



Tamafuku

September

School Lunch 2026

1st Week

- 1-Sep-26 Tomato Chicken & Corn
- 2-Sep-26 Nikujaga + Sesame Spinach & Furikake
- 3-Sep-26 Spaghetti Meat Sauce & Broccoli
- 4-Sep-26 Karaage & Pickled Cucumber

2nd Week

- 8-Sep-26 Cream Stew & Plum Tomato
- 9-Sep-26 Torisukune & Komatsuna Jako Stir-Fry
- 10-Sep-26 Fried Rice & Hijiki Salad with Mayo
- 11-Sep-26 Chicken Katsu & Carrots

3rd Week

- 15-Sep-26 Tori Daikon & Shiri Shiri
- 16-Sep-26 **Malaysia Day Holiday !**
- 17-Sep-26 Spaghetti Meatball & Pickled Cucumber
- 18-Sep-26 Oyakodon & Okra Sesame Sauce

4th Week

- 22-Sep-26 Curry Rice & Edamame
- 23-Sep-26 Chicken + Potato Terini + Broccoli & Furikake
- 24-Sep-26 Omurice & Tuna Cucumber
- 25-Sep-26 Teriyaki Chicken & Beansprout

- 29-Sep-26 Chicken Soboro Omlette & Plum Tomato
- 30-Sep-26 Pumpkin Croquette & Komatsuna Jako Stir Fry

Notice Board

16-Sept-26 Malaysia Day



Comes with rice : Regular 180g , Large 200g

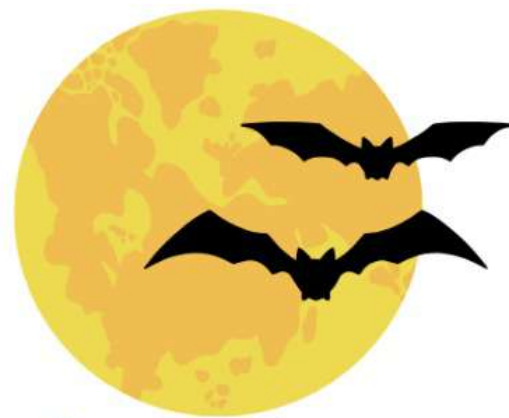


Comes with noodles : Regular 180g , Large 200g





October



Tamafuku School Lunch

1st Week

-  1-Oct-26 Prawn+ Vegetable Tempura & Kirboshi Daikon
-  2-Oct-26 Sanshokudon & Pumpkin cooked in dashi

3rd Week

-  13-Oct-26 Cream Stew & Plum Tomato
-  14-Oct-26 Torisukune & Komatsuna Jako Stir-Fry
-  15-Oct-26 Fried Rice & Hijiki Salad with Mayo
-  16-Oct-26 Chicken Katsu & Carrots

5th Week

-  27-Oct-26 Chicken + Potato Terini & Broccoli
-  28-Oct-26 Omurice & Tuna Cucumber
-  29-Oct-26 Teriyaki Chicken & Beansprout
-  30-Oct-26 Chicken Soboro Omlette & Plum Tomato

2nd Week

-  6-Oct-26 Tomato Chicken & Corn
-  7-Oct-26 Nikujaga + Sesame Spinach & Furikake
-  8-Oct-26 Spaghetti Meat Sauce & Broccoli
-  9-Oct-26 Karaage & Pickled Cucumber

4th Week

-  20-Oct-26 Tori Daikon & Shiri Shiri
-  21-Oct-26 Spaghetti Meatball & Pickled Cucumber
-  22-Oct-26 Oyakodon & Okra Sesame Sauce
-  23-Oct-26 Curry Rice & Edamame

Notice Board

Oct 19-23 : Half Term Break (Powiis)
Oct 12-16 : Fall Break (Dalat)
Oct 12-16 : Half Term Break (Stonyhurst)



Comes with rice : Regular 180g , Large 200g



Comes with noodles : Regular 180g , Large 200g





November

School Lunch 2026

1st Week

- 3-Nov-26 Pumpkin Croquette & Komatsuna Jako Stir Fry
- 4-Nov-26 Tomato Chicken & Corn
- 5-Nov-26 Nikujaga+Furikake & Sesame Spinach
- 6-Nov-26 Spaghetti Meat Sauce & Broccoli

2nd Week

- 10-Nov-26 Karaage & Pickled Cucumber
- 11-Nov-26 Cream Stew & Plum Tomato
- 12-Nov-26 Torisukune & pumpkin cooked in dashi
- 13-Nov-26 Fried Rice & Hijiki Salad with Mayo

3rd Week

- 17-Nov-26 Chicken Katsu & Carrots
- 18-Nov-26 Tori Daikon+Furikake & Shiri Shiri
- 19-Nov-26 Spaghetti Meatball & Pickled Cucumber
- 20-Nov-26 Oyakodon & Okra Sesame Sauce

4th Week

- 24-Nov-26 Curry Rice & Edamame
- 25-Nov-26 Chicken + Potato Terini & Broccoli
- 26-Nov-26 Omurice & Tuna Cucumber
- 27-Nov-26 Teriyaki Chicken & Edamame

Notice Board

Nov 8 : Deepavali (Powiss , StonyHurst)

Nov 9 : Deepavali Replacement Holiday
(Powiss , StonyHurst)



Comes with rice : Regular 180g , Large 200g



Comes with noodles : Regular 180g , Large 200g



DECEMBER

School Lunch 2026

1st Week

-  1-Dec-26 Chicken Soboro Omlette & Plum Tomato
-  2-Dec-26 Pumpkin Croquette & Komatsuna Jako Stir Fry
-  3-Dec-26 Tomato Chicken & Corn
-  4-Dec-26 Nikujaga+Furikake & Sesame Spinach

2nd Week

-  8-Dec-26 Spaghetti Meat Sauce & Broccoli
-  9-Dec-26 Karaage & Pickled Cucumber
-  10-Dec-26 Cream Stew & Plum Tomato
-  11-Dec-26 Torisukune & pumpkin cooked in dashi

3rd Week

-  15-Dec-26 Fried Rice & Hijiki Salad with Mayo
-  16-Dec-26 Chicken Katsu & Carrots
-  17-Dec-26 Tori Daikon & Shiri Shiri
-  18-Dec-26 Spaghetti Meatball & Pickled Cucumber



Comes with rice : Regular 180g , Large 200g



Comes with noodles : Regular 180g , Large 200g

Notice Board

December 11 : Term 1 Ends (Powiss
December 11 : Term 1 Ends (Stonyhurst)
December 18 : Christmas Break (Dalat)

