



POWIIS

OCT 2026 (18 days)

Half Term Break 19th - 23rd Oct 2026

YumBox provides:

1. Lunch Box with Name Tag
2. Fruits & Vegetables with each set meal
3. **Please provide own cutlery**
4. Special Dietary Meals are available upon request.
5. All meats are cut into bite size.
6. Only Boneless & Skinless Chicken White Meat is used.
7. Himalayan Pink Salt & Pepper are used as Seasoning.
8. **Pictures are strictly for Illustration Purposes Only.**
9. **Portions: BIG RM16; BIGGER RM18 per set (disposable container)**
10. **We reserve the right to change our menu due to availability of fresh ingredients.**

				OCT 1 - THU	OCT 2 - FRI
INTERNATIONAL				SWEET PAPRIKA CHICKEN & MARINARA PASTA 自制鸡块和海鲜意大利面 	PERCH FISH & CHIPS 鲈鱼炸鱼薯条 
ASIAN				GYUDON (JAPANESE BEEF MINCE) & EGG with RICE	POLLO FRITTO ALLA GIAPPONESE (JAPAN STYLE FRIED CHICKEN)
EVERYTHING ELSE				NON SPICY CRISPY TOMYAM CHICKEN NOODLES 不辣脆皮东炎鸡肉面 	SALMON MAYO ONIGIRI (2 pcs) 三文鱼蛋黄酱饭团 (2 件) 
	OCT 5 - MON	OCT 6 - TUE	OCT 7 - WED	OCT 8 - THU	OCT 9 - FRI
INTERNATIONAL	YUMBOX CHICKEN FOLDOVER TACO (contains, mince chicken, garlic, onion, paprika, cheese, salad & YumBox sauce)	NUT FREE PESTO CHICKEN SPAGHETTI (basil, cheese & garlic)无坚果香蒜酱鸡肉意大利面 (含有罗勒、奶酪和大蒜)	CRISPY CHICKEN CHEESY AGLIO OLIO 脆皮鸡芝士蒜油	CHICKEN MINCE on CHEESY NACHOS 鸡肉碎配芝士玉米片 	CHICKEN SPAGHETTI BOLOGNESE 鸡肉意大利肉酱面 
ASIAN	CHICKEN TERIYAKI RICE 照烧鸡肉饭 	CHICKEN TIKKA MASALA RICE 	CHICKEN KATSU JAPANESE CURRY 日式咖喱鸡排 	BRAISED CHICKEN & MUSHROOM RICE 红烧鸡蘑菇饭 	POLLO FRITTO ALLA GIAPPONESE (JAPAN STYLE FRIED CHICKEN)
EVERYTHING ELSE	RICE NOODLES with EGG & TERIYAKI CHICKEN 鸡蛋米粉和照烧鸡 	EGG MAYO & CHEESE SANDWICH with BAKED TORTILLA CHIPS	CHEESY BEEF MINCE BREAD ROLLS	STIR FRY RICE NOODLES & CHICKEN SLICES 炒米粉鸡片 	SALMON MAYO ONIGIRI (2 pcs) 三文鱼蛋黄酱饭团 (2 件) 

	OCT 12 - MON	OCT 13 - TUE	OCT 14 - WED	OCT 15 - THU	OCT 16 - FRI
INTERNATIONAL	"BREAKFAST" BURRITO MEAL (contains chicken mince, cheese, shredded carrots, lettuce wrapped together)	SPAGHETTI MEATBALLS	CHEESY AGLIO OLIO with CAJUN MINCE BEEF	GARLIC AGLIO OLIO & GRILLED CHICKEN	CHICKEN SPAGHETTI BOLOGNESE 鸡肉意大利肉酱面 
ASIAN	NON SPICY MAPO TOFU RICE 不辣麻婆豆腐饭 	OYAKODON (Chicken & Egg Rice) OYAKODON (鸡肉鸡蛋饭)	CHICKEN KATSU JAPANESE CURRY 日式咖喱鸡排 	GARLIC FRIED RICE & CRISPY CHICKEN SLICES 蒜蓉炒饭和脆皮鸡片 	POLLO FRITTO ALLA GIAPPONESE (JAPAN STYLE FRIED CHICKEN)
EVERYTHING ELSE	CRISPY CHICKEN & FRIED EGG SANDWICH with TORTILLA CHIPS	CHICKEN BULGOGI ONIGIRI (2 pcs) 鸡肉烤肉饭团 (2 件) 	HOISIN STIR FRY NOODLES & GRILLED CHICKEN	CHICKEN & EGG SALAD LAUGEN SANDWICH & FRIES	SALMON MAYO ONIGIRI (2 pcs) 三文鱼蛋黄酱饭团 (2 件) 
	OCT 26 - MON	OCT 27 - TUE	OCT 28 - WED	OCT 29 - THU	OCT 30 - FRI
INTERNATIONAL	CAJUN CHICKEN MINCE BURRITO WRAP (lots of vegetables) 卡真鸡肉碎卷饼卷 (大量蔬菜)	BAKED CHICKEN "PIZZA" TORTILLA POCKETS (contains chicken, cheese, sauteed onions, garlic, passata sauce)	BAKED MACARONI & CHEESE with POPCORN CHICKEN	CHICKEN PARMAGIANA PASTA & MARINARA SAUCE 巴马吉亚纳鸡肉意大利面和大蒜酱 	PERCH FISH & CHIPS 鲈鱼炸鱼薯条 
ASIAN	CRISPY TOMYAM CHICKEN & BUTTER RICE 脆皮东炎鸡肉黄油饭	NON SPICY CHICKEN & POTATO CURRY RICE 不辣鸡肉和土豆咖喱饭 	CHICKEN KATSU JAPANESE CURRY 日式咖喱鸡排 	CRISPY CHICKEN CHOP (with Oriental gravy) & RICE	POLLO FRITTO ALLA GIAPPONESE (JAPAN STYLE FRIED CHICKEN)
EVERYTHING ELSE	CHICKEN SLICE, FRIED EGG & CHEESE SANDWICH with BAKED TORTILLA CHIPS	CHICKEN TERIYAKI & STIR FRY NOODLES	TOMYAM RICE NOODLES & HOMEMADE CHICKEN NUGGETS 东炎米粉和自制鸡块	CHICKEN TERIYAKI SLICES & NOODLES 照烧鸡肉片和面条 	SALMON MAYO ONIGIRI (2 pcs) 三文鱼蛋黄酱饭团 (2 件) 

To Order:

1. ☐ or ☒ your meal choice.
2. Send your orders via **WhatsApp 016 557 3039** or Email to yolanda7228@gmail.com
3. Please let us know of your child's food allergies (if

Cancellation/Meal Changes or Transfer Orders:

1. Please inform us 1 day ahead or latest by 8am on the day itself.
2. Please call 016 557 3039 directly to avoid oversight.
3. Any cancellations after 8am on the day itself, meals will

For Payment:

1. Preferably Online Transfer to Yolanda George, Account #: **706 5899 152 (CIMB)**
2. Please reflect your Child's Name & Class in the payment reference.
3. Orders will only be confirmed after receiving the payment slip via **WhatsApp 016 557 3039**.

RM14 x ____ (# Of Days) x ____ (# of Sets) = RM ____

Name of Student: _____ Class: _____

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Parents' Mobile: _____