOPPING		CHOICES OF TOPPING	,	CHOICES OF TOPPING		444	CHOICES OF TOPPING		٠,٠	CHOICES OF TOPPING			CHOICES OF TOPPING		444	CHOICES OF TOPPING	1
		CHOICES OF DRESSING		CHOICES OF DRESSING		CHOICES OF DRESSING	•	444	CHOICES OF DRESSING	,		CHOICES OF DRESSING	٧,	44.	CHOICES OF DRESSING	-		CHOICES OF DRESSING	4444
	TERN	ROASTED ROSEMARY CHICKEN	~	FRIED FISH WITH CREAMY HERB SAUCE	,	ONE - PAN CHICKEN WITH TOMATO		44	GRILLED FISH		-	BAKED CHICKEN WITH BROWN SAUCE			HONEY GLAZE CHICKEN		, 444	CHICKEN POPCORN	
	WES.	GRILLED CORN ON COB	•	MIX SALAD OF THE DAY		STEAM FRENCH BEAN	•	444	RATATOUILLE	,		SAUTEED MIX VEGITABLE	4		BUTTERD CORN AND CARROT	-		MIX SALAD	14444
NOH		CAJUN POTATO WEDGES		SPAGETTI AGLIO OLIO		BOILED POTATO	•	444	GARLIC POTATO	,		POTATO WEDGES	٧,	44.	PILAF RICE	-		MASHED POTATO	4444
3																			
	IAN	STEAM SOY FISH		SAMBAL CHICKEN	,	CHINESE BUTTER FISH			DRY CHILLI CHICKEN		-	HONEY MAMAK FISH	,	14	CHINESE BUTTER CHICKEN		١,	MANGO FISH	-
	VSI	STIR FRIED MIX VEGETABLE		CHINESE CABBAGE AND MUSHROOM		STIR FRIED LONG CABBAGE	•	4 4	STIR FRIED MIU BEAN SPROUT	,		MAMAK CABBAGE	٧,	44.	BRAISED SIEW PAK CHOY	-	, 444	STIR FRY LONG BEAN AND EGG	14444
		FRAGRANT WHITE RICE		FRAGRANT WHITE RICE		FRAGRANT WHITE RICE		444	FRAGRANT WHITE RICE	J	44.	FRAGRANT WHITE RICE	١,	44.	FRAGRENT WHITE RICE	4	44.	FRAGRANT WHITE RICE	4444
	ARIAN	TOFU SOY SAUCE		STEAM VEGETARIAN FISH SAMBAL	٧.	▼ VEGGIE MEAT BUTTER SAUCE	,	J	FRIED TOFU DRY CHILLI	¥		STIR FRY VEGETARIAN GLASS NOODLE	٧,	14	VEGETARIAN FRIED YEE MEE	4	Ш	VEGETARIAN CHICKEN SAMBAL	444
	VEGE	STIR FIRED OKRA		STIR FRIED SAWI		STEAM MIX VEGETABLE	,		BAKED CAULIFLOWER AND CARROT	4	44.	STIR FRIED BOK CHOY	٧,			-	444	CUCUMBER SALAD DRESSING	4444
		PITA BREAD		STEAM WHITE RICE	٧.	FRAGRANT WHITE RICE	,	444	POTATO SALAD	¥	٠,٠	FRAGRANT RICE	٧,			4	444	FRAGRANT WHITE RICE	4444
	DES SER T	FRESH CUT FRUIT		DESSERT OF THE DAY		BUBUR JAGUNG MANIS	-	4 4	FRESH CUT FRUIT	4		DESSERT OF THE DAY	4.		BUBUR SAGO MELAKA	-	443	FRESH CUT FRUITS	4444
		CHICKEN MARRYLAND		▼ INDIAN BUTTER CHICKEN		BREADED FISH FILLET	-	444	NASI LEMAK	4			٧,	14	CHICKEN ALFREDO PASTA	-	447	CHICKEN KAARAGE	14444
		AGLIO ILIO PASTA		STEAM BROCCOLI AND CARROT		CREAMY CHEEZY SAUCE		Ш	SAMBAL WITH CONDIMENTS						DINNER BUN		Ш	STHIN SLICE CABBAGE AND CARROT	ШП
	R.	BUTTER HERB BROCCOLI		FRAGRANT WHITE RICE		ROASTED POTATO		Ш	AYAM RENDANG			PASTA STATION WITH CONDIMENTS			BAKED POTATO		Ш	BRAISED TOFU	ШП
	NIG	MUSHROOM SOUP		BRAISED JAPANESE EGG TOFU		PUMPKIN SOUP		ШТ				I ASIA SIATION WITH CONDINIENTS			COLESLAW		Ш	STEAMED RICE	ШΠ
		MIX SALADS		MIX SALADS		MIX SALADS		Ш	MIXED SALAD						MIX SALADS		Ш	MIX SALADS	ШП
					7	<u> </u>	-	J			47		Į,	${\left {\int {} {}$			17		14 4

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TYPE OF GROU	IP _	MONDAY													
×		TI\	DEG	TUESDAY	VDE	WEDNESDAY	TVDE	E G	THURSDAY	VDE	FRIDAY	TVDE	SATURDAY	TVD	SUNDAY
3		16-Mar-26		17-Mar-26		18-Mar-26			19-Mar-26		20-Mar-26		21-Mar-26		22-Mar-26
1 2	9	SCRAMBLE EGG AND BAKED BEANS	J J -	FRENCH TOAST		EGG SANDWICH	,		PANCAKES		CROISSANT		MONTE CRISTO		SLICE BREAD
WES		TOAST & CEREAL	4 4	TOAST & CEREAL		TOAST & CEREAL	44.	4	TOAST & CEREAL	4 4	TOAST & CEREAL	444	▼ TOAST & CEREAL		TOAST & CEREAL
G SNACK		NASI GORENG AYAM	4 4.	KUEW TEOW SOUP	 	RAMEN NOODLE SOUP	Ш	-	VERMICILLI SOUP		MEE SOUP WITH CONDIMENT	٠ ١	VERMICILLI SOUP		MEE SOUP
MORNIN							٠,	4							
ARIAN		YEE MEE NOODLE SOUP		MUSHROOM FRIED RICE	4 4	CHINESE FRIED RICE	4	4	CHEE CHEONG FUN WITH SWEET SAUCE AND FISH BALLS		SPICY FRIED RICE		YONG CHOW FRIED RICE		MEE MAMAK STYLE
VEGET															
SOUP OF		SOUP OF THE DAY	J J .	SOUP OF THE DAY		SOUP OF THE DAY	.	-	SOUP OF THE DAY		SOUP OF THE DAY		SOUP OF THE DAY		SOUP OF THE DAY
Q		MIX SALAD OF THE DAY	444	MIX SALAD OF THE DAY		MIX SALAD OF THE DAY	7.	44	MIX SALAD OF THE DAY	444	MIX SALAD OF THE DAY	44.	MIX SALAD OF THE DAY		MIX SALAD OF THE DAY
SA		CHOICES OF TOPPING	44.	CHOICES OF TOPPING	-	CHOICES OF TOPPING	,	44	CHOICES OF TOPPING	44	CHOICES OF TOPPING	.	CHOICES OF TOPPING	•	CHOICES OF TOPPING
		CHOICES OF DRESSING	444	CHOICES OF DRESSING	444	CHOICES OF DRESSING	J.J.	44	CHOICES OF DRESSING	444	CHOICES OF DRESSING	44.	CHOICES OF DRESSING		CHOICES OF DRESSING
TERN		CREAMY FISH WITH HERBS	-	MEXICAN CHICKEN	1.	SWEEDISH CHICKEN BALL	14	4	GREEK CHICKEN		GRILLED CHICKEN	-	CHICKEN FAJITA	•	FISH FINGER
WES		STIR FRIED MIX VEGITABLE	۷	SIDE SALAD		SAUTEED VEGETABLE AND CORN	44.		SIDE SALAD	444	STEAMED BROCCOLI	4	CORN AND TOMATO SALSA	٧.	GREEN PEAS WITH CARROT
н		ROASTED CAJUN POTATO		CORN ON CORB		BAKED PASTA	44.	44	CORN ON CORB		ROASTED CAJUN POTATO	444	POTATO WEDGES		POTATO WEDGES
-															
SIAN		CHICKEN KAPITAN	144	STEAM GINGER FISH	٠	CHICKEN KORMA			CURRY FISH WITH LADY FINGER	1	AYAM SAMBAL	١,٠			CHICKEN KARAAGE
8		YOGURT CUCUMBER	444	SAUTEED MIX VEGETABLES	444	STIR FRIED CABBAGE		-	SAUTEED MIX VEGETABLES	444	SAUTEED LONG BEANS	444	•		JAPANESE CABBAGE SALAD
		DHALL VEGETABLE	444	FRAGRANT WHITE RICE		BUTTER RICE	44.	44	FRAGRANT WHITE RICE	444	FRAGRANT WHITE RICE	444	•		FRAGRANT WHITE RICE
TARIAN		VEGAN CHICKEN KAPITAN	444	TOFU GINGER SAUCE	***	VEGETARIAN LAMB KORMA	٠,	4	BEANCURD WITH CEAMY SAUCE	444	VEGETABLE FRIED RICE WITH TOFU	444	NESTUM VEGETARIN CHICKEN	4	POTATO & CARROT VEGETARIAN LAMB STEW
VEGE		STIR FRIED CABBAGE	44 .	SAUTEED SPINACH WITH GARLIC	444	STEAM GARLIC BROCOLLI	٠,		FUCUK WITH GLASS NOODLE	444	STIR FRIED BOK CHOY	44	STIR FRIED CHOI SUM		STIR FRIED MIX VEGE
		ROASTED POTATO	444	STEAM WHITE RICE	444	FRAGRANT WHITE RICE	٠,٠		STEAM WHITE RICE	444	PAPADAM	444	FRAGRANT WHITE RICE		FRAGRANT WHITE RICE
DESSER	-	FRESH CUT FRUIT	11	DESSERT OF THE DAY	444	BUBUR BARLEY MANIS	144	-	FRESH CUT FRUIT	444	DESSERT OF THE DAY	144	BUBUR CHA CHA	٠,	FRESH CUT FRUITS
		BEEF BOLOGNESE	444	KAM HEONG CHICKEN	444	GRILLED FISH FILLET	44	-	CLAYPOT CHICKEN RICE	444		144	BEEF STEW	٠,	MALACCA ASAM FISH
		2 CHOICE OF PASTA	Ш	BRAISED SOFT TOFU IN EGG SAUCE	Ш	LEMON BUTTER SAUCE	Ш	Ш	BRAISED SOY CHICKEN	Ш		Ш	DINNER BUN		MILD CHILLI BRINJAL
NNER		GARDEN SALAD	Ш	SAUTEED SPINACH WITH GARLIC	Ш	PENNE AGLIO OLIO	Ш	Ш	FISHBALL SOUP	Ш	YONG TOFU NIGHT	Ш	MASHED POTATO		BRAISED TOFU
ā		MUSHROOM SOUP	Ш	STEAMED RICE		TRIO BAKED SWEET POTATO HONEY GLAZED	Ш	Ш	CHICKEN FLOSS YAOMAK	Ш			COLESLAW		STEAMED RICE
		MIXED SALAD	Ш	MIXED SALAD	Ш	MIXED SALAD	Ш		MIXED SALAD	Ш			MIXED SALAD		MIXED SALAD
			444.	-	- -		١.	4		44		• •		•	

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				Con Contract of the Contract o	1				WEEK 4					Ø,		
TVE	OF GROUP	MONDAY	DEG	TUESDAY	TVD	WEDNESDAY		DE	THURSDAY	TVDE	FRIDAY	TVDE	SATURDAY	TV	D E G	SUNDAY
	Or encor	23-Mar-26	DEG	24-Mar-26	I V D	25-Mar-26]'	DE	26-Mar-26		27-Mar-26	I V D E	28-Mar-26		0	29-Mar-26
	ERN	GRILLED CHICKEN SLICED	, ,	GRILLED CHICKEN SAUSAGE	٠	FRENCH TOAST	,	1	TUNA MAYO SANDWICH	٠,	MONTE CRISTO		PANCAKE WITH FRUITS			ROTI CANAI WITH DHALL CURRY
	WEST	TOAST & CEREAL	,	TOAST & CEREAL		TOAST & CEREAL	,	144	TOAST & CEREAL		TOAST & CEREAL		TOAST & CEREAL	٧	٠.,	TOAST & CEREAL
G SNACK	NN	THAI CHICKEN SOUP	`	THAI CHICKEN SOUP	•	FISH PORRIDGE SOUP		,	TOM YUM MEE SOUP	,	KUEW TEOW SOUP	,	▼ BIHUN SOUP			FISH MOI SOUP
MORNIN	S															
	TARIAN	KAMPUNG FRIED RICE	1	STIR FRY HOR FUN	٠	YOUNG CHOW FRIED RICE	•	1	MUSHROOM FRIED RICE	٠,	LOH SHI FUN		TOMYAM FRIED RICE	٠	٠,	SOY FRIED RICE
	VEGE	4	1 1					Ш								
	SOUP OF THE DAY	SOUP OF THE DAY	444	SOUP OF THE DAY	-	SOUP OF THE DAY	١.		SOUP OF THE DAY	.	SOUP OF THE DAY		SOUP OF THE DAY	4	-	SOUP OF THE DAY
	Q	MIX SALAD OF THE DAY) }	MIX SALAD OF THE DAY	٠.	MIX SALAD OF THE DAY	,		MIX SALAD OF THE DAY	٠.,	MIX SALAD OF THE DAY	٠.,	MIX SALAD OF THE DAY	ų	٠.,	MIX SALAD OF THE DAY
	lys.	CHOICES OF TOPPING		CHOICES OF TOPPING	٠	CHOICES OF TOPPING			CHOICES OF TOPPING	•	CHOICES OF TOPPING	٠,	CHOICES OF TOPPING		٠,,	CHOICES OF TOPPING
		CHOICES OF DRESSING ✓		CHOICES OF DRESSING	٠.	CHOICES OF DRESSING	,		CHOICES OF DRESSING		CHOICES OF DRESSING	٠.,	CHOICES OF DRESSING	٠,	٠.,	CHOICES OF DRESSING
								1 1 1								
	STERN	CHICKEN MARYLAND		GRILLED FISH WITH TOMATO CONCASSE	٠	PARMESAN CRUSTED FISH		-	FISH FINGER	۷,	TILAPIA FLORENTINE		GRILLED FISH WITH TOMATO CONCASSE		44.	
	WE	GRATIN POTATO		STEAMED VEGETABLES	٠.	✓ ▼ TOMATO SALAD & DRESSING		111	GREEN PEAS WITH CARROT		CREAMY SPINACH		STEAMED VEGETABLES	۲	11.	4
HONOT		CAESER SALAD •		GARLIC BREAD	٧.	BAKED POTATO WITH PARSLEY	١.	-	FRENCH FRIES		AGLIO OLIO		GARLIC BREAD	٧	44.	<u> </u>
	SIAN	FISH MASALA	٠	CHICKEN KATSU		AYAM MASAK MERAH	H	1	CHICKEN KATSU	٠	PAD KRA PAO		BBQ CHICKEN		1	BBQ CHICKEN
		ACAR JELATAH	444	JAPANESE VEGETABLE CURRY	٠.	STIR FRY MIXED VEGGIE	,	111	JAPANESE POTATO & CARROT CURRY		STIR FRIED LONG BEAN		CUCUMBER TOMATO SALAD SALSA	۲	11.	CUCUMBER TOMATO SALAD SALSA
		FRAGRANT WHITE RICE		FRAGRANT WHITE RICE	٧.	FRAGRANTTOMATO RICE		111	FRAGRANT WHITE RICE		WHITE RICE		CHICKEN RICE	۲	11.	CHICKEN RICE
	z.	VEGETABLE COACKERS		STEAM SOFT TOFU WITH GINGER	П	VEGETABLAN CRUCTER SIGN		ПП	CHICKEN VATCH		COST TOTAL MITH COVERNOR	ПП	VEGETARIAN FRIED MEE		П	A CIVE OVER PERMIT
	GETARIA	VEGETABLE CRACKERS POTATO SAMOSA		SOY SAUCE STIR FRIED CHOI SUM	Ĭ	VEGETARIAN CRUSTED FISH TOMATO SALAD DRESSING			CHICKEN KATSU JAPANESE POTATO & CARROT CURRY		SOFT TOFU WITH SOY SAUCE STIR FRY MIX VEGETABLE		VEGETARIAN FRIED MEE	Ĭ	J.,	AGLIO OLIO PENNE
	>	FRIED VEGETARIAN GLASS NOODLES		FRAGRANT WHITE RICE	IJ.	BAKE POTATO WITH PARSLEY	Ħ,		FRAGRANT WHITE RICE		WHITE RICE				11.	J
	T SSER	FRESH CUT FRUIT		DESSERT OF THE DAY		BUBUR JAGUNG MANIS			FRESH CUT FRUIT		DESSERT OF THE DAY		BUBUR BARLEY MANIS	J	1	FRESH CUT FRUIT
	5	BLACK PEPPER BEEF STEW ✓		BREADED FISH	١.	BEEF BOLOGNESE	Ħ,		KAM HEONG CHICKEN		PUMPKIN MASHED POTATO		THAI FISH	ų	11.	CHAR KOEY TIAW COUNTER
		BUTTER RICE		POTATO GRATIN		GARLIC BUTTER PASTA		H	BRAISED SOFT TOFU IN EGG SAUCE		CHICKEN AU GRATIN		CORN RICE		$\dagger \dagger$	SWEET CORN CRAB MEAT SOUP
	E	BAKED POTATO		COLESLAW		GARDEN SALAD		\prod	SAUTEED SPINACH WITH GARLIC		PITA BREAD		STIR FRI KAILAN		Ħ	FRUIT COCKTAIL
	DINA	AGLIO OLIO PSTA		TOMYAM FRIED RICE		MUSHROOM SOUP		Ш	STEAMED RICE		HERBS BOILED EGG		GARLIC BREAD			
		FRESH CUT FRUITS		FRESH CUT FRUITS		FRESH CUT FRUITS		Ш	FRESH CUT FRUITS		FRESH CUT FRUITS		FRESH CUT FRUITS			FRESH CUT FRUITS
		-	J			1	,	-	-	٠,		-	J		1.	

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T: TRAFFIC LIGHT SYSTEM

V: VEGETARIAN
D: DAIRY FREE











5 to 10 to 1					FARMER'S	五			Prince of Wales Isl International Sch WEEK 1	land ool					F	ARMI Mari	is a second		
			MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	П		SATURDAY			SUNDAY		
TYPE	E OF GRO	UP	30-Mar-26	VIDIE	31-Mar-26	TVDE	1-Apr-26	TVD	2-Apr-26	TVDE	3-Apr-26	TVL	DEG	4-Apr-26	TV	DEG	5-Apr-26	TIV	اا
	Nas		MONTE CRISTO	4 4	SOFT BUN	٠.	PANCAKE	4	ENGLISH MUFFIN WITH EGG		BREAKFAST BURITO			AMERICAN BREAKFAST	Г		SOFT BUN	I	Ī
	WEST		CHOICE OF JAM	4 4	CHOICE OF JAM	444	CHOICE OF JAM		CHOICE OF JAM		CHOICE OF JAM			CHOICE OF JAM	Г		CHOICE OF JAM	I	Ī
İ	3		SINGAPORE BEE HOON	4 4	MEE SOTO	ļ	RAMEN SOUP		FISH MOI		DRY PAN MEE	,	J.	DUMPLING NOODLE SOUP	Г		TOMYAM NOODLE SOUP	I	1
	ACION					٠, ٠		J	4			-11-							_
İ	NAIG		CEREAL OF DAY WITH FRESH MILK		GARLIC FRIED RICE	٠, ٠	▼ EGG FRIED RICE	J	STIR FRIED UDON		ANCHOVIES FRIED RICE			SPICY FRIED RICE			FRIED YEE MEE		Ī
	VEGETA		CHICKEN MOI	J	,								П						Ī
İ	SOUP	DAY	SOUP OF THE DAY	J	SOUP OF THE DAY	٠.	SOUP OF THE DAY	J	SOUP OF THE DAY		SOUP OF THE DAY		44	SOUP OF THE DAY	r		SOUP OF THE DAY	T	_
	*, 6												11						-
	٠		MIX SALAD OF THE DAY	111	MIX SALAD OF THE DAY	11.	MIX SALAD OF THE DAY	J	MIX SALAD OF THE DAY		MIX SALAD OF THE DAY	J.	J.,	MIX SALAD OF THE DAY	٦.	JJ.	MIX SALAD OF THE DAY	П	,
	ALAS		CHOICES OF TOPPING	4.	CHOICES OF TOPPING	٠,٠		J	CHOICES OF TOPPING		CHOICES OF TOPPING	1	١,	CHOICES OF TOPPING	Г	J.,	CHOICES OF TOPPING	T	-
			CHOICES OF DRESSING	444	CHOICES OF DRESSING	44.	CHOICES OF DRESSING	1,	CHOICES OF DRESSING		CHOICES OF DRESSING	J	J.	CHOICES OF DRESSING	١,		CHOICES OF DRESSING		,
															-				
	20		ROASTED ROSEMARY CHICKEN	IJ	CHICKEN MEAT BALL IN TOMATO SAUCE	١,٠	OVEN BAKED BARBEQUE BEEF	J	CREAMY CHICKEN PASTA		SLOPPY JOE'S	1	I	HONEY GLAZE CHICKEN	Г	JJ.	BAKED CHICKEN BROWN SAUCE		-
	WESTE		GRILLED CORN ON COB	,	MIX SALAD OF THE DAY		STEAM FRENCH BEAN	1,	RATATOUILLE		▼ MIXED SALAD	J	Ħ	BUTTERD CORN AND CARROT	١,		MIX SALAD OF THE DAY		-
			CAJUN POTATO WEDGES	,,,	SPAGETTI	44.	BOILED POTATO	1,	GRATIN POTATO		BAKED POTAO WEDGES	J	١,	▼ PILAF RICE	٦,	Ш.	AGLIO OLIO		
													11						
	,		TIKKA FISH WITH SAUCE	JJ	STEAM FISH WITH SOY SAUCE	IJ	SWEET SOUR CHICKEN		GINGER CHICKEN WITH DARK SAUCE		NASI LEMAK	1	11	CHINESE BUTTER CHICKEN	Г	IJ	MANGO FISH		
l	VIO		STIR FRIED MIX VEGETABLE	,,,	SAUTEED BEAN SPROUT		CHINESE CABBAGE AND MUSHROOM	J	STIR FRIED MIU BEAN SPROUT		SAMBAL WITH CONDIMENTS	J.	١,	BRAISED SIEW PAK CHOY	Τ,		STIR FRY LONG BEAN AND EGG	T	,
			FRAGRANT WHITE RICE	444	FRAGRANT WHITE RICE	44.		J	FRAGRANT WHITE RICE		→ AYAM REMPAH	J	J.	FRAGRENT WHITE RICE	١,		FRAGRANT WHITE RICE	#	,
													11						-
	Note		DHAAL CURRY	111	STEAM VEGETARIAN FISH WITH SOY SAUCE	11.	STIR FRIED BLACK PAPPER VEGGIE MEAT	J	VEGETABLE LAGSANA	44.	STIR FRY VEGETARIAN GLASS NOODLE	J.	44	VEGETARIAN FRIED YEE MEE	Τ.	Ш	VEGETARIAN CHICKEN SAMBAL	П	,
	VEGETA		ONION PAKORA	,,	STIR FRIED SAWI		STEAM MIX VEGETABLE	J	BAKED CAULIFLOWER AND CARROT		STIR FRIED BOK CHOY	J.	1		Τ,		CUCUMBER SALAD DRESSING	T	
			NAAN BREAD	444	STEAM WHITE RICE	44.	FRAGRANT WHITE RICE	J	POTATO SALAD		FRAGRANT RICE	J.	١,		Τ,		FRAGRANT WHITE RICE	T	,
	ESSER	-	FRESH CUT FRUIT	11	DESSERT OF THE DAY	44.		1,	→ FRESH CUT FRUIT		DESSERT OF THE DAY		#	BUBUR KACANG HIJAU	١,		FRESH CUT FRUITS		,
			CHICKEN MARRYLAND	111	BUTTER CHICKEN	44.		J	GRILLED CHICKEN BURGER		1	##	4	CHICKEN ALFREDO PASTA	Τ,		CHICKEN KAARAGE		,
			AGLIO ILIO PASTA	Ш	STEAM BROCCOLI AND CARROT		CREAMY CHEEZY SAUCE		4 TYPE OF CONDIMENTS				Ħ	DINNER BUN	Г	Ħ	STHIN SLICE CABBAGE AND CARROT	-	-
	5		BUTTER HERB BROCCOLI	Ш	FRAGRANT WHITE RICE		ROASTED POTATO		TOMATO SOUP				Ħ	BAKED POTATO	Ħ	Ш	BRAISED TOFU	Ħ	-
	DINI		MUSHROOM SOUP	Ш	BRAISED JAPANESE EGG TOFU		PUMPKIN SOUP		TOURTILLA CHIPS		TACO STATION WITH CONDIMENTS	Ħ	Ħ	COLESLAW	r	H	STEAMED RICE	Ħ	-
			FRESH CUT FRUITS	Ш	FRESH CUT FRUITS		FRESH CUT FRUITS		FRESH CUT FRUITS				H	FRESH CUT FRUITS	Ħ	H	FRESH CUT FRUITS	Ħ	-
					J				JI	HJ.	H		╁		Ħ	Ш		\blacksquare	Ħ

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TYPE OF GROUP NASTI 23/V	MONDAY 6-Apr-26 TUNA SANDWICH	VDE	TUESDAY				WEEK 2			•		-		-	
O SWACK WESTERN		Alpleid	TOESDAT		WEDNESDAY	T V D E	THURSDAY	TVDF	FRIDAY	T.//	SATURDAY	TVDE	SUNDAY	TVDEC	
G SNACK WESTERN	TUNA SANDWICH		7-Apr-26	TVDE	8-Apr-26	TVDE	9-Apr-26	TVDE	10-Apr-26	TVD	11-Apr-26	TVDE	12-Apr-26	TVDEG	
G SNACK		4 4	FRENCH TOAST	۷,	AMERICAN BREAKFAST	4	PANCAKES		CROISSANT		CHEESE TOAST		PRATA		
G SNACK	TOAST & CEREAL	۷.	TOAST & CEREAL		TOAST & CEREAL		TOAST & CEREAL		TOAST & CEREAL	۷.	TOAST & CEREAL		TOAST & CEREAL		
	BRAISED YEE MEE	۷.	TAMAGO RAMEN SOUP	ų	KUEY TEOW WITH EGG DROP SOUP		DUMPLING NOODLE SOUP		MEE SOUP WITH CONDIMENT	٠	VERMICILLI SOUP		CANTONESE YEE MEE		
AORNIN									'	1 1 1					
RIAN	VILLANGE FRIED RICE		GARLIC FRIED RICE	١,	TUMERIC FRIED RICE	۷,	TOMYAM FRIED RICE		FRIED KUEY TIOW		YONG CHOW FRIED RICE		MEE MAMAK STYLE		
VEGETA		,	-												
UP OF E DAY	SOUP OF THE DAY	J	SOUP OF THE DAY	Ų,	SOUP OF THE DAY	, ,	SOUP OF THE DAY		SOUP OF THE DAY	٦,,	SOUP OF THE DAY		SOUP OF THE DAY		
8 =															
	MIX SALAD OF THE DAY	Ш	MIX SALAD OF THE DAY	IJ.	MIX SALAD OF THE DAY	IJ.	▼ MIX SALAD OF THE DAY		MIX SALAD OF THE DAY	HJ.	MIX SALAD OF THE DAY		MIX SALAD OF THE DAY		
SAIAD	CHOICES OF TOPPING		CHOICES OF TOPPING		CHOICES OF TOPPING		CHOICES OF TOPPING		CHOICES OF TOPPING		CHOICES OF TOPPING		CHOICES OF TOPPING		
	CHOICES OF DRESSING		CHOICES OF DRESSING		CHOICES OF DRESSING		CHOICES OF DRESSING		CHOICES OF TOPFING CHOICES OF DRESSING		CHOICES OF TOPPING CHOICES OF DRESSING		CHOICES OF DRESSING		
	CHOICES OF DRESSING	1111	CHOICES OF DRESSING	111	CHOICES OF DRESSING	111	CHOICES OF DRESSING	1111	CHOICES OF DRESSING	l 1°	CHOICES OF DRESSING	1111	CHOICES OF DRESSING	1111	
2	POACHED FISH HERB CREAM SAUCE	ПЛ	PERI PERI CHICKEN	HJ.	BAKED FISH WITH GARLIC SAUCE	HJ.	CHICKEN STRAGANOFF		CREAMY HERB BAKED FISH		CHICKEN FAJITA		BAKED FISH PICATTA		
WESTER	STEAM BROCCOLI		GARLIC FRENCH BEAN AND CARROT		CORN ON COB		▼ SIDE SALAD		STEAMED BROCCOLI		CORN AND TOMATO SALSA		BAKED ZUCCHINI		
	OVEN BAKED POTATO		PASTA POMODORO		CAJUN BAKED POTATO		CORN ON CORB		ROASTED CAJUN POTATO	HÌ.	POTATO WEDGES		MASHED POTATO		
E E E	OVER SIMES FORMS	1111	Trom onesone	111	o don british to refer to	1111	COMMONICONS		NOTES GUORTEINIO		1 TOMIO WEBGES	111	· · · · · · · · · · · · · · · · · · ·	1111	
	CHICKEN WITH TOMATO CHILLI	ПЛ	SWEET & SOUR FISH	П	CHICKEN MANGO SALAD	Ш	▼ FRIED FISH WITH HOISIN SAUCE		CHICKEN DRY CHILLI	П.	THAI STEAM LIME FISH		CHICKEN PICATTA		
ASIAN	CUCUMBER SALAD	Ш	▼ SAUTEED KAILAN WITH GARLIC	Ш.	STIR FRIED BEAN SPROUT		▼ SAUTEED MIX VEGETABLES		WHITE RICE	HJ.	BRAISED SIEW PAK CHOY		JAPANESE CABBAGE SALAD		
		Ш		Ш.						J.	+				
	FRAGRANT WHITE RICE TO THE PRAGRANT WHITE RICE T														
NA	FRIED TOFU AND TEMPE TOMATO	IJ.	SWEET SOUR SOFT TOFU	IJ.	VEGETARIAN LAMB MANGO SALAD		BEANCURD WITH HOISIN SAUCE	111	TOFU DRY CHILLI	Į,	BAKED VEGETARIN FISH THAI STEAM	J	VEGETARIAN LAMB PICATTA		
AEGETAR	CHILLI SAUTEED CHOI SAM		▼ SAUTEED CABBAGE		SAUTEED MIX VEGITABLE		FUCUK WITH GLASS NOODLE	-	STIR FRIED BOK CHOY	J.	SAUCE STIR FRIED CHOI SUM		STIR FRIED MIX VEGE		
	STEAM WHITE RICE		STEAM WHITE RICE		FRAGRANT WHITE RICE		STEAM WHITE RICE	-	STEAM RICE	J.	FRAGRANT WHITE RICE		FRAGRANT WHITE RICE		
- 88 - 88	FRESH CUT FRUIT		DESSERT OF THE DAY	11.	BUBUR CHA CHA	1,1	FRESH CUT FRUIT		DESSERT OF THE DAY	۷.	BUBUR SAGO MELAKA	111	FRESH CUT FRUITS		
5	BARBEQUE CHICKEN	1111	✓ KAM HEONG CHICKEN	11.	GRILLED CHICKEN CACCIATORE		→ CHICKEN RENDANG			١,	CHICKEN IRISH STEW		DRIED CHILI CHIKEN		
	SAUTEED MIX VEGETABLES		BRAISED SOFT TOFU IN EGG SAUCE		STEAM BROCOLLI AND CALIFLOWER		SAUTEED CHAI SIM		-		DINNER BUN		MILD CHILLI BRINJAL		
œ	ROASTED CAJUN POTATO	Ш	SAUTEED SPINACH WITH GARLIC		PENNE AGLIO OLIO		PAPADOM		WETERN STATION NIGHT(CHICKEN		MASHED POTATO		BRAISED TOFU		
DINNE	BUTTER RICE	Ш	STEAMED RICE		SWEET POTATO HONEY GLAZED		GEE RICE		LAGSANA)		COLESLAW		STEAMED RICE		
	MIXED SALAD	Ш	MIXED SALAD		MIXED SALAD		MIXED SALAD		1		MIXED SALAD		MIXED SALAD		
		Ш	<u> </u>	Ш.					-						

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		MONDAY	TUESDAY		WEDNESDAY			THURSDAY		FRIDAY		SATURDAY			SUNDAY	
TVF	PE OF GROUP	13-Apr-26	14-Apr-26	TVDE	15-Apr-26	TVL	DEG	16-Apr-26	VDE	17-Apr-26	TVDE	18-Apr-26	TIVID	DEG	19-Apr-26	TVDE
	ERN	SCRAMBLE EGG AND BAKED BEANS	FRENCH TOAST		EGG SANDWICH	,		PANCAKES	Ш	CROISSANT		MONTE CRISTO			SLICE BREAD	
	WEST	TOAST & CEREAL	TOAST & CEREAL		TOAST & CEREAL	,		TOAST & CEREAL		TOAST & CEREAL		TOAST & CEREAL	٠,٠	٠,	TOAST & CEREAL	
G SNACK	NA	YEE MEE NOODLE SOUP	KUEW TEOW SOUP	-	RAMEN NOODLE SOUP		~ ~	VERMICILLI SOUP		MEE SOUP WITH CONDIMENT	, ,	VERMICILLI SOUP			MEE SOUP	
MORNIN	V					`	•									
	FARIAN	NASI GORENG AYAM	MUSHROOM FRIED RICE		✓ CHINESE FRIED RICE	-		CHEE CHEONG FUN WITH SWEET SAUCE AND FISH BALLS		SPICY FRIED RICE		YONG CHOW FRIED RICE			MEE MAMAK STYLE	
	VEGET								Ш							
	SOUP OF THE DAY	SOUP OF THE DAY	SOUP OF THE DAY		▼ SOUP OF THE DAY	-	-	SOUP OF THE DAY	Ш	SOUP OF THE DAY		SOUP OF THE DAY			SOUP OF THE DAY	
	TAD	MIX SALAD OF THE DAY	MIX SALAD OF THE DAY		MIX SALAD OF THE DAY	~		MIX SALAD OF THE DAY	44.	MIX SALAD OF THE DAY	44.	MIX SALAD OF THE DAY	٧.	٠,	MIX SALAD OF THE DAY	44.
	S	CHOICES OF TOPPING	CHOICES OF TOPPING		✓ CHOICES OF TOPPING			CHOICES OF TOPPING	۷,	CHOICES OF TOPPING	۷,	CHOICES OF TOPPING	,	٠,	CHOICES OF TOPPING	۷,
		CHOICES OF DRESSING	CHOICES OF DRESSING		✓ CHOICES OF DRESSING	•		CHOICES OF DRESSING	٠,٠	CHOICES OF DRESSING	44.	CHOICES OF DRESSING	٠,٠	44.	CHOICES OF DRESSING	٠,٠
														т т		
	STERN	CREAMY FISH WITH HERBS	MEXICAN CHICKEN		SWEEDISH CHICKEN BALL			GREEK CHICKEN	٠,	GRILLED CHICKEN	-	CHICKEN FAJITA	,	44.	FISH FINGER	1
	WE	STIR FRIED MIX VEGITABLE	SIDE SALAD		SAUTEED VEGETABLE AND CORN	~		SIDE SALAD	44.		4	CORN AND TOMATO SALSA	٠,٠	44.	GREEN PEAS WITH CARROT	111
ğ		ROASTED CAJUN POTATO	CORN ON CORB		▼ BAKED PASTA	•	111	CORN ON CORB	٠,	ROASTED CAJUN POTATO		▼ POTATO WEDGES	٠,	٠,	POTATO WEDGES	44.
3														ТТ		
	SIAN	CHICKEN KAPITAN	STEAM GINGER FISH	٠	CHICKEN KORMA			CURRY FISH WITH LADY FINGER	۲	AYAM SAMBAL	۷,			1	CHICKEN KARAAGE	۲
	٩	YOGURT CUCUMBER	SAUTEED MIX VEGETABLES		✓ STIR FRIED CABBAGE	4	1 1	SAUTEED MIX VEGETABLES	٠,٠	▼ WHITE RICE	44.	-	٧,	11.	JAPANESE CABBAGE SALAD	44.
		DHALL VEGETABLE	FRAGRANT WHITE RICE		▼ BUTTER RICE	•	111	FRAGRANT WHITE RICE	٠,٠	SAUTEED LONG BEANS	111	<u> </u>	٧.	11.	FRAGRANT WHITE RICE	111
	_													11	POTATO & CARROT VEGETARIAN	
	SETARIAN	VEGAN CHICKEN KAPITAN	TOFU GINGER SAUCE	117	VEGETARIAN LAMB KORMA	1	1	BEANCURD WITH CEAMY SAUCE	11.	VEGETABLE FRIED RICE WITH TOFU	44.	NESTUM VEGETARIN CHICKEN	۲		LAMB STEW	111
	VE	STIR FRIED CABBAGE	SAUTEED SPINACH WITH GARLIC	117	STEAM GARLIC BROCOLLI	1	111	FUCUK WITH GLASS NOODLE	11.		11	STIR FRIED CHOI SUM	1,	11.	STIR FRIED MIX VEGE	111
	кт	ROASTED POTATO	STEAM WHITE RICE	7 7 7	FRAGRANT WHITE RICE	1	111	STEAM WHITE RICE	11	PAPADAM	•••	FRAGRANT WHITE RICE	1,	44.	FRAGRANT WHITE RICE	111
	DESSE	FRESH CUT FRUIT	DESSERT OF THE DAY		→ BUBUR KACANG HIJAU	~	1 1	FRESH CUT FRUIT	11.	DESSERT OF THE DAY	**	BUBUR PULUT HITAM	٧,	٠,	FRESH CUT FRUITS	111
		BEEF BOLOGNESE	KAM HEONG CHICKEN	1447	GRILLED FISH FILLET	-	444	CLAYPOT CHICKEN RICE	٠.,		44.	BEEF STEW	٧,	٠,	MALACCA ASAM FISH	144
		2 CHOICE OF PASTA	BRAISED SOFT TOFU IN EGG SAUCE		LEMON BUTTER SAUCE		Ш	BRAISED SOY CHICKEN	Щ		Ш	DINNER BUN			MILD CHILLI BRINJAL	Ш
	NNER	GARDEN SALAD	SAUTEED SPINACH WITH GARLIC		PENNE AGLIO OLIO		Ш	FISHBALL SOUP	Ш	NOODLE STATION NIGHT		MASHED POTATO		Ш	BRAISED TOFU	
	5	MUSHROOM SOUP	STEAMED RICE		TRIO BAKED SWEET POTATO HONEY GLAZED		Ш	CHICKEN FLOSS YAOMAK	Щ		Ш	COLESLAW			STEAMED RICE	Ш
		MIXED SALAD	MIXED SALAD		MIXED SALAD		Ш	MIXED SALAD	Ш			MIXED SALAD			MIXED SALAD	
						•	-		١.		۷,			44		

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				FARMER'S			***	Prince of Wales Islam International School WEEK 4	d				FAR	MER	2 6	
TY	PE OF GROUP	MONDAY	T V D E C	TUESDAY	τv	WEDNESDAY	 VDE	THURSDAY	TVDF	FRIDAY	TVDF	SATURDAY	τv	DEG	SUNDAY	TVDFG
		20-Apr-26		21-Apr-26		22-Apr-26		23-Apr-26		24-Apr-26		25-Apr-26			26-Apr-26	
	TERN	GRILLED CHICKEN SLICED		GRILLED CHICKEN SAUSAGE		FRENCH TOAST	٠	TUNA MAYO SANDWICH	۷,	MONTE CRISTO		PANCAKE WITH FRUITS		-	ROTI CANAI WITH DHALL CURRY	
	wes	TOAST & CEREAL	444	TOAST & CEREAL		TOAST & CEREAL		▼ TOAST & CEREAL		TOAST & CEREAL		TOAST & CEREAL	·		TOAST & CEREAL	
G SNACK	N	THAI CHICKEN SOUP	•	FISH PORRIDGE SOUP		TOM YUM MEE SOUP	,	▼ KUEW TEOW SOUP	7	BIHUN SOUP		FISH MOI SOUP		4 4	CHICKEN SOTO	
MORNIN	SS.															
	ARIAN	KAMPUNG FRIED RICE		STIR FRY HOR FUN	v	YOUNG CHOW FRIED RICE	, ,	MUSHROOM FRIED RICE	۷,	LOH SHI FUN		TOMYAM FRIED RICE	·	1	SOY FRIED RICE	
	VEGET															
	SOUP OF THE DAY	SOUP OF THE DAY	4 4	SOUP OF THE DAY	4	SOUP OF THE DAY	1 1	SOUP OF THE DAY	4.	SOUP OF THE DAY		SOUP OF THE DAY	J		SOUP OF THE DAY	4 4
	QV PD	MIX SALAD OF THE DAY		MIX SALAD OF THE DAY	v	MIX SALAD OF THE DAY		MIX SALAD OF THE DAY	٧,٠	MIX SALAD OF THE DAY	٠,٠	MIX SALAD OF THE DAY	,	444	MIX SALAD OF THE DAY	
	\$	CHOICES OF TOPPING	٧,	CHOICES OF TOPPING		CHOICES OF TOPPING		CHOICES OF TOPPING	۷,	CHOICES OF TOPPING	,	CHOICES OF TOPPING		444	CHOICES OF TOPPING	1444
		CHOICES OF DRESSING		CHOICES OF DRESSING	v	CHOICES OF DRESSING		CHOICES OF DRESSING	٧,٠	CHOICES OF DRESSING	٠,٠	CHOICES OF DRESSING	,	444	CHOICES OF DRESSING	1444
	E R	CHICKEN MARYLAND	٧,	GRILLED FISH WITH TOMATO CONCASSE		PARMESAN CRUSTED FISH	,	FISH FINGER	۷,	TILAPIA FLORENTINE		GRILLED FISH WITH TOMATO CONCASSE				
	WES	GRATIN POTATO		STEAMED VEGETABLES	v	TOMATO SALAD & DRESSING	,	GREEN PEAS WITH CARROT	٧,٠	CREAMY SPINACH		STEAMED VEGETABLES	,			
8		CAESER SALAD		GARLIC BREAD	v	BAKED POTATO WITH PARSLEY		FRENCH FRIES	٠,٠	AGLIO OLIO		GARLIC BREAD		444		1444
m																
	N	FISH MASALA	,	CHICKEN KATSU		AYAM MASAK MERAH	,	CHICKEN KATSU	7	PAD KRA PAO		BBQ CHICKEN		-	BBQ CHICKEN	1444
	- AS	ACAR JELATAH		JAPANESE VEGETABLE CURRY	v	STIR FRY MIXED VEGGIE		JAPANESE POTATO & CARROT CURRY	٧,٠	STIR FRIED LONG BEAN		CUCUMBER TOMATO SALAD SALSA	,	444	CUCUMBER TOMATO SALAD SALSA	1444
		FRAGRANT WHITE RICE		FRAGRANT WHITE RICE	v	FRAGRANTTOMATO RICE		FRAGRANT WHITE RICE	٧,٠	WHITE RICE		CHICKEN RICE	,		CHICKEN RICE	
	ARIAN	VEGETABLE CRACKERS	۷	STEAM SOFT TOFU WITH GINGER SOY SAUCE	v	VEGETARIAN CRUSTED FISH		CHICKEN KATSU	٠,٠	SOFT TOFU WITH SOY SAUCE		VEGETARIAN FRIED MEE			AGLIO OLIO PENNE	
	VEGE	POTATO SAMOSA		STIR FRIED CHOI SUM	-	TOMATO SALAD DRESSING		JAPANESE POTATO & CARROT CURRY	٠.,	STIR FRY MIX VEGETABLE			v			
		FRIED VEGETARIAN GLASS NOODLES		FRAGRANT WHITE RICE	J	BAKE POTATO WITH PARSLEY		FRAGRANT WHITE RICE	٠,٠	→ WHITE RICE			v			
	DESSERT	FRESH CUT FRUIT	1444	DESSERT OF THE DAY	-	BUBUR CHA CHA		FRESH CUT FRUIT	44.	DESSERT OF THE DAY		BUBUR SAGO MELAKA		444	FRESH CUT FRUIT	
		BLACK PEPPER BEEF STEW	444	BREADED FISH	4	BEEF BOLOGNESE		KAM HEONG CHICKEN	44.	PUMPKIN MASHED POTATO	44.	THAI FISH	-	111	CHAR KOEY TIAW COUNTER	
		BUTTER RICE		POTATO GRATIN		GARLIC BUTTER PASTA		BRAISED SOFT TOFU IN EGG SAUCE		CHICKEN AU GRATIN		CORN RICE		\prod	SWEET CORN CRAB MEAT SOUP	
	E E	BAKED POTATO		COLESLAW		GARDEN SALAD		SAUTEED SPINACH WITH GARLIC		PITA BREAD		STIR FRI KAILAN		\prod	FRUIT COCKTAIL	
	DIN	AGLIO OLIO PSTA		TOMYAM FRIED RICE		MUSHROOM SOUP		STEAMED RICE		HERBS BOILED EGG		GARLIC BREAD				
		FRESH CUT FRUITS		FRESH CUT FRUITS		FRESH CUT FRUITS		FRESH CUT FRUITS		FRESH CUT FRUITS		FRESH CUT FRUITS		Ш	FRESH CUT FRUITS	
			1			44		J	4.		-	-		11		
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All food served are HALAL compliant

Menu may change according to food supply seasons and availability

Delischool Healthy Food Guidelines:

We mainly bake, grill, steam, lightly stir fry or boil our foods. Deep frying is limited within our menu cycle.

We do not add MSG (Monosodium Glutamate) to our cooked foods.

We reduce saturated fat, sugar, salt & artificial colouring in our cooking













